



Cassandra Davis Girls' Hockey All-Time Scorer - Page 17

North Quincy Hockey Bows In Quarterfinals - Page 18

Fond Farwell: Fr. Eric Hillegas - Page 31



CAR-RT LOT-C-004
 THOMAS CRANE LIBRARY
 40 WASHINGTON ST
 QUINCY, MA 02169-5304
 2

The Quincy Sun



Historic Quincy's Hometown Weekly Newspaper Since 1968

VOL. 51 No. 25

Thursday, March 7, 2019

\$1.00



LARGE PLOW clears snow at the Hancock-Adams Common last Saturday under the apparent watchful eye of the John Adams statue. Also visible through the snow flakes are the Granite Trust Building (left background) and the Mayor James R. McIntyre Government Center (old City Hall, right background). About three inches of snow fell Saturday followed by another 16 inches Sunday night and Monday. Spring officially arrives in 13 days: Wednesday, March 20. *Quincy Sun Photo/Robert Bosworth*

'Work To Be Done Still' On Opioids, Keenan Says

By SCOTT JACKSON

Sen. John Keenan introduced three bills meant to address the state's opioid crisis at the beginning of the new legislative session, including one that would require insurance to provide 30 days of substance-abuse treatment.

The number of opioid-

related overdose deaths in Massachusetts has decreased the last two years after peaking at 2,099 in 2016, according to the Department of Public Health. There were an estimated 2,056 such deaths in 2017 and 1,974 in 2018, DPH said in February.

Despite the decrease in

deaths, Keenan said there is much work that remains to be done.

"The numbers I don't want to say are encouraging because there is still a big difference between the number of people dying now of opioid overdose deaths and those that were dying 15 or even 10 years ago. But the

last two years have seen a change, a drop off in the number of opioid deaths, so that's encouraging. And the number of pills being prescribed has seen a pretty dramatic drop off in the last couple years. And then the rates of addiction per 100,000 is trending down

Cont'd On Page 11

ZBA Rejects Substance-Abuse Treatment Facility On Broad Street

By SCOTT JACKSON

The Zoning Board of Appeals denied a special permit for a substance-abuse treatment facility that was aiming to move into a building on Broad Street.

Habit OPCO had sought permission to move into 39

Broad St. during the board's meeting on Feb. 26. The ZBA denied the application in a unanimous vote that night, with members citing concerns over traffic on Broad Street and the pos-

sibility a new clinic could attract patients currently receiving services elsewhere.

Carolyn Murray, the attorney representing Habit OPCO during the meeting, said it was uncertain if

her client would appeal the board's vote.

"It remains to be seen, but at least we have that option still available," she said following the meeting.

Cont'd On Page 12

FoxRock Land Deal Before City Council

By SCOTT JACKSON

Mayor Thomas Koch on Monday unveiled a proposed agreement with FoxRock Properties that would allow the company to build a new medical office building, a 140-room hotel and 110 units of workforce

housing in the vicinity of Ross Lot.

The mayor also submitted to the City Council a request to borrow \$61 million for public improvements in Quincy Center and revisions to the Urban Revitalization

Cont'd On Page 13

Hearing April 1 On Long Island Burial Grounds

By SCOTT JACKSON

The City Council will hold a hearing next month to take testimony from Native American organizations to learn more about their con-

cerns about potential burial grounds on Long Island.

The hearing will take place at 6 p.m. on April 1.

Ward 6 Councillor Wil-

Cont'd On Page 21

Remove Decorations At Cemeteries By March 15

The Cemetery Board of Managers requests the removal of all Christmas decorations, wreaths and other items which would interfere with the maintenance operation from all lots in the city's cemeteries on or before Friday, March 15.

Quincy Veterans Services Department will begin to clean up the veterans lots at Mount Wollaston and Pine Hill cemeteries beginning March 15.

"During this time we will be removing all Christmas decorations and holiday plants. Plus anything that becomes unsightly and anything that interferes with the cemetery operations such as mowing and cleaning up in anticipation of our memorial day ceremony," said George Bouchard, Graves Registration Officer for Quincy Vet-

erans Services.

"Temporary pots of natural flowers may be placed throughout the year but will be removed when their presence interferes with grounds maintenance. There's no in-ground planting allowed at the foot markers in the veterans' lot. Permanent planting such as plastic plants or flowers, statues, vigil lights, wind chimes, planting urns and breakable objects are not permitted at any time," Bouchard said.

"This is the final resting place for our local veterans and we ask all of you to please cooperate with us in keeping it clean and beautiful when you pay your respect to your loved one. Thank you for your cooperation in this manner," Bouchard added.



Massachusetts Medal Of Liberty - Page 4
 Health Spotlight: Cystic Fibrosis - Page 9
 City Official: Quincy Traffic Improving - Page 12

More Quincy news:
The Quincy Sun.com

New Recreation Director Eyes Expanded Offerings

Michelle Hanly: 'Wholesale Changes Not Necessary, Just Add To It, Make It Better'

By SCOTT JACKSON

Quincy's new recreation director is looking to expand upon the myriad offerings the city already provides its residents.

Michelle Hanly was appointed the city's recreation director by Mayor Thomas Koch on Feb. 6. She replaces longtime recreation director Barry Welch, who held the post for 37 years prior to his retirement on Feb. 1. Following the merger of the Park and Recreation Departments into the new Department of Natural Resources – a change sought by Koch and approved by the City Council on Feb. 4 – Hanly will report to new Natural Resources Commissioner David Murphy as recreation director.

Hanly said she wants to continue the numerous programs the department has offered over the years – including skating, skiing and

swimming lessons, winter gym programs, summer playground programs – and expand upon them.

"To continue all of the wonderful traditional programs we've been running since the beginning," Hanly responded when asked recently about her goals as recreation director. "We're very lucky to have the support of the mayor and the City Council in order to run free programming. There aren't many cities and towns left running free programming. We're the envy of all the recreation departments in the state."

"I'm actually the secretary of the Massachusetts Recreation and Park Association...we meet monthly as a South Shore group, but then we also meet quarterly with the state group, and they can't believe what we can do for free. They just don't have the support from

their governments the way we do."

"To continue all the wonderful free programming, and to expand. Expand some of the swim lessons to the weekends during the winter next winter. To expand some of the camp offerings this summer. To continue to work with the mayor's Office of Substance Abuse Prevention to expand some programming. Right now, we program for grades 6, 7 and 8 – I would like to move that a little bit younger and older."

She also noted the recreation department provides activities for elementary-, middle- and high-school aged children – and for adults ages 55 and up through the Senior Olympics – but not for college-age adults.

"I would also love to program for the 20-year-olds," Hanly said. "We of-

Cont'd On Page 15



MICHELLE HANLY, Quincy's new recreation director, says she is looking to expand upon the myriad of recreational offerings the city already provides its residents.

Quincy Sun Photo/Robert Bosworth

City Receives \$306,969 Grant For Transportation Improvements

Lt. Governor Karyn Polito joined Highway Administrator Jonathan Gulliver,

elected officials, and local leaders in Quincy last week to announce awards total-

ing nearly \$3 million to 11 communities through the Complete Streets Funding

Program.

These awards will be used to fund local, multimodal infrastructure projects that improve accessibility for bicyclists, pedestrians, public transit users, and people using other forms of transportation.

Quincy will receive \$306,969 for multimodal transportation improvements.

Pedestrian improvements include the addition of ADA compliant signals and curb ramps at the McGrath Highway and Southern Artery intersection and the reconfiguration of the crossing of the channelized right-turn lane on to McGrath High-

way and Southern Artery. In addition, the sidewalk on the north side of Coddington Street, west of the intersection with Southern Artery, will be reconstructed with ADA compliant curb ramps.

Bicycle improvements include the addition of separated bicycle lanes or bike lanes in both directions along the entire length of Quarry Street, on Granite Street from Walter Hannon Parkway to School Street, and along Coddington Street between Faxon Avenue and Sea Street. This project helps develop a network of on-street bicycle accommodations within the City of Quincy particularly

in the southwestern area of the city with connections towards the city center.

A "Complete Street" is one that provides safe and accessible options for all travel modes and for all people, taking into account the ages and abilities of individuals. The Baker-Polito Administration has now awarded a total of approximately \$33 million in construction funding since creating a funding program for Complete Streets in February 2016.

The Complete Streets Funding Program was launched by the Baker-Polito Administration on Feb. 1, 2016. To date, 187 municipalities have approved policies and 136 have approved Prioritization Plans. Examples of projects that can be addressed through the program include filling bicycle and pedestrian network gaps, improving transit access, installing street lighting, improving safety of crosswalks and intersections, and building new shared use paths.

The Baker-Polito Administration is continuing to invest in transportation infrastructure throughout the Commonwealth. Over the 5-year period which began July 1, 2018, MassDOT expects to spend over \$7.6 billion on roadway and bridge construction projects. This includes support for the Municipal Small Bridge and Complete Streets Funding Programs, two local funding programs created by the Baker-Polito Administration.

City of Quincy



2019 DOG LICENSE REMINDER

Starting March 4, 2019 the Quincy City Clerk's Office will be accepting 2019 dog license renewal forms.

The fee for all Dog Licenses is \$10.00. Any Dog License renewed after May 6th, 2019 will be charged a \$10.00 late fee. Please bring proof of current Rabies shot or call the City Clerk's office to verify expiration date of the rabies shot.

LICENSE MAY BE RENEWED BY MAIL.

Please make check payable to: **CITY OF QUINCY** and mail to:
Quincy City Clerks
1305 Hancock St.
Quincy, MA 01916

If you no longer have your dog, or have moved out of Quincy:
Call the City Clerk's Office at 617-376-1135 or 617-376-1136
so the office may update its records.

RABIES CLINIC 10 AM - 1 PM
Saturday, April 6, 2019: *** \$10.00 ***
Quincy Animal Shelter
56 Broad Street, Quincy
Bring in proof of last rabies shot!

NICOLE CRISPO
CITY CLERK

Our Flavor of the Month in **MARCH** is

In March, we celebrate our **23rd ANNIVERSARY!**

Seasonal Flavors

Cinnabon and Jungle Nut

coffee Break CAFE

12 Old Colony Avenue
Quincy: 617-773-9420

77 Parkingway
Quincy: 617-786-8888

24 Central Avenue
Milton: 617-696-2326

680 Truman Parkway
Hyde Park: 617-910-9175

Buy Online
coffeebreakcafe.net

M
A
R

7

2
0
1
9

9-Unit Building On Newport Ave. Approved

By SCOTT JACKSON

The Zoning Board of Appeals gave its approval to a proposed nine-unit building on Newport Avenue in Wollaston following a recent public hearing.

The board heard plans for the building at 365 New-

port Ave. during its meeting on Feb. 26. The Planning Board had previously approved the project.

The lot at 365 Newport Ave. includes 14,851 square feet of land in a Residential B zoning district. A two-family home is located on

site now, according to the city assessor's online database.

Robert Harnais, George Lang's attorney, said the developer had reduced the size of the building based on feedback from residents.

Cont'd On Page 11

McCarthy Seeks ADA Compliance Review

By SCOTT JACKSON

Ward 1 Councillor David McCarthy wants city officials to ensure Quincy's municipal buildings, services and all electronic and information technology are accessible to residents with disabilities.

McCarthy on Feb. 25 introduced a resolution seeking a review of Quincy's compliance with the Americans with Disabilities Act. The law set minimum requirements for newly designed and renovated state and local government

buildings, public accommodations and commercial buildings to ensure they are accessible to individuals with disabilities.

The resolution asks Mayor Thomas Koch to conduct a thorough review to ensure the city is compliant with the ADA regulations.

McCarthy said Quincy's public buildings — new ones and old ones — are ADA compliant. The resolution, he explained, is more geared toward technology-related items.

"I know that the city has done a great job with ADA

compliance in regard to the new buildings, a lot of the old structures and as we move forward it's always on the radar," McCarthy said. "This is more geared toward the technology-end of things — electronics, hearing-impaired access to council meetings, at auditoriums, etc."

The resolution was referred by voice vote to the council's municipal technology committee for discussion at a future date.



THE FOURS Restaurant came out on top for best chili at the recent Friends of the Blue Hills Winter Fest. David Dobrindt (left), president of the Friends of the Blue Hills Board of Trustees, presents the Best Traditional Chili Award to Tim Colton from The Fours at the recent event.

Photo Courtesy Anne Comber

The Fours Wins 'Best Traditional Chili' At Friends Of Blue Hills Winter Fest

With temperatures dipping below zero with wind chill, it was the perfect night to warm up with a bowl of hot chili at the Blue Hills Winter Fest on Feb. 26.

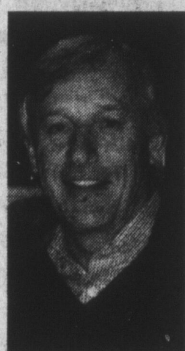
The Fours, a perennial favorite, took home the award for Best Traditional Chili in the Battle of the Blue Hills Chili Cook-Off. In addition to the chili, attendees

enjoyed discounted skiing, live Irish music by Songs for Ceilidh, winter crafts, and stargazing. Friends of the Blue Hills and Blue Hills Ski sponsor this popular annual event.

WOLLASTON DENTAL GROUP

The fine art of a beautiful smile

A Family Practice offering comprehensive dental care including preventive, emergency, cosmetic and dental implant services.



Welcoming new patients

We provide complimentary dental implant & second opinion consultations

James McDonough, DDS
628 Hancock Street
Quincy, MA 02170
Phone: 617.479.8375

frontdesk@wollastondentalgroup.com
www.wollastondentalgroup.com

Located just two short blocks from the Wollaston T Station

Ask the GEMOLOGIST

BY JEFFREY M. BERTMAN
GRADUATE GEMOLOGIST



TAKING CARE OF YOUR FINE JEWELRY

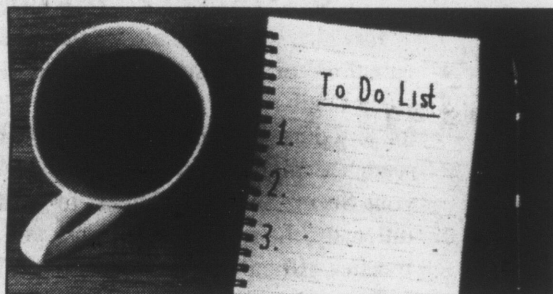
Fine jewelry is an emotional and monetary investment. With simple care your pieces can remain as beautiful as the day they were purchased. Before wearing, run your fingers lightly over each piece. Do this over a soft white cloth so if a gem is loose and pops off, you can easily see it and catch it before it bounces to the floor. You'll be able to feel if prongs need tightening, something is missing, or a piece needs restringing. Consider where you've been wearing the piece. Has it been subjected to potential scratching or snagging? Have your jeweler deep clean, monitor, and tighten your settings once a year. Lastly, store each piece separately in a soft sturdy box.

Don't let your diamond or other fine gemstone jewelry hide its beauty under layers of the past. Instead, bring it to Rogers Jewelry for professional attention. Whether the sparkle is diminished or the setting is in disrepair, our services can rejuvenate your fine jewelry pieces so they once again captivate the way they used to. In addition to fine jewelry sales, at 1402 Hancock St. in Quincy Center, you can also rely on us for in-house stone-setting and repairs, custom design work, engraving, and appraisals. The next time you bring your jewelry to us for expert cleaning, be sure to take an extra moment or two to see what's new in our displays. PH: 617-773-3636.

Don't Forget: We pay cash for Gold - Platinum - Diamonds... highest prices paid.

Rogers
Diamonds - Watches - Jewelry

www.rogersjewelry.com



Should you go back to a 30-year mortgage?

People are thinking about mortgages differently. Right now we're seeing borrowers who went with shorter terms going back to a 30-year loan. Some are tapping their equity for home improvements, college tuition or to consolidate other debt at a locked-in guaranteed low rate. Others just want a more comfortable monthly payment, less stress and more cash flow. It works because mortgage rates are still so low. And if you want, you can always pay the new 30-year loan off more aggressively, but you don't have to. Would a new 30-year mortgage make sense for you? Come see us or call VP/Retail Lending Angela Blanchard at 617-471-0750 or apply online at colonialfed.com. Colonial Federal, a bank with ideas.

30-YEAR FIXED

4.50% RATE

4.62% APR

NO POINTS!



COLONIAL FEDERAL SAVINGS BANK

"Your neighborhood bank!"

QUINCY: 15 Beach Street 617-471-0750 • 1000 Southern Artery (Residents only) 617-479-1430

HOLBROOK: 819 South Franklin Street 781-767-1776

EAST WEYMOUTH: Middle & Washington Streets 781-331-1776

ONLINE: www.colonialfed.com

Other important information: Rate/Annual Percentage Rate (APR) effective as of 02/27/19 and may change. Applies to 1-4 family owner-occupied homes. Assumes a maximum 80% loan-to-value and first mortgage position. Subject to credit approval. A 30-Year Loan would be repaid in 360 equal monthly principal plus interest payments of \$5.07 per \$1000 borrowed, which do not include taxes or insurance premiums, if applicable. So your actual monthly payment will be greater. NMLS # 409557



Member FDIC

The Quincy Sun

Historic Quincy's Hometown Weekly Newspaper Since 1968

(USPS 453-060)
Published Weekly on Thursday by
The Quincy Sun Publishing Co., Inc.
1372 Hancock St., Quincy, MA 02169

Robert H. Bosworth
Publisher and Editor

Henry W. Bosworth, Jr.
Founder
1968 - 2009

\$1.00 per copy newsstand • \$32 per year by mail in Quincy
\$37 per year by mail outside Quincy • \$45 out-of-state

Telephone: 617-471-3100 Fax: 617-472-3963

online at: www.thequincysun.com

email address: thequincysun@verizon.net

rbosworth@thequincysun.com

Periodicals postage paid at Boston, MA
Postmaster Send address change to:
The Quincy Sun, 1372 Hancock St., Quincy, MA 02169

The Quincy Sun assumes no financial responsibility for typographical errors in advertisements but will reprint that part of an advertisement in which the typographical error occurs.



Moments in time

THE HISTORY CHANNEL

• On March 20, 1345, according to scholars at the University of Paris, the Black Death plague is created from what they call "a triple conjunction of Saturn, Jupiter and Mars in the 40th degree of Aquarius." The Black Death left an estimated 25 million dead. It's now known that bubonic plague is carried by fleas.

• On March 19, 1842, French writer Honore de Balzac's play "Les Ressources de Quinola" opens to an empty house. Hoping to create a buzz for the play, Balzac had circulated a rumor that tickets were sold out. Unfortunately, most of his fans stayed home.

• On March 18, 1937, nearly 300 students in Texas are killed by an explosion of natural gas at their school. Officials at the New London school had been persuaded to save money by tapping into less stable wet-gas lines that ran nearby. The blast was felt 40 miles away.

• On March 21, 1952, the first rock and roll concert in history is held in Cleveland, hosted by legendary disk jockey Alan Freed. Police were overwhelmed when an estimated 20,000-25,000 fans swarmed the Moondog Coronation Ball, held in an arena with a capacity of only 10,000.

• On March 24, 1965, the first "teach-in" is conducted at the University of Michigan as 200 faculty members hold special anti-war seminars. This form of protest spread to many colleges and universities.

• On March 22, 1983, the Pentagon awards a contract worth more than \$1 billion to AM General Corp. to produce 55,000 High Mobility Multipurpose Wheeled Vehicles. Nicknamed the Humvee, the rugged vehicles were used by the U.S. military. In 1992, a civilian version, the Hummer, went on sale.

• On March 23, 1994, Wayne Gretzky scores his 802nd goal, breaking his childhood idol Gordie Howe's NHL record for most goals in a career.

(c) 2019 Hearst Communications, Inc.
All Rights Reserved

Watercolors Demonstration At Art Association Sunday

Tony Andrade will lead a watercolor demonstration entitled "Water, Water Everywhere" Sunday, March 10 from 2 to 4 p.m. at the Quincy Art Association, 24 High School Ave., Quincy. Admission is free and open to the public.

Andrade has been painting in watercolors for many years and has taught at Quincy Art in the past and will be back teaching in the

near future. He often journeys into the abstract with watercolors and oils.

Andrade has won numerous awards over the years with his art and photography. He is a member of the Copley Society of Art in Boston.

Visit his updated website to see some what he has been up to over the years. The address is www.designfineart.com

AARP Fraud Update - March 2019

By CINDY CAMPBELL
Communications Director
AARP Massachusetts

Did you know that someone's identity gets stolen every two seconds?

The AARP Fraud Watch Network provides you with tips and resources to help you spot and avoid identity theft and fraud so you can protect yourself and your family. Our watchdog alerts will keep you up to date on con artists' latest tricks. It's free of charge for everyone: AARP members, non-members, and people of all ages.

The AARP Fraud Watch Network is:

- **An Educator:** Get real-time alerts about the latest scams, tips on how to spot them, and the inside scoop on how con artists think so you can outsmart them before they strike.
- **A Watchdog:** Our nationwide scam tracking map gives you access to a network of people who've spotted scams and the opportunity to pass along your own experiences, so together we can beat con artists at their own game.
- **A Resource:** Get connected to a real live person trained in how to avoid fraud and advise you if you or a loved one has been scammed by calling our fraud hotline or attending a forum in your community.
- **Free for Everyone:** Anyone, of any age, can access our resources at no cost.

SCAM ALERT #1: FAKE CHARITY SCAMS

Getting a request to donate to a charity? Before you give, make sure your hard-earned money is going to the intended cause. Unfortunately, con artists will try to take advantage of your good nature and pressure you to make contributions to their scam charities.

Before you donate, first follow these tips: Watch out for charities with names that sound similar to well-known organizations. Never give payment information to an unsolicited caller or email. Do not pay in cash—donate by credit card or check made payable to the charity. Do your research by contacting your state's charity regulator or consulting a charity rating organization such as charitynavigator.org. Don't feel bad about saying "no" to charitable requests you are not comfortable with.

SCAM ALERT #2: JURY DUTY SCAMS

Jury duty scams are one of the most common and tricky variations of impostor scams out there. Typically, these scams begin with a phone call claiming you failed to report for jury duty and that a warrant is out for your arrest. The scammer might ask you for personal information, such as your Social Security number, to verify your identity. Additionally, the scammer might ask you to pay a fine via wire transfer, gift card or credit card to avoid arrest.

Remember that real U.S. court officials and law enforcement

ment offices will not call you and ask for personal information, request money to pay a fine, nor will they threaten you with immediate arrest. Courts typically communicate by mail. If you have any doubt about the correspondence you received from your county courthouse, independently research the phone number and call to verify it came from them.

SCAM ALERT #3: SOCIAL MEDIA SCAMS

Social media sites like Facebook, Twitter and Instagram provide a convenient way to connect with friends and family, but scammers also use these platforms to find victims. Scammers often create fake profiles and pretend to either be someone you know, someone you want to know or an entity you trust.

The following are some red flags that you might be targeted by a scammer on a social media platform:

- You receive a friend/follow request from someone you are already connected with.
- You are informed about an opportunity to receive a grant, sweepstakes or prize.
- You are asked to send money to receive money.
- You are notified that someone is in an emergency situation and they need your help right away.

Only engage with people on social media platforms who you know. Make sure you use privacy settings to ensure only people who you know and trust can view your profile.

SCAM ALERT #4: DIALING SCAMS

When making a phone call to an organization you know and trust, have you ever been greeted by an automatic recording that congratulates you for being selected to win a free prize or take a survey? We know to be suspicious of unwanted calls from scammers who claim we've won something, but what about when we make the call ourselves?

Unfortunately, scammers purchase series' of phone numbers that closely resemble the phone numbers of legitimate businesses. Scammers use these numbers to make people think they've reached the organization they were intending to, when in fact they've reached a scammer. Case in point -- scammers currently own two numbers close to AARP's toll-free number. To reach AARP, dial 1-888-687-2277.

Never provide your financial information to someone who claims you've qualified for a "free" product, service or prize. If you encounter this situation, hang up the phone, check the number you intended to dial, and try dialing again. Always double-check the area code and full phone number before you dial, as one slip of the finger can result in a costly experience.

Be a fraud fighter! If you can spot a scam, you can stop a scam. Report scams to local law enforcement. Contact the AARP Fraud Watch Network at www.aarp.org/fraudwatch network for more information on fraud prevention.

Massachusetts Medal Of Liberty

By GEORGE NICHOLSON
Director, Quincy Veterans Services

Massachusetts has a special veteran recognition program for which few who could be entitled are aware.

Massachusetts General Laws, Chapter 33, Section 67A, states "There shall be a medal of liberty which shall be awarded to the next of kin of service men and women, from the commonwealth, killed in action or who died in service while in a designated combat area, in the line of duty or who died as a result of wounds received in action."

The Massachusetts Medal of Liberty is modeled very much like the Purple Heart Medal but with a gold star in its center and the coat of arms of the Commonwealth at the top center. On the back are the words "In Honored Memory" above; the veterans name and the words "Service and Sacrifice" below.

Application is made by specific form from potential Gold Star family eligibles and is reviewed for approval by a commission made up of the State Adjutant General and two field grade officers of the National Guard Armed Forces of the Commonwealth, who make the recommendations to the commander-in-chief (governor) for approval of the awarding of the Medal of Liberty.

Eligibility for this medal is very limited and restricted. As a result, not every death deemed related to military service will qualify. The criteria specifies that the veteran's death must have been

- The direct result of combat action against an opposing armed or otherwise hostile force of any foreign country in which the Armed Forces of the United States are or have been engaged;
- While serving with friendly forces engaged in an armed conflict against an opposing force in which the U.S. is not a belligerent party;
- As a result of an act of any such enemy opposing or hostile force;
- While in a designated combat area, who died as a result

of wounds received in action, in the line of duty;

- As the result of an international terrorist attack against the US or a foreign nation friendly to the U.S.;
- As a result of military operations outside U.S. territory as part of a peace keeping or humanitarian force;
- While held as a prisoner of war or while being taken captive.

The eligibility criteria for this medal were recently revisited and reviewed by the State Adjutant General and a number of National Guard command officers. In that recent, open review process, challenges were made and arguments presented and carefully considered asking that suicides, deaths caused by radiation and chemical exposures and others etc., should also qualify as wounds of war.

The final recommendation rendered after this review was that the language for Medal of Liberty eligibility will not change. Military deaths due to direct combat/hostile act injury (KIA -MIA) must be established and confirmed in order for the Medal of Liberty to be issued.

Application for the awarding of the Medal of Liberty to surviving Gold Star families and next of kin must be made via TAGMA FORM 3367. This application is available at the Quincy Veterans Service Office, 24 High School Ave., Quincy, MA 02169. My staff and I will be happy to provide whatever assistance we can with this application and we invite those, who are eligible, to apply.

Generally speaking, those eligible to receive this medal would be surviving spouses, siblings and children. By way of our office records, we know that Quincy's losses were: 107 in World War I; 245 in World War II; 38 in Korea; 48 in Vietnam and 3 thus far during the Persian Gulf War. These are Quincy figures, but the Medal of Liberty criterion only specifies Massachusetts residency when the veteran entered military service. If you have any questions about this medal, please call our office at 617-376-1192.

George Nicholson, Director
Quincy Veterans Services

M
A
R

7

2

0

1

9

Scenes From Yesterday



THIS IS A late 1940s postcard reproduction showing the old Capitol Theater building that was located 1573 Hancock St. in Quincy Square. One of Quincy's first theaters, it was opened around 1915 to show silent moving pictures and run vaudeville shows. It was known as the Quincy Theater until the end of World War II when it was renamed the Capitol. With its balcony it had

1,382 seats. The theater closed in the early 1950s just before the Korean War and remained boarded up for many years until it was used as part of the old Sears & Roebuck store. The building, which later became part of the Quincy Fair Mall, was demolished as part of the new Quincy Center redevelopment.

From the Postcard Collection of Tom Galvin

READERS FORUM

Gutro: School Site Analysis Proposal Wasn't Premature

In Mayor Koch's State of the City address, he indicated that in addition to opening a new South West Quincy Middle School this year, the city will also work on the next two projects: a new Squantum Elementary School and a new elementary school in West Quincy. For me, that was both a pleasant surprise and welcome news.

Why?

Last fall, I introduced a measure before the school committee asking the superintendent to assess the former St. Mary's School property - bordered by Crescent Street, Reardon Street, the

St. Mary's cemetery and a relatively new residential development - to determine if a K-5 elementary school would actually fit on that small parcel based on Massachusetts School Building Authority (MSBA) Design Guidelines and dimensional requirements. At the time, the mayor called my request premature and the school committee voted it down.

Apparently, the City Council didn't think it was premature. A few weeks later, they asked the administration, superintendent and school committee for an infrastructure needs assessment, MSBA analysis, and

a timetable for building an elementary school at the former St. Mary's School site. An almost identical request to the one I introduced last fall. The entire Council supported this request.

As a bit of background, this site was first included in the Mayor's 2016 capital plan for acquisition for a new elementary school and in 2017 he sought and received City Council approval for \$2.7 million to acquire the St. Mary's property.

The truth is this type of assessment should have been done back in 2016 before the City of Quincy spent a dime of tax dollars to purchase the site.

What developer purchases a property without properly assessing if their desired project can be built there? None that I know of.

We need an elementary school in West Quincy. Hopefully an assessment confirms the St. Mary's site can sustain a K-5 elementary school. As for this type analysis being premature, I'd say Quincy taxpayers have already picked up the \$2.7 million tab for the St. Mary's school property - let's hope it's viable otherwise this analysis may have come too late.

Doug Gutro
Member, Quincy
School Committee

Take Care Of The Living

To the Mayor of Quincy, currently getting kudos for his "protection of the unborn" (denying women's rights and freedom):

When do the living matter?

When will you start caring about the poor, the elderly and the disabled?

Where were you when Quincy residents were being denied their rights and having their community upended once again by big shot developers?

Where were you when it took 6 disabled South Shore residents an HOUR and a HALF to travel last fall from North Quincy to Quincy Center by Yankee shuttle buses?

Where were you when disabled residents were pictured and interviewed re-

peatedly in the media about how they can't get around Quincy safely because you spent millions for a new park...yet you ignored a long settled lawsuit about making Quincy accessible for ALL residents?

Where were you when senior citizens were being attacked in their own apartment buildings, due to the increasing opioid epidemic?

Where were you when the Deaf community was denied access to participate in community meetings, denied the right to access city meetings?

Where are you when disabled parents can't take their children to playgrounds here...because they're not accessible?

Where were you when disabled/senior citizens

couldn't use the public sidewalks for weeks because the city plows dumped snow all over the curb cuts and denied them access in their own neighborhoods?

Where were you when disabled residents had to sit out in the cold, the rain and the snow for an MBTA shuttle, because in your despotic rush to grab a few bucks, you let a developer destroy the elevators at the Quincy Center train station?

Where were you when disabled residents couldn't access the local police station because there's no curb cuts?

Where are the low income apartments we need?

Where is the money for those apartments?

Where are new shelters for homeless families, vet-

erans, the disabled and senior citizens because your greed has helped jack rents that the average person can't afford?

Do you know what it's like to be afraid of being homeless?

Do you even care?

Have you ever had to hold your crying child and reassure her that she wouldn't have to give away her toys because she might not have a home anymore?

You've used privilege and family connections to trample on the people of Quincy.

Start caring about the living and act as if they matter.

It takes a village to care about EVERY child. And to care for everyone in it.

Kerrie May
Advocate
Quincy Center

Quincy's Yesterdays

This Week
1950
69 Years Ago

Taxpayers Association: Pay Increases Be Tied To Cost of Living

The Quincy Taxpayers Association will demand that any increase given city employees be tied to the cost of living index.

The association's views will be placed on record at the City Council's Finance Committee meeting.

George Yarrington, executive director, was instructed by the association Board of Directors to appear before the committee and make this demand.

The cost of living has gone up 4.5 percent since the city employees received their last general increase on July 1, 1955.

PAY RAISES SURE, SAYS AUSTIN

"There is no doubt that city employees will get a pay raise, but there has been no decision reached as to what the increase will be and when it will become effective," said Edna B. Austin, Finance Committee chairman. The Quincy City Employees Association is asking for a flat \$350 annual increase.

QUINCY-ISMS

William R. "Bill" Joyce, retired superintendent of the Quincy Post Office, was honored at a testimonial dinner. Joyce's postal career spanned 53 years... Firestone Tire Co., corner of Hancock and School Streets, was offering brake adjustments, wheel alignment and wheel balance, a \$19 value for only \$9.95... Hostesses at the Loyalty Supper at the Wollaston Congregational Church included Mrs. Eddie Matheson, chairperson, Mrs. Walter Lee, Mrs. John Carew, Mrs. William Longridge and Mrs. John L. Anderson... Eddie Fisher and Debbie Reynolds were starring in "A Bundle of Joy" at the Wollaston Theatre, Beale St... Patricia Graffam, costumed as a 1920s flapper, and John Banks, costumed as an old prospector, won top prizes in a costume parade sponsored by the Houghs Neck Community Council... William C. Edwards, Quincy city historian, received a certificate from Governor Theodore McKeldin of Maryland, making him an honorary citizen of that state... Cub Scout Pack 22 of the Atlantic Memorial Congregational Church received its pack charter at the recent Blue and Gold Banquet held at the church... The Rev. Victor Sawyer was confirmed by the City Council for reappointment to a five-year term on the Quincy Housing Authority. Rev. Sawyer has been a member of the Authority since it was established almost 10 years ago... The Capitol Super Market, 1506 Hancock St., was advertising "Center Cut Pork Chops for \$4.99 a lb"... Mrs. Americo Cherubini was installed as the 33rd president of the Quincy Elks Emblem Club... Paul Mullen was elected and installed as senior counselor of the Wollaston Council of the United Commercial Travelers at the annual meeting at the Wollaston Legion Post Home... Luigi Bolea, a deputy sheriff of Norfolk County, was honored by more than 75 friends and guests at a testimonial dinner held at the P. Morrisette Legion Post in West Quincy... Mirkin Furniture Co., the oldest furniture company in Quincy, celebrated its 50th anniversary in business... Edward T. Lewis, Jr., son of Mr. and Mrs. Edward T. Lewis, Sr., was recently promoted to Cadet Major in the ROTC at Boston University. He is a dean's list student and a senior at B.U... Raymond's, 67 Parkway, Quincy Center, was advertising "4-Cycle Clinton Engine Rotary Lawn Mowers for \$66"... Arthur Gillis, general chairman of the 1957 Quincy Red Cross fund drive, has appointed Louis S. Cassani, vice president and sales manager of President Chevrolet, as chairman of the Mercantile Division of the drive... Chief Pumpman William Galligan of 97 Bay View Ave., Houghs Neck, wired home that; "I am okay." His ship, the U.S.N.S. Mission San Francisco, collided with a freighter and exploded and sank near New Castle, Delaware... Mrs. Nathan Pavan, chairperson of the Quincy Cancer Society, is planning to show an American Cancer Society film. The hour-long film for women will be shown at the Art Theatre, Quincy Center, March 13.

Proposals Sought For Beach Programs

If you or your group has a great idea for a free event or program on your favorite beach this year, Save the Harbor/Save the Bay has some very good news.

Save the Harbor/Save the Bay and the Department of Conservation & Recreation (DCR) have released a Request for Proposals for Better Beaches Program Grants to fund free events and programs on the region's public beaches from Nahant to Nantasket in 2019.

In 2018, Save the Harbor and DCR awarded more than \$200,000 in Better Beaches Program grants to 36 organizations in nine waterfront communities. Last year's grants supported 163 free events that included concerts, movie nights, kayak lessons, sand-sculpting competitions, and circus performances, bringing more than 1 million people to the region's public beaches from Nahant to Nantasket.

"The Better Beaches Program funds and supports free events and programs that are as different as the beachfront communities and waterfront neighborhoods that host them," said Save the Harbor/Save the Bay's President Tani Marinovich. "But one thing they all have in common is that they bring kids and families together to enjoy our region's great public beaches."

"The Baker-Polito Administration is proud to work collaboratively with organizations like Save the Harbor/Save the Bay in an effort to ensure the Commonwealth's state beaches and other parks and reservations remain popular destinations for residents and tourists alike," said DCR Commissioner Leo Roy. "The Better Beaches Program serves as a great example of a strong partnership that will directly impact visitors of some of the state's most popular beaches."

This year, funds to support the program will include the proceeds of the Harpoon Shamrock Splash which will be held on Sunday, March 10th at the

BCYF Curley Community Center at M Street Beach in South Boston. You can register or make a donation online at www.sharhrock-splash.org

"These free programs are extremely important to our region's residents and visitors alike," said Representative RoseLee Vincent, Co-Chair Metropolitan Beaches Commission, Revere and Saugus. "Thanks to Save the Harbor/Save the Bay and DCR for working together to strengthen our beachfront communities and waterfront neighborhoods."

"When everyone pulls together, life can really be a beach," said Bruce Berman, Director of Strategy and Communications for Save the Harbor/Save the Bay. "All of us at Save the Harbor would like to thank our program partners and event sponsors, Harpoon Brewery, JetBlue, Mix 104.1, The Daily Catch, Baja Taco Truck, and the Blue Sky Collaborative, The Boston Foundation, the Richard Saltonstall Charitable Foundation, Beacon Capital Partners, P&G Gillette, National Grid, and Comcast for their support."

"We would also like to thank Metropolitan Beaches Commission Co-Chairs Representative RoseLee Vincent and Senator Brendan Crighton, the legislative and community members of the Commission, the Baker-Polito Administration, our partners at the Department of Conservation and Recreation, the Boston Centers for Youth & Families, and The YMCA of Greater Boston, and the hundreds of people who take part in the Harpoon Shamrock Splash for making this great program possible."

To find out more about the Better Beaches Program, download Save the Harbor's 2018 Better Beaches Program Report at http://www.savetheharbor.org/Content/2018_Beaches_Report.pdf

For more information on how to apply for a 2019 Better Beaches Program grant, visit Save the Harbor's blog,



THE BETTER BEACHES Program supported 163 free events in 2018, including Boston Circus Guild performances, that attracted more than 1 million people to the region's public beaches.
Photo Courtesy Save the Harbor/Save the Bay

Sea, Sand & Sky at [http:// send an email to patton@blog.savetheharbor.org/](http://send an email to patton@blog.savetheharbor.org/) or savetheharbor.org.

Applications are due by Monday, April 22.

Grants will be awarded on Saturday, June 8th at Boston's Fish Pier.

Events, Activities At Kennedy Center

By MARIE FERENT
Quincy Council on Aging

The following Quincy Council on Aging events and activities are scheduled at The Kennedy Center, 440 East Squantum St., Quincy.

Scam Alert Sign Up

In an effort to protect our members from becoming victims of scams and fraud, we are creating a scam alert system using MySeniorCenter to send out calls instantly. Any scams we are made aware of through the Norfolk District Attorney's Office, our local police department, the news and our members can be sent to you immediately.

We would also ask that you share the scam information with your friends when you receive it. Knowledge is power! If you would like to receive scam alert calls from the Kennedy Center, call 617-376-1506 to get on the call list.

Reverse Mortgage Workshop Tuesday, March 5th at 10:30 A.M.

Please join us on Tuesday, March 5th at 10:30 a.m. for an educational workshop conducted by David Tourtillott, CRMP® of Homestead Mortgage. David will be discussing the pros and cons of the Federally Insured Reverse Mortgage Program and how to use a Reverse Mortgage to age in place or to sell your existing home and purchase a new more suitable home.

Dunkin' Donuts Coffee will be provided along with surprise giveaways. Space is limited and registration is required. Call 617-376-1506 to register.

Resources To Remember

Wednesday, March 13th at 11 A.M.

Resources To Remember is a group of professionals who represent a vast array of businesses that specifically help the senior population.

Want to understand Assisted Living vs Skilled Nursing Facility (or what to pack if you're moving there!) or the difference between needing a Trust or a Will or maybe you want to understand what a Reverse Mortgage really entails...or you've been thinking of getting a home health aide to visit a couple times a week...??

The professionals in Resources to Remember can help you make better decisions. Please go to our website to see the folks who'll be representing this event. "Ask the Pros" and get your questions prepared. www.ResourcesToRemember.com.

Resources to Re-member will be providing a light lunch

with a beverage. Space is limited and registration is required. Please call 617-376-1506 to register.

Brookdale Lunch Trivia

Friday, March 15th at 12:30 P.M.

Put your trivia knowledge to the test and join Brookdale Senior living for an afternoon of lunch and trivia! Brookdale will be providing lunch followed by trivia games. Space is limited and registration is required. Please call 617-376-1506 to reserve your spot.

Is it my Memory or is it my Hearing?

Tuesday, March 19th at 10:30 A.M.

Most people view ailments like hearing loss, failing memory and dementia as normal consequences of aging. There is a growing body of research that shows those people are wrong. It is normal for your brain to shrink a little bit as you age, but too much leads to conditions like dementia and Alzheimer's.

Audiologist, Dr. Janice Powis will discuss how our hearing can play a major role in keeping your memory and brain sharp. Please call 617-376-1506 to register.

Protecting Your Assets

Tuesday, March 19th at 10 A.M.

Attorney Rob Romano will conduct an estate planning essentials workshop at the Kennedy Center to discuss the important issues that affect seniors. Call to register 617-376-1506

Breakfast Bingo

Thursday, March 21st at 10:30 A.M.

Join Deb Deery, LPN, Director of Admission at John Adams Healthcare Center for a fun start to the day! Try your luck at Bingo and a chance to win a fabulous prize! Enjoy breakfast, meet new friends and have fun! Space is limited. Registration is required. Don't miss out on all the fun! Call 617-376-1506 to register.

Acrylics

Friday, March 22nd at 10 A.M.

Let's have some fun together! Join us for a step by step guided acrylic painting on wood class! Registration is required. Space is limited. Registration is required. \$15 per person due at registration.

Memoir Writing Class

Monday, March 25th at 10:30 A.M.

Join us for a six-week memoir writing session! Session will include an introduction and course overview. You will learn the forms and techniques used for building a memoir. The course will cover various topics including the challenges the memoir writer faces and ways to create an author mindset. Registration is required. Space is limited to 10 people. \$50 for six week session. Stop by the Kennedy Center to reserve your spot. Call 617-376-1506 with any questions.

Social Security Seminar

Tuesday, March 26th at 10:30 A.M.

Join us at the Kennedy Center for an informational Social Security Workshop to learn how to potentially avoid some of the most common mistakes when filing for your Social Security benefits. Find potential benefits you never knew you were eligible for and potentially increase your lifetime benefits by tens of thousands of dollars.

Learn how survivor benefits work and how to incorporate social security into an overall retirement plan.

Space is limited. Registration is required. Call 617-376-1506 to reserve your spot.



SONS OF THE AMERICAN LEGION
SQUADRON 294
CYRIL P. MORRISETTE POST
ST. PATRICK'S DAY
CORNER BEEF DINNER
SATURDAY MARCH 16TH • 3PM-7PM
TICKETS ARE \$10 Music * Drawings * Irish Step Dancers
The Sons' Annual St. Patrick's Day Dinner is to support our
Flags for Veterans Island, located in Fort Square, and other Veterans' activities.
The Post is located at 81-83 Liberty St., Quincy



M
A
R

7

2

0

1

9

Mary Houghton To Celebrate 100th Birthday March 27

Mary (Dornan) Houghton, of Squantum is turning 100.

She will celebrate her milestone birthday with family and friends at the Neighborhood Club of Quincy Saturday, March 23. She was born in Holbrook on March 27, 1919.

Mary left Brockton High School to join her brothers Leo and Charlie Dornan to form the Dorn Brothers and Mary, a headline vaudeville and radio act. The trio toured the country in the 1930s and 1940s on the RKO-Keith and Leow's circuits in theaters and nightclubs across America and in Mexico, Canada and Europe. They drifted into movie work and made many movie shorts for Warner Brothers and Universal Studios. During World War II, Mary joined her brothers entertaining the troops at Camp Edwards.

Mary was a devoted pa-



MARY (DORNAN) HOUGHTON, of Squantum, will celebrate her 100th birthday March 27 with family and friends at the Neighborhood Club of Quincy.

risioner of the Star of the Sea parish in Squantum.

Mary continued to sing in the choir at the Star of the



FAMILY ACT - Mary (Dornan) Houghton with her brothers Leo and Charlie formed the Dorn Brothers and Mary trio, a headline vaudeville and radio act in the 1930s and 1940s.

Photos Courtesy Gail Clear

Beth Shalom-Blue Hills Collecting Formal Wear March 18-21

As part of its Third Thursday Community Service Mitzvah Program, Congregation Beth Shalom of the Blue Hills will be collecting prom and bridesmaid dresses for women, and tuxedos and formal wear for men, at the synagogue during the week of March 18-21.

The hours of collection are Monday through Thursday, March 18-21, 9 a.m. to 3 p.m.

The formal wear collection is being conducted in partnership with Tammi's

Closet in Amesbury, an organization that provides prom dresses, tuxedos and formal wear for young ladies and gentlemen who may not be able to purchase them. Gently used formal and business wear can be brought to Congregation Beth Shalom of the Blue Hills at 18 Shoolman Way (off Lodge Street) in Milton, and all donations from the community are greatly appreciated.

The synagogue's Mitzvah Program, operating

under the Jewish tenet that "doing good deeds is an obligation," hopes to provide service to the community by both congregants and wider community members, and it seeks to involve others, including schools, houses of worship and organizations.

For more information about the synagogue's "Third Thursday Community Service Mitzvah Program," call 617-698-3394, email office@BethShalom-BlueHills.org, or visit www.BethShalomBlueHills.org.

Sea Church in Squantum for over 50 years. She shared her talents coaching singers for the CYO shows at Star of the Sea. She was a Parish Council member and taught CCD classes to Junior High students.

Mary was often seen

swimming at Orchard Beach and riding her bicycle with her (late) husband of 65 years, Warren E Houghton. She loved to line dance and did so for many years. She credits her longevity to her active lifestyle. Her motto is "there is no business like

show business."

Mary has two sons, the late Dr. Richard Houghton of Maine and Don Houghton of Quincy. She has four grandchildren, eight great grandchildren and many nieces and nephews.

NQHS Soccer Hall Of Fame/Alumni Banquet

The North Quincy Soccer Alumni Committee will be hosting a Hall of Fame banquet honoring 57 players and four coaches Saturday, March 30 from 7 p.m. to midnight.

The banquet will be held at The Quincy Sons of Italy Hall, Quarry Street, West Quincy.

All current and past players, and their guests, are invited to attend. This will be the largest assembly of NQHS soccer players in program history. It will be an opportunity to reconnect with old teammates.

There will be a full buffet dinner, DJ and dancing. Tickets are \$25, most of

which will go to help defray the costs of the current players user fees, uniforms, and college scholarships.

Tickets can be purchased at Donovan Bros Automotive, 610 Hancock St., Quincy, Monday through Friday, between 6 a.m. and 6 p.m. Or call Rich Hanlon at 617-827-8697.

142 Students On UMass Amherst Dean's List

One hundred and forty-two students from Quincy are on the Dean's List for the fall semester at the University of Massachusetts Amherst.

They are:

Grace Anderson, Ingrid Ester Andrade, Daisy Ban, Rachel Anna Bargoot, Ahmed Omar M. Basabrain, Christopher Joseph Basler, Cynthia Elizabeth Bishop, Christopher Bock, Melissa Cai, Wei Cai, Eric Jon Casinelli, Lily Purcell Chapman, Jay Singh Chaudhary, Andy Chen, Annie Chen, Davie Chen, Fiona Chen, Hong Gao Chen, Michelle Chen, Shirley Chen, Steven Souming Chen, Valerie Chen, XiaoYan Chen, Lisa Chi, Isabella Ardys Cobble, Stephen Edward Condon, John Francis Xavier Cullen, Kelan Patrick Curran-cross, Caitlin Marie Darcy, Meghan Nora Delaney, Stanley Deng, Ryan Der, Eileen Mary Devane, Ava Marie Falco, Hannah Janelle Fleming, Megan Emily Fox, Jinhong Gan, Rebecca Hal-

lahan, Deni Hamiti, Xiaomin He.

Also, Colin Joseph Henderson, Si Mei Ho, Ina Hoti, Hailey Houlihan, Qian Wen Hu, Kevin Huang, Mandy Huang, Zixuan Huang, Zizheng Huang, Karen Anne Huynh, Vanessa Mikayla Igoo, Shane Bernard Kelly, Ryan Kou, Catlinh Le, Tien Phu Minh Le, Angela Yayan Lei, Cindy Lei, Ada Lum Li, Jinxiu Li, Ling Li, Shenhong Li, Xin Li, Sophie Liang, Che-Wei Lin, Daniel Jian Lin, Helen Lin, Liping Lin, Yu Lin, Alex Yao-Hui Liu, Amy Liu, Xinying Lu, Judy Le Luu, Owen Donovan Lynch, Yawen Ma, Katherine Manton, Christopher Ian Matthews, Julia Rose Mayo, Shamus Christopher McBride, Katherine Ann McCormack, Eric Mei.

Also, Patrick Mei, Scott Arthur Mele, Jacqueline Mary Montminy, Celia M. Murphy, Emily BaoNhi Nguyen, Jamie Nguyen, Jennifer Nguyen, Timothy M. Nguyen, Kay O'Connor, Ronan John O'Farrell,

James Frederick O'Leary, Eoin James O'Sullivan, Imane Oubtrou, Wenjing Pan, Benjamin David Parrish, Matthew Q. Pham, My Pham, Ryan V. Pham, Thanh Cong Pham, Vanan Hoi Phan, Linda Phung, Margaret Dorothy Condon Powers, Karl Preza, Adam Robert Quinn, Samantha Elizabeth Reardon, Norapat Rerngkasetkig, Maeve Ann Riordan, Jacqueline Marie Ryan, Delaney M Secrest, Annie Shtino, Shyam Vilas Shukla, Shuxian Situ, David Soares, Jasmine Su, Vincent Law Tran, Vanessa W. Tse, Bonnie Tu, Francis Robert Wahlberg, Alexander Peng Wang, Nicole Catherine Welliver, Lauren Elizabeth White, Allison Wong, Kevin Wong, Raymond Jeff Wong, Xiaoyue Wong, Yunting Wong, Matthew Wu, Jason Xiao, Peishan Xie, Bingmei Xu, Kaiping Xu, Rachel Xue, Ethan Yau, Jacqueline Yip, Devon Yu, Stephanie Zeng, Yuying Zhang, Jay Jiahui Zhao, Emily Zheng, Zhi Tony Yong Zheng, Zihang Zhou and Suki Zhu.

BellaDerma

Aesthetics-LLC

March Promotions

Complete Facial Rejuvenation - Save \$25+

IPL Photofacial Treats Browns Spots, Rosacea & Diffuses Redness
Full Face Or Chest (reg. \$150) \$99 • Full Face & Neck (reg. \$175) \$150
Sublime ELOS Skin Tightening & Contouring Lower Face & Neck
Stimulated Collagen Production, Fine Wrinkles Are Reduced, Facial Contours Improved
Single Treatment (regularly \$275) \$250
Series of 3 Treatments Over A 6 Week Period (regularly \$825) \$600
Sublative ELOS Skin Rejuvenation Wrinkles & Acne Scarring \$200+

HydraFacial MD® Ideal For ALL Skin Types

Cleanse, Peel, Extract, Hydrate, Fuse & Protect
Signature Treatment \$150 • With a Dermaplaning Treatment \$199
HydraFacial MD® Diva Treatment Customized With LED Red & Blue Light Therapy PLUS
Choice Of Lymphatic Detox OR HydraFacial Boost • Growth Factor, Biotinol Or Dermabuilder \$175
HydraFacial PERK™ Face Cleanse With Benefits Ideal For Younger Skin \$65

Dermaplaning Treatments

Advanced Manual Exfoliation • Removes Unwanted Peach Fuzz
Dermaplaning Treatment & SkinCeuticals® Biocellulose Restorative Masque \$100
SkinCeuticals® Pigment Balancing Peel & Dermaplaning Treatment \$150

Microcurrent Technology

Improve Muscle Tone in the Face and Neck • Lift Jowls and Eyebrows
Microcurrent Facial Treatment \$150 • With a Microdermabrasion \$175
Combination Microdermabrasion, Microcurrent & LED Blue & Red Light Therapy \$199

Botox • Dermal Fillers • Vitamin Injections

Bank Your Botox • Use It As You Need It
100 Units \$1,000 \$10 Per Unit • 50 Units \$550 • \$12 Per Unit
Facial Filler Save Up To \$600
Voluma® XC • Juvederm® Ultra • Volture • Volbella • Kybella
Vitamin B12 or Vitamix Injections \$25

Laser Hair Removal

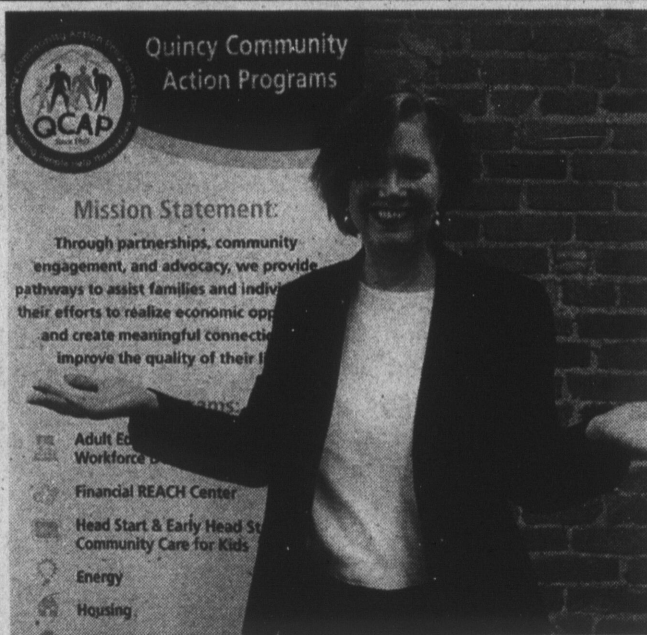
"Best Of Braintree" 2009-2018
Purchase One Area & Receive 2nd Area At Half Price
Start Now To Be Hair Free By Summer
Small Area \$300 / Medium \$600 / Large \$950 / Men's Back \$1200
Series of 6 Treatments • Discount Applied to Lesser Area

How old you are is your business...

How old you look is ours!

10 Forbes Rd. Suite 270 East Entrance Braintree | 781-535-6886
www.belladermaskinclinic.com

valid until 3/30/19



BANK OF CANTON is highlighting three of its employees for their achievements and longstanding commitment to the Quincy community in recognition of International Women's Day March 8. From left: AVP/Branch Manager Elaine Joseph adopts the #BalanceforBetter pose in front of the Quote Wall at DOVE's Quincy headquarters on Hancock Street. SVP of Human Resources Michelle Higgins does the same at Quincy Community Action Programs' headquarters on Hancock Street. Mortgage Lender Terry Connor posed at the bank's 60 McGrath Highway branch. All three have board positions with non-profits serving greater Quincy. Photos Courtesy Bank of Canton

Bank Of Canton Celebrates Quincy Women's Contributions

Friday, March 8th marks the 108th International Women's Day, a global celebration of the social, economic, cultural and political contributions made by women. This year's theme, #BalanceforBetter, focuses on gender balance in all aspects of life – from government to business to media and beyond – and how balance is essential for economic and communities to thrive.

On International Women's Day, Bank of Canton is highlighting three of its employees for their achievements and longstanding commitment to the Quincy community: Elaine Joseph, Michelle Higgins and Terry Connor.

With more than 30 years in the banking industry, assistant vice president and branch manager Elaine Joseph brings a wealth of knowledge and experience to the bank's 60 McGrath Highway branch in Quincy. She is passionate about serving her community. "I was originally drawn to Bank of Canton because of the people; they were smart, motivated, dedicated and community oriented," Joseph said. "It means that as a local bank, we get to put down roots and give something back."

Joseph is in the first year of a three-year term on the board of directors for DOVE, Inc., a Quincy-based organization that supports victims of domestic violence. For nine years, she had served on the board of the Jennifer A. Lynch Committee Against Domestic Violence in Brookline after a close friend lost her daughter to domestic violence on Valentine's Day, 2006.

"It was amazing to see how the entire town of Brookline enveloped and cared for my friend, and fought for her daughter's memory," Joseph said. "That kind of response and resource is needed in every community. So it seemed only natural for me to volunteer with DOVE when I began working in Quincy."

Joseph has cultivated relationships with several other local non-profits as well, including Interfaith Social Services, Quincy Community Action Programs and the Quincy Chamber of Commerce, where she leads the chamber's Ambassadors Program. Her branch is a public drop-off location for food pantry donations, and she holds collection drives every winter for toys and winter clothing to benefit those less fortunate.

WHAT'S COOKING

with

Marie & Susie

By MARIE D'OLIMPIO and SUSIE FALCO



Biscotti Cookies Made With Trail Mix

By MARIE

My daughter, Ann Marie, invented this biscotti recipe. Although she makes biscotti traditionally with just anise, she had purchased a bag of trail mix which contained raisins, cranberries and almonds.

She decided to add the trail mix to the biscotti mixture. She put them in the food processor until nicely chopped and incorporated it into the biscotti dough. They came out so delicious and very different.

Preheat oven to 350 degrees; prepare a cookie sheet with Parchment Paper

RECIPE

3 eggs, lightly beaten
1/2 cup vegetable oil

1 cup of sugar
1 tablespoon of anise
3 and 1/4 cups of flour
1 cup of trail mix (chopped in blender or food processor)
1 tablespoon of baking powder

Mix sugar and oil together until well blended. Add everything else and mix until smooth.

When mixture becomes a dough put on floured board. Make two logs out of the dough and place on cookie sheet prepared with parchment paper.

Bake at 350 degrees for about 40 minutes. Cut when cooled.

P.S. This makes soft biscotti. If you want crispy biscotti place cookies back on the cookie sheet and bake in oven for another 10 to 15 minutes.

Banana Chocolate Chip Muffins

By SUSIE

These muffins are amazing! And the great thing is you most likely have everything in order to make them already in your kitchen!

These take about 15 minutes from the time you make them until they are done. When we make them, they are all gone within a few minutes so we haven't even been able to freeze them, but the recipe says you can freeze for up to four months. Enjoy!

FLOURLESS MINI BANANA CHOCOLATE CHIP MUFFINS

1 medium ripe banana, peeled
1 large egg
heaping 1/2 cup creamy peanut butter
3 tablespoons honey
1 tablespoon vanilla extract
1/4 teaspoon baking soda
pinch salt

heaping 1/2 cup mini semi-sweet chocolate chips

Directions:

Preheat oven to 400 F. Prepare mini muffin pans by spraying very well with cooking spray or just rub in some oil.

Add everything but the chips into blender. Blend well. (I used my nutria bullet!)

Add chocolate chips and stir in by hand; don't use the blender because it will pulverize them.

Using a tablespoon fill mini muffin cups that have been greased about 3/4 of the way.

Bake for 8 to 9 minutes, or until the tops are set, domed, springy to the touch, and a toothpick inserted into the center comes out clean, or with a few moist crumbs, but no batter.

DO NOT BURN!

Let cool and enjoy!

Wai Ka Yu On President's List

Wai Ka Yu of Quincy has been named to the President's List at Western New England University in Springfield for the fall semester.

Yu is working toward a bachelor of science degree in actuarial science.

Nine Quincy Students On SS Charter School Honor Roll

South Shore Charter Public School in Norwell announces nine students from Quincy have earned honor roll status for the second quarter.

They are:

First Honors

Grade 8: Ayah Abou-oussef.

Grade 7: Elizabeth

Cheung.

Grade 6: Hajar Abou-oussef.

Grade 5: Sean Barbour and Benjamin Osunsanya.

Second Honors

Grade 10: Sean Downey.

Grade 8: Christian Petinelli.

Grade 5: Matthew Middleton and Denzel Njuguna.

QUINT'S
House
of Flowers
Family Owned & Operated
Since 1919
761 Southern Artery
QUINCY
617-773-7620

M
A
R

7

2

0

1

9

Cystic Fibrosis: Symptoms, Risk Factors, Prevention

A Message From Ruth Jones, Director Of Nursing, Quincy Health Dept.

By RUTH JONES
BSN, RN, BC, CP-FS

Cystic fibrosis is a genetic disorder that results in severe damage to the lungs, digestive system and other organs in the body.

Cystic fibrosis affects the cells that produce mucus, sweat and digestive juices. These secreted fluids are normally thin and slippery. But in people with cystic fibrosis, a defective gene causes the secretions to become thick and sticky. Instead of working as a lubricant, the secretions block tubes, ducts and passageways, particularly in the lungs and pancreas.

Even though cystic fibrosis requires daily care, people with this condition are usually able to attend school and work. Improvements in screening and treatments allow those with cystic fibrosis now the ability to live into their mid-to late 30s, on average, and many into their 40s and 50s. Screening of newborns for cystic fibrosis is now performed in every state in the United States. As a result, the condition can be diagnosed within the first month of life, before symptoms even develop.

Symptoms

Signs and symptoms vary, depending on the gravity of the disease. Some people may not experience symptoms until adolescence or adulthood.

Respiratory signs and

symptoms

The thick and sticky mucus correlated with cystic fibrosis clogs the tubes that carry air in and out of the lungs. This can cause:

- A persistent cough that produces thick sputum
- Wheezing
- Breathlessness
- Exercise intolerance
- Recurrent lung infections
- Inflamed nasal passages or a stuffy nose

Digestive signs and symptoms

The thick mucus can also block tubes that carry digestive enzymes from your pancreas to your small intestine. Without these digestive enzymes, your intestines cannot fully absorb the nutrients in the food you eat. The result can be:

- Foul-smelling, greasy stools
- Poor weight gain and growth
- Intestinal blockage, particularly in newborns
- Severe constipation

Causes

In cystic fibrosis, a genetic mutation alters a protein that regulates the movement of salt in and out of cells. The result is thick, sticky mucus in the respiratory, digestive and reproductive systems, as well as increased salt in sweat. Multiple defects can occur in the gene. The type of gene mutation is linked with the severity of the condition.

Children need to inherit one copy of the gene from each parent in order to have the disease. If they inherit only one copy, they won't develop cystic fibrosis. However, they will be carriers and can conceivably pass the gene to their own children.

Risk factors

- **Family history.** Because cystic fibrosis is an inherited disorder, it runs in families.
- **Race.** Although cystic fibrosis occurs in all races, it is most common in white people of Northern European ancestry.

Complications

Respiratory system complications

- **Damaged airways (bronchiectasis).** Cystic fibrosis is one of the leading causes of bronchiectasis, a condition that damages the airways. This makes it difficult to move air in and out of the lungs and clear mucus from the bronchial tubes.

- **Chronic infections.** Thick mucus in the lungs and sinuses provides an ideal breeding ground for bacteria and fungi. Those with cystic fibrosis may often have sinus infections, bronchitis or pneumonia.

- **Nasal polyps.** Because the lining inside the nose is inflamed and swollen, it can develop polyps.

- **Coughing up blood.** Cystic fibrosis can cause thinning of the airway walls. As a result, teenagers and

adults with cystic fibrosis may cough up blood.

- **Pneumothorax.** Air collects in the space that separates the lungs from the chest wall. This is more common in older people with cystic fibrosis

- **Respiratory failure.** Cystic fibrosis can damage lung tissue so severely that it no longer works. Lung function usually worsens gradually, and it eventually can become life-threatening.

- **Acute exacerbations.** People with cystic fibrosis may experience worsening of their respiratory symptoms, such as coughing and shortness of breath, for several days to weeks. This is called an acute exacerbation and typically requires hospitalization.

Digestive system complications

- **Nutritional deficiencies.** Thick mucus can block the tubes that carry digestive enzymes from your pancreas to your intestines. Without these enzymes, your body can't absorb protein, fats or fat-soluble vitamins.

- **Diabetes.** Cystic fibrosis increases the risk of diabetes. Around 30 percent of people with cystic fibrosis

develop diabetes by age 30.

- **Blocked bile duct.** The tube that carries bile from your liver and gallbladder to your small intestine may become blocked and inflamed, leading to liver problems and sometimes gallstones.

- **Intestinal obstruction.** Intestinal obstruction can transpire in people with cystic fibrosis at all ages. Children and adults with cystic fibrosis are more likely than are infants to develop intussusception, a condition in which a section of the intestines folds in on itself like an accordion.

- **Distal intestinal obstruction syndrome (DIOS).** DIOS is partial or complete obstruction where the small intestine meets the large intestine.

Reproductive system complications

Almost all men with cystic fibrosis are infertile because the tube that connects the testes and prostate gland is either blocked with mucus or missing entirely. Although women with cystic fibrosis may be less fertile, it's possible for them to conceive and to have successful pregnancies.

RUTH JONES

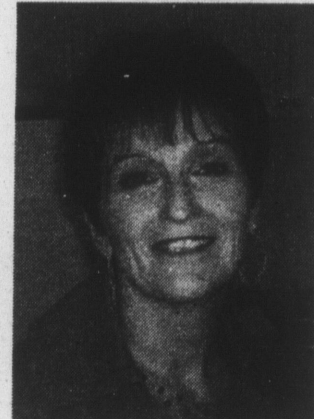
Other complications

- **Osteoporosis.** People with cystic fibrosis are at higher risk of developing a dangerous thinning of bones.
- **Electrolyte imbalances and dehydration.** Signs and symptoms include increased heart rate, fatigue, weakness and low blood pressure.

Prevention

If you or your partner has close relatives with cystic fibrosis, you both may want to undergo genetic testing before having children. The test, which is performed in a lab on a sample of blood, can help determine your risk of having a child with cystic fibrosis.

Ruth Jones is the director of Nursing for the City of Quincy Health Department.



Dr. Cameron Shahbazian

Among '10 Under Ten' Dentists

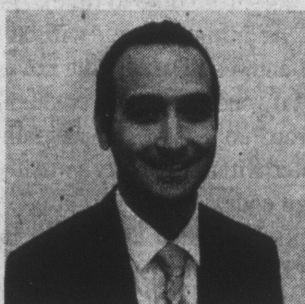
Dr. Cameron Shahbazian, a general dentist practicing in Quincy, has been recognized among the 2019 "10 Under Ten" by the Massachusetts Dental Society (MDS).

Established by the MDS in 2005, the annual 10 Under Ten list highlights the diversity of new dentists in Massachusetts and their impact on the dental profession.

To qualify for the recognition, dentists must have graduated from dental school within the past 10 years, be an MDS member, and have made significant contributions to the profession, their community, and organized dentistry.

When Dr. Shahbazian chose dentistry as a career, he followed in the footsteps of both of his parents, who graduated from the Boston University School of Dental Medicine and are also general dentists in Quincy.

"I was inspired by the care and compassion my parents put into their family practice every day," Dr. Shahbazian said. "It was



DR. CAMERON SHAHBAZIAN

that precedent they set that made me want to be a health care provider."

As a general dentist, "every day yields a promising challenge," Dr. Shahbazian said. "I like the idea of performing various dental procedures because it forces me to think critically in order to provide comprehensive care."

Dr. Shahbazian received

a bachelor of science in general biology from the University of New Hampshire, and he earned a doctor of dental medicine from the Boston University Henry M. Goldman School of Dental Medicine (BUGSDM) in 2014. He completed a general practice residency at Lincoln Hospital in New York City.

He is currently a clinical associate and instructor in the department of general dentistry at the BUGSDM and a clinical instructor at the Harvard School of Dental Medicine. A native of Newton, Dr. Shahbazian is a member of the South Shore District Dental Society. He is fluent in English, Persian, and French.

Joyce & Gendreau
Jewelers

Custom Designs • On-Premise Repairs
Quality Jewelry • Great Values
Over 100 Years of Honesty and Reliability
Friendly, Family Business

52 Billings Road No. Quincy
Facebook/JoyceandGendreau 617.328.0084

Mobile Banking, People Pay and Check Deposit

Instant issue EBSB ATM/VISA® check card

Online Banking, Bill Pay and e-Statements

Access to Allpoint® network with your EBSB ATM/VISA® check card

SIMPLY FREE CHECKING

OPEN ANY NEW CHECKING ACCOUNT AND YOU'LL RECEIVE:

- No minimum balance required
- No monthly fee
- No monthly service charge
- Free instant issue ATM/VISA® check card
- Free access to Allpoint® ATM network



PLUS, GET YOUR **FREE** GIFT WHEN YOU OPEN ANY NEW CHECKING ACCOUNT!



East Boston Savings Bank™

800.657.3272 EBSB.com

\$50 minimum deposit required to open any checking account. Other fees may apply, see schedule of fees for details. Gift is awarded when account is opened. EBSB reserves the right to substitute a gift of similar value. Please note, in the event the value of the free gift exceeds \$10, the bank is required to report the gift value on form 1099-INT. The recipient is responsible for all applicable taxes. Bank rules and regulations apply.

Facebook.com/EastBostonSavingsBank

Member FDIC | Member DIF



QUINCY POLICE DEPARTMENT thanks Darcy Chella, property manager at Related Beal, for again hosting the two-night self defense class at 1250 Hancock St. The next class will be in late March. For more information, contact Lt. Dan Minton at dminton@quincyma.gov.

Photo Courtesy Lt. Dan Minton

Quincy Police Pepper Spray Course March 16

The Quincy Police Department's Crime Prevention Unit announces another free personal safety program.

In addition to daily child car seat installations/inspections and monthly women's self defense classes, the department will be offering a two-hour course on the use of pepper spray. Those

who have attended the self defense classes have asked for in depth instruction on the use of pepper spray as an additional level of protection. Although the self defense classes are just for females, the pepper spray class will be for men and women 18 and over.

The class will be held at the Quincy Police Station

on Saturday, March 16th at 8:30 a.m. to about 10 a.m.

The course will cover:

- What is pepper spray?
- How to use pepper spray
- When to use pepper spray
- Which pepper spray to get, where to get it and how to carry it
- The effects of pepper

spray and how to treat yourself to exposure

- Getting away from the attacker
- Legal ramifications of situations of use.

No one participating in the class will be pepper sprayed.

For more information, contact Lt. Dan Minton at dminton@quincyma.gov.

Quincy Resident Advocates For Greyhounds

Quincy resident Sarah Norton is working to spread the message about the need to ensure that 100 percent of ex-racing greyhounds find caring, permanent homes as a board member for non-profit The Greyhound Project.

Faced with new legislation in Florida eliminating 11 of the remaining 17 greyhound racing tracks by the end of 2020, the number of gentle greyhounds in need of homes will drastically increase. This makes April's National Adopt-a-Greyhound month more important than ever. These dogs are being cared for by adoption groups across the country as they wait to be adopted into permanent homes.

The Greyhound Project works to support over 300 greyhound adoption groups around the world. Founded



QUINCY RESIDENT Sarah Norton is board member of The Greyhound Project, a non-profit group that works to support over 300 greyhound adoption groups around the world.

in 1993, The Greyhound Project is a volunteer, non-profit organization. The mission of The Greyhound Proj-

ect is to promote the welfare and adoption of greyhounds by providing support and information to adoption orga-

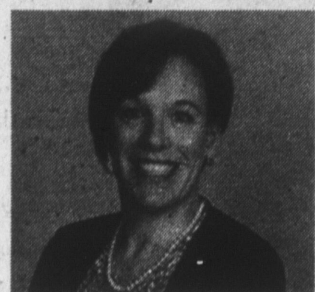
nizations, adopters, and the public. Visit www.adopt-a-greyhound.org for more information.

New Divorce Support Group Offers 8-Week Workshop

A newly formed Divorce Support Group is offering an eight-week workshop that will explore denial, fear, loneliness, friendships, guilt/rejection, grief, anger as well as practical ways to take care of yourself.

The group will meet Thursdays on March 7, March 14, March 21, March 28, April 4, April 18, May 2 and May 9 from 6 to 7:30 p.m. at the Maverick Wellness, 67 Coddington St., #209, Quincy. Cost is \$240 for the 8-week session.

Group support works best when members can commit to attending all the sessions. Participants are



FRANCES SPILLANE

encouraged to sign up only if they believe they will be able to attend all the sessions.

The small support group is limited to 6 to 8 members. Organizers say it will provide a safe, accepting space to discuss the emotional challenges of your divorce, talk with people who

"get it," and learn from each other.

The workshop explores practical ways to take care of yourself, cope with stress, how to talk with your children, meeting with your lawyer, ways to co-parent with your ex, feelings around the family home, personal belongings and more.

The workshop was developed and will be led by Frances T. Spillane, a divorced mother of two children and recently remarried. She is an LMHC and Life Coach who supports clients in creating meaningful, fulfilling lives.

Spillane is on her third

career. Prior to becoming a therapist, she was a tax accountant, then a stay-at-home mom. Her own journeys through transition give her a deep sense of empathy and compassion, as well as the knowledge that change provides the opportunity to create a more joyful life. Her authentic and unconditional positive regard for clients supports their honest exploration of their most important issues.

Spillane practices in Attleboro and Quincy. She earned her M.A. at Bridgewater State University, and her B.A. at University of Notre Dame.

Social Security Matters

Why Should A Veteran Pay For Medicare?

By RUSSELL GLOOR

AMAC Certified Social Security Advisor
Association Of Mature American Citizens

Dear Rusty: I am a veteran and all my medical needs are covered by the VA. Why should I be paying for Medicare out of my monthly SS check? Signed: *Inquiring Veteran*

Dear *Inquiring Veteran*: Well, it depends upon how comfortable you are that the VA will be able to provide ALL the medical services you may ever need, emergency or otherwise, for the rest of your life. I, too, am a veteran and receive some of my care — such as wellness exams, blood tests, some prescription drugs, and immunizations — from the VA, but I also have Medicare to cover other services which are not typically available on an immediate basis from the VA. The point is, there will almost surely be times when you won't be able to rely on the VA for needed immediate care or certain specialized services from specific medical experts, and if you don't have Medicare you may find yourself facing some very large medical expenses for which you will be personally responsible. That's where Medicare will help because nearly every medical facility and health-care service in the country accepts patients with Medicare. And being immediately accepted as a Medicare patient anywhere in the country, anytime of day or night must certainly have some value for you. After all, none of us know what our health future will be.

Since you're now collecting Social Security I assume you're already enrolled in Medicare Parts A & B, and you're questioning why you should continue to pay the Part B premium. Medicare Part B is coverage for doctors and other outpatient services, while Medicare Part A provides hospitalization coverage. There's a premium for Part B (\$135.50/month in 2019), but Part A is free if you also qualify for Social Security. And, by the way, you must have Medicare Part A to collect Social Security after you're 65. For information, VA coverage for drugs is considered "creditable" as an alternative to Medicare Part D prescription drug coverage. But other VA healthcare coverage is not a "creditable" alternative to Part B by Medicare's standards, so it won't count for avoiding a late enrollment penalty if you drop Part B now and decide afterwards to re-enroll.

Unless you have other "creditable" healthcare coverage from your or your spouse's employer after dropping Part B, re-enrolling later will result in you being assessed a late enrollment penalty of 10% on top of the Part B premium amount, recurring every year, for each full year you go without Part B coverage. That penalty doesn't go away, and it will go up as the Medicare Part B premium increases (which it does from time to time).

Additionally, you will be restricted when you can later re-enroll and when your coverage will start again. For clarity, if you have other "creditable" (not VA) coverage you can drop Part B, save the premium, and re-enroll in Part B again later without penalty (when your other "creditable" coverage ends). But if you don't, you may find your healthcare options limited and you'll incur penalties for re-enrolling in Part B later.

Obviously the choice is yours to make, but I suggest you consider the above points carefully when making your decision about whether to drop Medicare Part B and rely only on the VA only for your healthcare coverage. That's not to take anything away from the excellent healthcare services offered by the VA, but only to make sure you're aware of the risks associated with dropping Medicare Part B.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit the website amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

Ying Yu On Dean's List At University Of The Sciences

Ying Yu of Quincy has been named to the Dean's List at University of the Sciences in Philadelphia for the

fall semester.

Yu is a doctor of pharmacy student.

M
A
R

7

2

0

1

9

'Work To Be Done Still' On Opioids, Keenan Says

Cont'd From Page 1

finally," Keenan, a Quincy Democrat, said during a recent interview.

"The trend was like this (going up); it's turned, but there is still this big delta that has to be addressed, so anybody who claims success at this point, it's very premature.

"People are still getting addicted. People are still overdosing. We've done a better job of preventing those who are overdosing from dying, but...those people who are dying are dying in far greater numbers than they were before this epidemic started. So, there is a lot of work to be done still."

A 2014 state law required commercial insurance companies to provide coverage for at least 14 days of addiction treatment. Keenan has pushed to increase the requirement to 30 days, and filed a bill in January that would do so. Keenan's legislation would cover treatment for alcohol and non-opioid drugs as well.

"Right now, we have on the books a 14-day requirement. This would extend it to 30 days as deemed medically necessary by clinicians," Keenan said.

"We do it presently under Mass Health. We provide coverage for up to 90 days of treatment under Mass Health, and yet there has been resistance to requiring insurance companies to provide coverage up to 30 days. If the state is doing it for its insurers, private insurers should do it for their insurance."

Recovery programs, he explained, include three steps — detox, stepdown and stabilization — the first two of which usually take 14 days.

"You go through detox, which is when they essentially get the drug out of your system, and then you get to a stepdown program, which is when you start to focus on your health and dealing with your addiction as well," the senator said.

"That generally gets you to 14 days and then it's when do you get into stabilization; 14 to 30 days is when you really start to get more into treatment that is focused on longer-term recovery as opposed to just detox and step-down."

"Most people will tell you that 30 days is a critical point; between 14 and 30 is pretty critical," Keenan

added. "That's when you're really focusing on long-term recovery. And 30 days isn't the magic number in recovery, because a lot of people need additional supports after that and additional treatment. Some of them, if they are on Mass Health for instance, will get inpatient treatment for up to 90 days — residential treatment for up to 90 days.

"But at 30 days, there is a better opportunity to give a good assessment of where somebody is at and at that point to discharge them to inpatient treatment, residential treatment, with a program which may include daily counseling, living in a sober home, whatever it may be, to keep them on the path to recovery.

"At 14 days, you really don't have the ability and the patient is not ready at that point to kind of focus on those longer-term things."

Insurance companies have balked at being required to provide 30 days of treatment, Keenan said, in part because of concerns over costs. The senator said, however, that the Center for Health Information and Analysis (CHIA) has found the impact on ratepayers

would be minimal.

"It is. That's part of it," Keenan responded when asked if cost was a reason insurance companies would resist the 30-day requirement. "The other part of it is they do not like mandates. Constantly they say that every time you put a mandate on us, you increase the cost of insurance for everybody.

"CHIA did an analysis of the cost of this bill for the average ratepayer and between five and six cents, I think, is the number — that will probably have to be updated, but it's pretty minimal because you're spreading the cost among those that are covered by private insurance.

"It's something that should be done."

A previous bill, signed into law by Gov. Charlie Baker in March 2016, included several measures meant to rein in the opioid epidemic.

One provision in the bill included a drug stewardship program, an initiative that made drug manufacturers responsible for the safe disposal of unused pills to prevent them from being diverted. The House of Representatives added

a sunset clause to the program, Keenan said, meaning the provision would end in 2021.

Keenan has introduced a bill that would make permanent the drug stewardship requirement.

"You have these drug manufacturers who promote and market these pills, convince doctors to prescribe them," he said. "There are too many that are prescribed. They're going unused. Insurance companies are paying for that, which means we're paying for all that in that way. Then they sit in medicine chests. They are taken by kids and others. We're paying then for the treatment that comes from the addiction.

"Even if it doesn't go to that stage and somebody makes the responsible decision to get rid of them and bring them to the police station, we're paying for all that and the pharmaceutical company is just watching their balance sheet grow."

"We thought it was time they had some skin in the game, so we passed a bill that would require them to have a program or to contribute to a program to dispose of the unused medications," Keenan continued. "It passed, but when it went to the House of Representatives it came out with a sunset clause, meaning the obligation would only be there for five years and we're in year three. Essentially nothing has been done.

"Our bill would take off that sunset clause and make the obligation permanent — the pharmaceutical companies would be permanently obligated to take back unused medications so people could clean out their medicine chests, clean out their dresser drawers of these pills, and the pharmaceutical

companies will pay that cost."

Stewardship programs are not unique to prescription drugs, he added.

"We require people who made compact fluorescent lightbulbs play a role in taking them back," Keenan said. "[When] you get your car fixed, they have to take back the oil. So, it's pretty common that we do it. Common sense would say do it here for pharmaceutical companies, and yet when it was done for pharmaceutical companies the obligation was only for five years. We're in year three and they haven't done it."

A bill signed into law last summer required insurance companies to provide coverage for alternative pain management. The Division of Insurance is in the process of developing a plan to cover pain management services in accordance with the 2018 opioid law, according to Keenan's office; many of these modalities currently require prior authorization.

To address that concern, Keenan has introduced legislation that would remove the prior authorization requirement.

"What we're trying to do is expand that coverage and do away with the prior authorization issue. Right now, if I go and get arm surgery of some sort, we want to make it so there aren't all kinds of hoops that my physician and I have to jump through in order for me to get extended physical therapy, to get chiropractic care, to get acupuncture care, whatever it may be deemed as medically necessary," Keenan said.

"Right now, there is a process that needs to be undertaken in order for that to be covered."

9-Unit Building On Newport Ave. OK'd

Cont'd From Page 3

The initial plan called for a four-story building with 14 units, which was reduced to a three-story building with nine units.

"This is not something that happened overnight," Harnais said. "This is probably a year-and-a-half of working with the Planning Department. We had numerous meetings with the neighborhood."

The project includes a total of 18 parking spaces, including ones located inside the new building and others in the rear of the lot.

Four residents spoke during the public hearing at the ZBA meeting — three were opposed and one in favor.

John Rodophele, a Grenwood Avenue resident, called the project an example of "good new growth" and noted its proximity to the Wollaston MBTA station.

"What we need is new growth in the city...this is good new growth," he said.

"People can walk to the train station. I'm proud of the developer for having two parking places per unit because that's what is needed."

Pete Waszkiewicz, who resides on Newport Terrace, said he was concerned residents of the new building would wind up parking on his street. He called the proposal an example of "town cramming."

"When is the town cramming going to stop in this town? It's out of control," he said. "It's a classic example of town cramming."

Linda Waszkiewicz, Pete's wife, said Lang should have at least tried to clean up the property first.

"It would be one thing if the petitioner had come in and at least cleaned up the property. There is trash all over the place," she said. "We have to look at this trash. We have to look at the siding flapping around; the windows are open and everything."

In response to her con-

cerns, Harnais said his client would clean up the property immediately, regardless of whether or not the board gave the proposal the go-ahead.

Following the public hearing, the board voted 4-1 in favor of the proposal.

Board members Brian Radell and Michael Covais both cited the site's proximity to Wollaston station.

"I think it's a good project; it's a perfect location for a project like this," Radell said. "You're on a major artery that is set a stone's throw from a T station. This is exactly the type of development that you want and/or need in the city and continue to need in the city. The Greater Boston area has a complete, complete lack of housing...so you need additional development."

"I understand some of the complaints that people have that we are allowing too much development in places, but this is right on the T

line," Covais said. "And I think this is going to be an improvement from some of the sorry houses that are on Newport Ave."

Charles O'Brien and Jeffery Frankel joined Covais and Radell in voting for the project.

John Himmel cast the dissenting vote. The proposal, he said, fell short on green space.

"I think the green space is inadequate," he said. "I don't like the fact that you're walking across a city block."

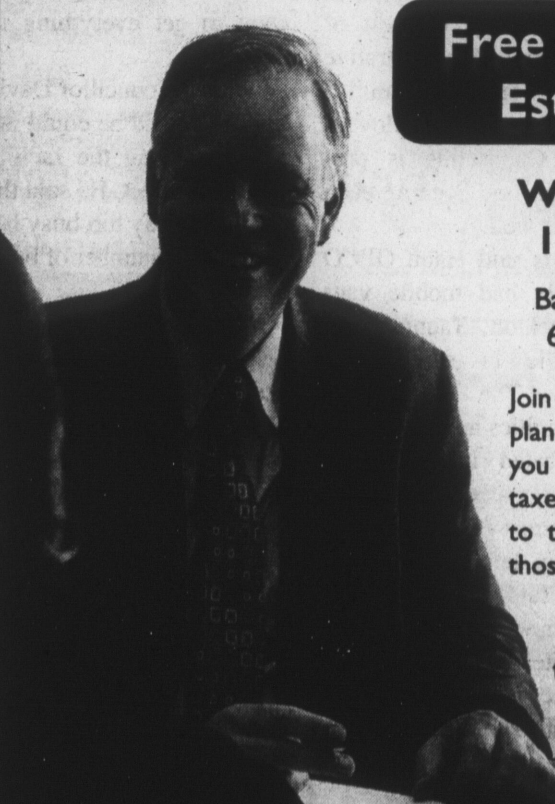
Voted Best of the Best 14 Times!



DOUBLE DEAL
2 Lg. Cheese Pizzas
\$14.95 +tax
(toppings extra • Expires 3/31/19)
or
\$3.00 OFF
Order of \$20.00 or more
(Expires 3/31/19)
(coupons cannot be combined)

WE DELIVER (limited area)

35 Billings Road., N. Quincy
617-328-0448 • 617-328-9842
www.balduccishouseofpizza.com



Free Lunch & Learn: Estate Planning

Wednesday, March 13th
12:00 p.m. - 1:00 p.m.

Bank of Canton Quincy Branch
60 McGrath Highway, Quincy

Join Peter as he discusses estate planning strategies that can protect you from nursing home costs, estate taxes and more. Event is free & open to the public. Lunch is provided to those who RSVP.

Call 781-830-6152 to reserve your seat!



888.828.1690
www.bankcanton.com

Traffic Improving 'Without A Doubt,' City Official Says

By SCOTT JACKSON

The head of Quincy's traffic department said traffic in the city has improved over the past year as a result of new equipment being deployed at key intersections.

Christopher Cassani, the director of the Traffic, Parking, Alarm and Lighting Department, appeared before the City Council's oversight committee on Feb. 25 to provide an update on projects his department has undertaken.

Cassani was asked if traffic is better now than it was a year ago when he was named director of the traffic department, and he said it was as a result of the new technology.

"Better. Without a doubt," he said. "This project that we have undertaken has ensured we have good detection, which gets to the heart of making sure the programming we have in place works. Furthermore, the adaptive platform al-

lows us to say definitely that every given moment of the day, the right decision is being made at each intersection."

Mayor Thomas Koch in April 2017 introduced a \$2.3 million bond for a citywide traffic study, which the council approved six months later after being assured money would be spent on traffic and safety improvements as well. Cassani said the \$2.3 million has helped transform his department, which was formed in July 2016.

"I look at this project in some ways as a rebirth... of our department because we've developed so many new capabilities and we're able to do so much more now than we were able to do," he said.

"This particular project, the \$2.3 million, really emphasized a citywide transportation analysis and it also, through the council's action, emphasized action

— how can we make traffic better in the city of Quincy, as opposed to having another study on another shelf that may or may not get implemented."

As part of the initiative, the department completed an inventory of 76 traffic signals to determine what kind of equipment was being used to time the signals, Cassani said. The department is working to replace antiquated systems with software-based ones.

Surtrac, an adaptive traffic-control system developed at Carnegie Mellon University, will be installed at 25 intersections in and around Quincy Center in the coming weeks, Cassani said. Half of those intersections with the new system were up and running as of the Feb. 25 meeting.

Mike Wasielewski, an engineer with Ocean State Signal, said Surtrac allows the signals to adjust to traffic conditions in real time.

"It measures traffic demand in real time, so as vehicles are coming in and out of the system, you're measuring that. It takes that demand and dynamically adjusts the green time on each approach to each intersection," he said. "Through that you're able to reduce travel times, delays, stops and emissions, and it helps to adapt to the ever-changing traffic patterns."

Allison Ruel, who was named Quincy's traffic engineer in October, said new detection systems have been installed at certain intersections citywide, such as the one at Washington Street and Southern Artery, which nearly 30,000 vehicles travel through each day.

The new detection systems use video cameras mounted on the mast arms above the intersection instead of underground loop systems, which are susceptible to damage, Ruel said. The video feed from the

new system can be viewed in the traffic department's office. The system also provides the department with real-time data and diagnostics for each intersection.

Cassani said the new detection equipment and changes to signal timing have made improvements to commute times. The best example, he said, is Route 3A between the intersection of Sea Street and Southern Artery and the Fore River Bridge.

"I drive that route every day to pick up my children in North Weymouth. We have made substantial upgrades. A trip that would take 16 or 17 minutes is taking me 10 or 11 now. That's a huge, huge upgrade," Cassani said.

"In a lot of these cases, I'm not sure if people thought you could make it as good as we made it because of different constraints that are out there. I'm thrilled with that particular corridor as a great example — perhaps the best example so far — of how the detection, the system is all working."

Councillor Noel DiBona thanked Cassani and Ruel for their efforts to improve the traffic situation in the city, which he said is the top concern residents have.

"Traffic is the number one concern/complaint I get in the entire city with the all the other things, whether it be development, taxes or parking. The biggest thing is traffic," DiBona said. "I thank you for coming in with your presentation, trying to mitigate the situation."

Ward 1 Councillor David McCarthy credited Cassani for his department's coordination with the MBTA on shuttle service following the closure of Wollaston station in early 2018, the opening of the Independence Avenue gate to the Quincy Adams T station, and the parking measures put in place in Quincy Center following the closure of the Hancock Lot.

"I think you've got a solid year," McCarthy said. "It's impressive — the whole package."

Cassani said about 100 people each day use the Independence Avenue gate, which opened in December. Cassani and the City Council put together a residential parking program in the area near Independence Avenue to ensure T riders would not be parking on nearby streets. Cassani said Feb. 5 — the day of the Patriots Super Bowl parade — was the only day when parking in the area became problematic because of T riders; 19 violations were issued that day.

Funding from the \$2.3 million also went towards developing a Complete Streets policy for the city; the Massachusetts Department of Transportation's Complete Streets program is one that focuses on improvements for all modes of transportation — walking, biking, transit and driving — for people of all ages and abilities.

TPAL hosted three community meetings on the program last summer and gathered additional comments online. Cassani said more than 400 residents participated in the online survey, providing feedback for each of the city's neighborhoods.

"One of the things I think is most positive about the Complete Streets program is that it has a different mentality," Cassani said. "It has a different mentality in designing and constructing these projects, recognizing that our city really needs to think about multi-modal users. We need to think about elderly people. We need to think about children. We need to think about safety first and making sure that all our streets are not only designed for the automobile."

Councillor Nina Liang said the TPAL Department had taken a proactive approach to encourage alternative modes of transportation with the number of people and vehicles in Quincy and the South Shore on the rise.

"With the ride-sharing apps and the number of people moving to the area — not just here in Quincy, but in the South Shore — it's a numbers game. We're seeing more people, we're seeing more families, we're seeing more folks with cars and congestion is growing," Liang said.

"We're being proactive with the lighting system, pedestrian safety, ADA-compliance... different transportation mediums in the city are being encouraged."

Cassani told the oversight committee the city had been awarded a \$307,000 state grant for the Complete Streets program.

The grant, which was announced Feb. 26, will go toward the installation of ramps compliant with the Americans with Disabilities Act on the north side of Coddington Street. ADA-compliant ramps and signals will also be added at the intersection of McGrath Highway and Southern Artery. Separated bicycle lanes will be installed in both directions along the entire length of Quarry Street, on Granite Street from Walter Hannon Parkway to School Street, and along Coddington Street between Faxon Avenue and Sea Street.

ZBA Rejects Substance-Abuse Treatment Facility On Broad Street

Cont'd From Page 1

Habit OPCO has been located in Quincy for the past three decades, Murray told the board during the meeting, and currently does business in the city as Quincy Comprehensive Treatment Center. The company has a counseling center at 1515 Hancock St. and offers medication-assisted treatment, which is provided out of a van at a different Broad Street address.

"The proposal before you is to take that counseling center from 1515 Hancock St. plus the mobile van operation and consolidate all of that under one roof at 39 Broad St.," Murray said.

The building at 39 Broad

St. is presently home to a plumber, an auto parts warehouse and veterinary warehouse and retailer, Murray said. Habit OPCO was seeking to move into the space occupied by the plumber.

Habit OPCO serves 167 patients at its Quincy locations. Each patient receiving medication-assisted treatment also receives counseling, typically once a week.

Matthew Davis, the company's regional vice president, said most medication is distributed between 5:45 and 9 a.m. Most of the counseling takes place during that time frame as well with additional counseling and intake appointments through the rest of the morning. Administrative meetings take place until 2 p.m., when most employees leave. Counseling is provided on one evening each week as well.

Davis said Habit OPCO formerly had mobile vans in Brockton, Taunton and Lakeville in addition to Quincy. The other three communities now have clinics located in permanent sites.

"Quincy is the only mobile van left in the state," Davis said. "Every one of them have gone to permanent sites in the same area, because it's the best way to treat. The challenge has always been stigma and NIMBY."

"As our attorney said, we're going to continue to operate there. It will be the

same patients driving to the same facility. There is really no change other than providing it in one facility."

Davis said Habit OPCO had spent three years trying to site the clinic in Quincy or a neighboring community.

During the public hearing, four current patients and a former patient spoke in favor of Habit OPCO's request, saying the programs it offers save lives. "Habit OPCO saved my life four years ago. I lost everything — my house, my kids, everything," said one woman, Lisa. "I've been clean almost four years now thanks to them. We just want to get everything in one place."

Ward 1 Councillor David McCarthy said he could not support having the facility on Broad Street. He said the road is already too busy because of the number of businesses there.

"I am all for trying to help you folks find a location, but I am totally against 39 Broad St. in regard to adding any more activity on to that street," McCarthy said, calling the road "chaotic."

McCarthy was optimistic Habit OPCO would find another location.

"Hopefully we can work something out in the future," he said. "If you can find the right spot, you have my support 100 percent for a treatment center somewhere."

Two residents who reside

in the nearby neighborhood likewise said Broad Street was not the right place for a clinic because of how busy the road is.

Following the public hearing, members of the zoning board said they too were concerned about the location.

"I really, really don't think it's the right place," said Michael Covais, the board's vice chairman. "It's not because I don't want it in my neighborhood. It's not because there is any stigma. It's just not the right street. I wish you could find the right place. That's what I really wish for."

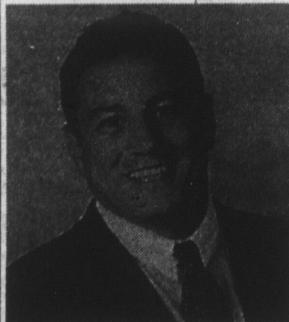
Board member Brian Radell was hopeful the city would work with Habit OPCO to find a better site.

"It kind of frustrates me that you've been looking for a place for three years and have kind of been not stonewalled, but stonewalled... it's frustrating to hear. It seems like this decision is not going to work tonight, but I hope the city will reach out to you and maybe lend their resources," Radell said.

"Adding traffic there (Broad Street), adding additional issues, I think creates a more dangerous situation than is necessary right now."

Habit OPCO was given the chance to withdraw the request with a denial imminent, but Murray requested the board vote on the special permit after conferring with her client.

AGNITTI
INSURANCE
HOME • AUTO • BUSINESS
LIFE • FINANCIAL



Anthony L. Agnitti, CIC, LIA
Certified Insurance Counselor
Licensed Insurance Advisor
CALL FOR A QUOTE ON PROPER INSURANCE
COVERAGE AT COMPETITIVE PRICES!
ASK ABOUT OUR AUTO AND
HOMEOWNER INSURANCE
DISCOUNT PROGRAMS
24-Hour Emergency Access
770-0123

21 FRANKLIN ST., QUINCY

M
A
R

7

2
0
1
9

FoxRock Land Deal Before City Council

Cont'd From Page 1

and Improvement Plan for the downtown. All three items were referred to committee for review at a future date.

Under the proposed land disposition agreement (LDA), FoxRock would pay the city \$4.25 million for about two acres of land on the Ross Lot. The city would release the reverter clause it now holds on the former Quincy Medical Center site on Whitwell Street, where FoxRock is planning a residential development.

FoxRock could not close on the Ross Lot land until permitting for the project, which would require approval from the Planning Board, is complete and lease agreements for the medical office space are finalized. FoxRock last month announced it had struck a deal with South Shore Health System and Brigham Health to fill out the 200,000-square-foot medical building.

Additionally, FoxRock would forgo payment for takings related to the new Generals Bridge that will connect Burgin Parkway to Cliveden Street; Koch said those takings are valued at about \$1 million. The state will pay for the construction of the bridge itself, which is set to start this spring.

The medical office building, hotel and housing would be constructed on the land now owned by the city and the site of 37R Parkingway, also known as the Commonwealth Building, which FoxRock owns presently. Construction on site could start as soon as the spring of 2020, the mayor said last month, and would take about 18 months to complete.

FoxRock would pay full taxes on the hotel and residential building, and no taxes on the medical office building, Koch said, noting non-profit medical companies like South Shore Health System and Brigham Health are not required to pay property taxes.

"In order to get medical services back to the city, I believe this is well worth the investment," he said.

The city expects to receive \$569,000 in property tax revenue once the project is complete, compared to the \$84,000 the city now receives for the same land. The project is estimated to bring in \$25.8 million more in property taxes over the next 40 years compared to what is now on site.

"It's a winner even with the discount to bring medical to this project," Koch said. "This makes perfect sense if we want some medical back in the city. The other projects will more than carry the taxes for that side of the project."

"I would also suggest the jobs that are coming to this site, and there will be more than 400, bring with them disposable income that will also add to the economic benefit for all those that operate in the downtown."

The \$61 million borrowing request includes \$24 million in infrastructure improvements to the Ross Lot area; \$16 million for designing a new public parking garage in the same area and for land takings needed to build it; and \$9 million to extend the road now known as Cliveden Street so it would run from Burgin Parkway to a new garage now under construction on the former Hancock Lot.

The improvements in the Ross Lot site include a new public way between Hannon Parkway and Granite Street; that street is identified as General McConville Way in the bond request. Cliveden Street would also get a new name, General Dunford Drive. The extension of Cliveden Street between Hancock Street and the Hancock Lot garage would be known as General Sullivan Way. The three generals for which the roads would be named have Quincy ties. A new Mayor Ross Way would be built south of Hannon Parkway.

The plan also sets aside

one corner of the intersection of General Dunford Drive and General McConville Way for a war monument, and another corner for a pocket park.

The new public parking garage would be constructed along the new General Dunford Drive adjacent to the MBTA train tracks. The city would have to take the former AJ Wright building to build the new garage. Koch plans to utilize state money to build the garage itself.

The \$61 million would be borrowed using the District Improvement Financing (DIF) program, which means new tax revenue from Quincy Center would pay off the debt.

"The folks living in different parts of the city do not pay for the improvements to the downtown. That's something we've been consistent with since day one," the mayor said. "Though the downtown was a drag on the city, literally, for years and all of the downtown needed a major upgrade, so it was a liability to the taxpayer, we've reversed that. Today, it's becoming a great asset to the taxpayer."

Koch said the city presently receives \$4.6 million in DIF revenue annually and pays \$2.8 million in debt service to existing DIF bonds.

The changes to the Urban Revitalization and Improvement Plan for Quincy Center, which would be the fifth amendment to the URDP, identify additional parcels in the downtown for potential taking in the future. The city would consider taking those properties if their current owners do not take

steps to improve them.

"We certainly hope there will be a number of private transactions, but if need be, we can use the tool of eminent domain if we have an uninterested landlord," Koch said.

Following the presentation, Ward 1 Councillor David McCarthy said the city has turned the corner in Quincy Center.

"For a number of months...people were saying 'what's the plan downtown?' I think, if you can't figure out what the plan is now downtown, I don't know what you're looking for," McCarthy said. "We're way past turning the corner in regard to public improvements and private investment. To get FoxRock involved, to get Brigham and Women's and South Shore in here...there is a plan."

"It looks great on paper and I know it's going to look great in person," McCarthy added.

Ward 4 Councillor Brian Palmucci commended Koch and his administration for their efforts to redevelop Quincy Center.

"The administration and the council - we've had policy disagreements along the way - but we've always had the same vision...for revitalizing Quincy Center and really making it the economic engine that drives the city forward," Palmucci said. "I want to take the opportunity to commend you and the administration for the consistent effort you've put in over the past 12 years really driving this home."

Palmucci added that he looked forward to reviewing the three downtown items and welcomed the addition

of new properties for potential taking to the URDP.

Councillor Nina Liang said she was excited the long-awaited LDA had been presented to the council and stressed the importance of thoroughly reviewing the plan before approving it.

"While this is great and really encourages me and excites me, I do also respect that this is going to be a process we all have to engage very thoroughly and vigorously with," Liang said. "We don't have much public land left and whatever we decide to do with it, we have to be really careful and thoughtful."

Councillor Noel DiBona asked Koch if FoxRock had discussed opening a hospital on site. DiBona suggested they could construct a denser building on site to do so.

"I know the medical use is a start," DiBona said. "I'd be very, very inclined, maybe, to go up in height...if we could put a hospital site on the Ross Lot."

Koch said an acute-care hospital would not return to the city.

"There is not going to be an acute-care hospital

in Quincy," he said. "The city of Quincy operated an acute-care hospital in deficit for decades, spun that off in 1999 to a non-profit. They lost money every year and went bankrupt. Steward bought them out of bankruptcy as for-profit and they couldn't make it."

The zoning for the Ross Lot already allows buildings up to 15 stories tall by-right.

Councillor Anne Mahoney asked Koch about the proposed hotel, noting LBC previously said it would be unable to construct a hotel at 1500 Hancock St. and instead built Nova Residences there.

"They (LBC) mentioned having a hotel and they had an expert come in and say the downtown was not ready for a hotel," she said.

Koch said the plan had been thoroughly reviewed to ensure the developer would be able to finance the project.

"Councillor, you can be assured every aspect of this has been looked at 10 different ways by 10 different experts...including that these things are financeable going forward," he said.

Atlantic Youth Orchestra Concert March 29 At St. Chrysostom's

The Atlantic Youth Orchestra, Susan Bill, conductor, will present its next concert on Friday evening, March 29th at 7 p.m.

The program, entitled "I Lost It At The Movies: Music from Nine Decades of the Singing Silver Screen," will feature music from everything from Disney mov-

ies to Hollywood blockbusters, plus some classical selections and seasonal favorites.

The concert will be held at St. Chrysostom's Episcopal Church, 1 Linden St., Wollaston. A reception will follow.

A \$10 donation is suggested.

Learn to Meditate and Relieve Stress

with Eileen Shaw

Monday nights March 11th - April 29th 7:15pm - 8:45pm
Healing Tree Yoga Studio - 605 Hancock St., Quincy, MA

8 Weeks - \$150

Do you want to learn to meditate but don't know where to begin?

Develop the Fundamental Skills for Meditation

Explore Different Meditation Techniques

Learn the Brain Science Behind Meditation

For More Information Call 617-842-3337

or Email eileenshaw@mac.com

Dina's Hair & Nail Unisex Salon

5 School St., Quincy
617.479.1797

Adult Cuts	\$9 ⁰⁰
Color	\$30 ⁰⁰
Hair Cut & Blowdry	\$25 ⁰⁰
Matrix Perm	\$40 ⁰⁰
Wax, Lip & Eyebrows	\$6 ⁰⁰

Includes wash, cut & style

WE ALSO DO EXTENSIONS

1st time clients only

Call for more info



at Quincy High School

100 Coddington Street

Open: Wednesdays, Thursdays
and Fridays

Time: 11:40 am until 12:30 pm

Menu varies please find information at:

<http://presidentscafe.weebly.com>

617-376-3328

KING OPTICAL

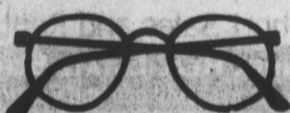
Transitions®

Healthy sight in every light™

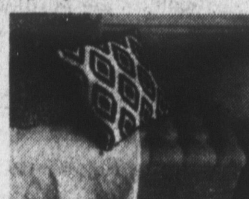
(781) 843-2133

20 School Street West • Braintree

(Off Washington Street) • WWW.KINGOPTICAL.NET



I make house calls!



Interior decorating,
home décor sewing,
downsizing/decluttering,
home staging,
decorating seminars

Secretary of the Interior

Creative solutions at reasonable rates

Call Barbara at 617-821-6033

www.sec-interior.com



Real Estate

Quincy Real Estate Transactions Feb. 25 - March 1

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Showstead Family Trust
Robert J. Tramonte
Zhenqiang Tang
Fiske Family Properties LLC
James & Jeffrey Sullivan; Joan Gallagher
Valerie A.E. Vasti
AP03 Management LLC &
Faxon Development Nominee Trust
Michael A. Bolea
Mary C. Morris
Melissa J. Joseph & Joel Jocelyn
Anna T. Flaherty Trust
Philip L. & Teresa M. Ricciuti Family Trust
One Cabot Realty Trust
Hing K., So Y. & Kai M. Ng
Elizabeth Eaton
Liang Gui Ling Trust
Tracey A. Bowe
Brian Kennedy
West St. Properties LLC
David M. Ryan
Alfred E. & Sandra M. Peterson
Dorothy Gamble

BUYER

John A. & Michelle Ullian
Ziad Hinedi
Jugera Sulejmani
Fangfang Ye, Kyle H. Wu & Leslie E. O'Malley
Yunyun Wu & Jinchen Wang
Joan W. Gallagher

Lorraine E. Lee
Rachid Aldakhlallah Family Trust
Anthony P. Coutlis
Denton J. & Maria R. DeLoss
Jeffrey C. Welch
Zuo L. Wu & Yan J. Lu
Darron R. Smith
Li Y. Chen & Qin Zheng
A.R.T. Investments LLC
Elizabeth Eaton
Allen C.H. Wong & Hetty A. Gouw
Bright Investment Properties LLC
Timothy E. & Warunee Crosta
Elizabeth A. Jacobsen
Anthony Coughlan
Sean & Jaclyn R. Miliken

AMOUNT

\$629,900.00
\$405,000.00
\$265,000.00
\$649,000.00
\$675,000.00
\$395,500.00

\$525,000.00
\$235,000.00
\$505,000.00
\$460,000.00
\$360,000.00
\$500,000.00
\$650,000.00
\$750,000.00
\$600,000.00
\$322,500.00
\$775,300.00
\$265,000.00
\$525,000.00
\$280,000.00
\$525,000.00
\$445,000.00

ADDRESS

42 Whaler Lane Unit 94
100 Marina Drive Unit 422
1025 Hancock Street Unit 8L
289 Whitwell Street
53-55 Apthorp Street
46-48 Apthorp Street

150 Quincy Avenue Unit 1B
110 Franklin Street
77 Spring Street
121 Hillside Avenue
112 Bates Avenue
11 Morley Road
81-82 Manet Avenue
96 Elliot Avenue
84 Winthrop Avenue
934 Southern Artery Unit 117
37 Cummings Avenue
91 Dickens Street
260 West Street Unit 2
185 Quincy Shore Drive Unit A-75
22 Bittern Road
55 Pelican Road

Winners And Losers In Real Estate

By JULIANN GALLIGAN

Did you know that the spring real estate market begins in earnest immediately following Super Bowl Sunday?? It's a sign that we know it's coming.

Spring: Traditionally a time of year when homeowners who have been too busy with the holidays or shoveling snow to contemplate whether or not to sell their home and also a time when first time homebuyers decide to get their feet wet and enter into the world we all know as the real estate market.

Spring. Real estate in and of itself has always been known to be somewhat of a competitive "sport" if you will. It's almost as if there are teams. The sellers vs. buyers with real estate brokers being somewhat of a referee. You then have the real estate board which could almost act as the "commissioner," the one who makes and enforces the rules.

I'm sure you've heard the term "competitive real estate market" being used



JULIANN GALLIGAN

before, right? Of course, we all are on somewhat the "same team" with the common goal or objective of either selling or buying a property. But how many times have you heard someone say, "We just keep losing?" or "we just lost out" or "another offer was chosen over mine" or someone else bought it before us? What this also means is that someone else won! Someone else put in an offer better/higher than yours or saw it before you.

Let's face it, we all want to win. Nobody likes to lose. Are there things you can do to ENSURE you win?

Think about other things in life that you do to pre-

pare yourself for the best possible outcome. You plan on running a race, you train and prepare, you have a game coming up, you go to the practices, you warm up. Like with all of the above mentioned, real estate is the same way: train and practice, find out what exactly you need to do to sell your house before putting it on the market, buyers, find out exactly what you need to know how much you can afford.

Warm up, sellers, get that house ready for buyers to view. Buyers, know exactly when the open houses are and if there showings allowed before the open house? And before you know it, you're ready.

You've practiced, you're all warmed up, the big game is now and you may have to compete against others for it and although practice may not always make perfect. You may have to compete against others for it and although practice doesn't always make perfect, it sure does prepare you for the competition.

Juliann Galligan is a real estate broker associate with Flavin & Flavin Real Estate, 1085 Hancock St., Quincy.

O'Donnell Reminds Homeowners Need To File Mortgage Discharge

Register of Deeds William P. O'Donnell reminds Norfolk County homeowners about the importance of filing a mortgage discharge after their mortgage has been paid off.

"When a mortgage has

been paid off, a mortgage discharge document needs to be recorded with the Registry of Deeds to clear a homeowner's property title relative to that loan," O'Donnell said. A discharge is a document (typically

one-two pages) issued by the lender, usually with a title such as "Discharge of Mortgage" or "Satisfaction of Mortgage."

"In some cases," noted O'Donnell, "discharges are

Cont'd. On Page 19

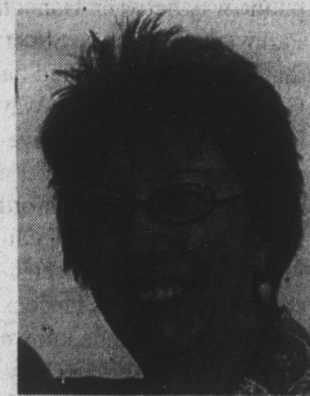
Ask Barbara Graceffa: Too Many Pillows?

My husband thinks we have too many pillows on our bed. How many is too many? Flora

Any time I decorate a bachelor pad, I'm instructed "no pillows" but when I audition them on a bed or sofa, I can typically convince the "pillowphobe" of the added colors, patterns, textures, and personality they can provide.

In general, I would not add pillows that take up more than one quarter or one third of the mattress area. Nor would I use more pillows than you have the space to safely store while sleeping - no tripping hazards!

Bed pillows fall into four groups: sleeping pillows, body pillows, decorative pillows, and accent pillows. Sleeping pillows are aptly



BARBARA GRACEFFA

named and you need 1-2 stacked sleeping pillows per person. Body pillows are long thin pillows that you rest your body on - much like resting your head on a sleeping pillow. I suggest that body pillows be stored in a closet, not on the bed unless you have only one shammed body pillow and no accent pillows. Decorative pillows are defined as large square Euro pillows (26 x 26 inches) or larger sleeping pillows that stand up in front of your headboard; these pillows typically are placed inside coordinating or contrasting pillow shams. Accent pillows add a design element to your bed. Here are some suggestions on numbers of decorative and accent pillows:

Twin bed: 1 decorative and 1-2 accent pillows

Full or queen bed: 2 decorative and 2-3 accent pillows (I could bump that up to 5 if at least two of them are rather small like a bolster)

King bed: 3 decorative and 3-5 accent pillows

However, personal preference and budgets often overrule common conventions. On my queen bed, I only have two sleeping pillows and two accent pillows including a square monogrammed pillow and a ball-shaped white faux fur pillow. The reasons I do not have more is because I do not want them to take away from the beauty of my handmade quilt and I place a smaller white quilt across one bottom corner of the bed. Also, to the budget sensitive, all those pillows and shams are expensive!

If you are still baffled, lay out your pillows and follow. Coco Channel's rule about dressing with accessories: before you leave the house, look in the mirror, and take one thing off.

Do you have a decorating challenge needing a professional solution? Send your questions to Secretary of the Interior at barbara@sec-interior.com.

FLAVIN FLAVIN REALTY
Complete Real Estate Service Since 1925
Free Opinion of Value
Committed to Property Ownership
Offering Seller & Buyer Representation
a century of connecting people with homes
Flavin & Flavin
1085 Hancock St. Quincy, MA
Visit: www.flavinandflavin.com
617-479-1000

Century 21
Annex Realty, Inc.
49 Beale St., Quincy, MA 02170
617-472-4330
www.c21annex.com
Over 70 Seller and Buyer Agents
specializing in Residential, Commercial
Real Estate, Bank Owned Properties,
Short Sales and Rentals
ANNEX REAL ESTATE SCHOOL
Offering Salesperson's, Broker's and Continuing Ed. classes
"STILL NUMBER ONE"

M
A
R

7

2
0
1
9

New Recreation Director Eyes Expanded Offerings

Cont'd From Page 2

fer some older programming and some younger programming, but we lose the 20-year-olds, so I would love to bring in co-ed soccer, kickball league, dodgeball league, things like that to keep the 20-year-olds active in the community.

"They are all of our rec. kids and then they go to college and we're like, 'OK, bye,' and it's years before we see them again. So we'd love to do something for that age group that I think is missing in the city."

Hanly won't be making any wholesale changes to the recreation program, she said, because they are unnecessary.

"We definitely don't want to fix something that's not broken," she said. "Our department is really steeped in tradition. Anywhere you go, you meet people who grew up going to our programs and we shouldn't change that – just add to it, enhance it, make it better."

Hanly, 46, began working for the Recreation Department as a part-time employee 30 years ago, and was most recently the department's program manager.

"I started part-time in 1989 when I was a 16-year-old, but I've been full-time for ten-and-a-half years," she said. "I started in the playground program and I worked my way up to program manager most recently, and now director."

A lifelong Quincy resident, Hanly grew up in Houghs Neck. She attended the former St. Ann's School and then Fontbonne Academy in Milton, and then went to the University of Massachusetts Lowell, where she majored in mathematics.

"I decided to be a math major so I could teach and coach, which I did, although I continued to work rec. part-time all the way through while I was a teacher at Fontbonne and a coach at Fontbonne – I coached

cross country, basketball and track over there," Hanly said, noting she taught at Fontbonne for five years.

"But then when I got married and had my first child, I couldn't leave him. I became a stay-at-home mom and just continued to work rec. and tutored. I have three children – as the youngest went to pre-school, I picked up more and more hours at recreation during the day and then realized how much I loved it and didn't want to go back to teach."

"Once I started to pick up more hours at recreation and decided to stay and make this my profession," Hanly added, "I actually did all the legwork and footwork to become a certified park and recreational professional through the National Recreation and Park Association. There is only two of us in the city – Barry and Me."

"When I decided to stay, and I knew a math major isn't quite a recreation major, I went and did all the continuing education units that I needed to do and had the years of experience needed and passed the exam."

Not only did Hanly work for the department as a recreation leader, she also participated in its programs while she was growing up in Houghs Neck.

"I grew up going to playgrounds too," she said. "My mom will tell you I was waiting at the door to be at the park at 8:30. I would ride my bike down to LaBrecque Playground. I had great leaders there. It really does become a part of you."

"We're really a family – the recreation family. A little bit like the mafia, I think; once you're in, you're in. That's the way it is for rec. We've got people all over the place. We've got two or three school principals that worked for us. We've got department heads all over the place that worked for us. We've got doctors and lawyers and priests and physical therapists – people all over who have gone on to do wonderful things who worked for us."

Hanly said she enjoyed being able to work with Welch – who worked for the city for more than 54 years – and called him an incredible resource to have available.

"It's great," she replied when asked about working with the longtime director. "It's like having the best encyclopedia of recreation working next to you every day. Any question you could ask, he knew the answer or where to find the answer. He's an incredible resource – he still is and I know he will continue to be."

Hanly said she was honored, thrilled and excited when she was appointed to the position of recreation director.

"Honored and thrilled that years of hard work and learning from my mentor Barry Welch paid off," she responded when asked about her reaction to the new appointment. "It's really hard to put into words. You set a goal for yourself and when it finally happens it is actually pretty hard to put into words. Honored. Thrilled. Excited. I'm running out of adjectives that mean happy."



RECREATION DIRECTOR Michelle Hanly (left) with the department's clerk, Eileen Henry. "She's a great partner and she's great support as well," Hanly said of Henry.

Quincy Sun Photo/Robert Bosworth

ning out of adjectives that mean happy."

The transition so far has been a smooth one, Hanly said.

"Barry is not going anywhere; he is going to stay and help me every step of the way, I'm sure, and we've been succession planning for years," she said. "He's been teaching me his secrets all along. I'm learning from the best really, so it's very, very smooth."

Hanly also lauded Eileen Henry, the department's clerk, for the work she does.

"She's a great partner,"

Hanly said. "She's the secretary in our office and she's great support as well."

She also looks forward to working with Murphy, the new natural resources commissioner. Hanly said she has known Murphy since after they graduated college; both served until recently on the board of directors for Quincy Youth Baseball and Softball.

"Dave is going to be great to work with," Hanly said. "He's very familiar with what we do and it will be fun. It will be great."

Hanly and her husband,

Dan, have three children. Their eldest, Bryan, is attending Bridgton Academy in Maine and has committed to play football at the University of Maine next year. Abigail and Lillian, ages 17 and 15, respectively, attend Milton Academy.

Hanly thanked her family – including her parents, Bernie and Bob Drury – for their support, and said she was also grateful for the support she and the department have received from the mayor, the City Council, and the Park and Recreation Board.

Free Checking that suits your style.

- Free ATMs anywhere in the U.S.*
- Free Apple Pay® & Samsung Pay
- Free debit card controls
- Free mobile banking

At Bank of Canton, we
have your style covered:

www.ibankcanton.com/checkingstyle

*With Convenience Checking, Bank of Canton will not charge a fee for using non-Bank of Canton ATMs and will automatically reimburse other banks' ATM surcharges up to \$15 per account cardholder per statement cycle. Convenience Checking requires \$10 initial deposit to open. Apple Pay is a trademark of Apple Inc. Samsung and Samsung Pay are trademarks or registered trademarks of Samsung Electronics Co., Ltd. Samsung Pay is available on select Samsung devices. See <http://www.samsung.com/pay/> for details.

Member FDIC Member DIF
NMLS #408169



BANK OF CANTON

888.828.1690

www.ibankcanton.com

JOAN'S OLYMPIC GYM
Gymnastics & Dance
School

**NOW ACCEPTING
NEW REGISTRATION**

Call for a FREE
Trial Lesson
Ages 2 yrs thru teens



Voted #1 On The South Shore

781-843-9624

An excellent educational
environment for your child.
197 Quincy Ave. Braintree
joansolympicgym.com

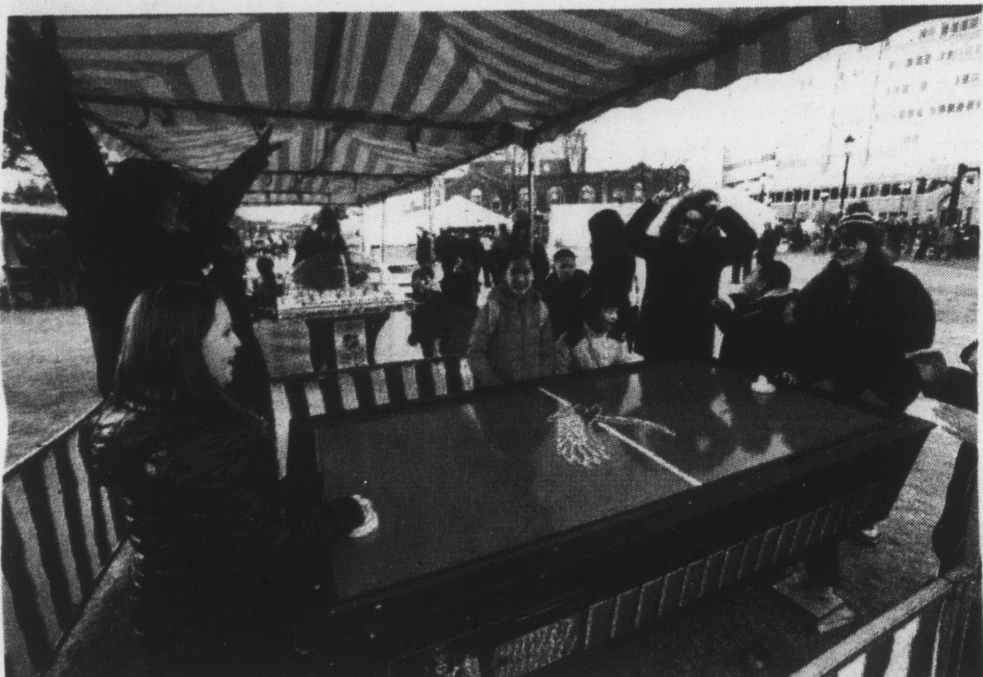
Scenes From Quincy's Recent Presidents' Day Winterfest



AN ICE PRINCESS entertains Hannah Hill , 2, during the City of Quincy's recent Presidents' Day Family Winterfest at the Hancock-Adams Common.



SASHA THE FIRE Gypsy performs during the Presidents' Day Family Winterfest.



ALAN MacDONALD exults during a table hockey game with his daughter, Lily, left, and wife, Jen, right, during the Presidents' Day Winterfest.



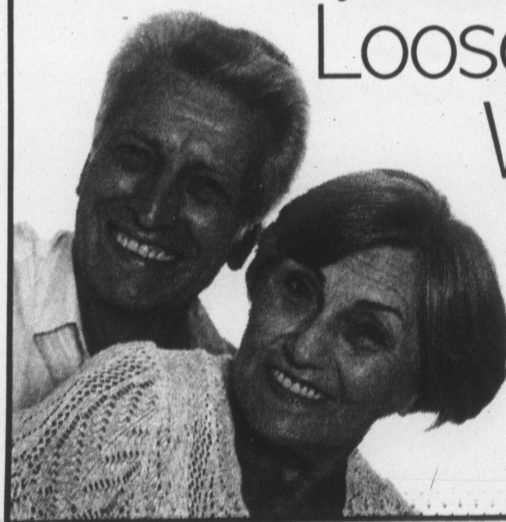
ANNA FERNANDEZ-BUEHRENS of the Quincy Symphony Orchestra performs inside the Great Hall of the James R. McIntyre Government Center (old City Hall) during the Presidents' Day Winterfest.



SONGYA WEI, center, and Eric Huang check out Darth Vader, one of the many charcters on hand at the Quincy President's Day Family Winterfest.



THE MUNK DUANE and Soul Jacker band performs at the recent Presidents' Day Winterfest.



Do you have
Loose Dentures?
We have
options.

For a FREE consultation,
call the dental office of
Steven A. Brustin DMD
617-479-6220

44 Greenleaf Street, Quincy, MA 02169
www.quincydentist.com

M
A
R

7

2
0
1
9

Cassandra Davis Finishes Career As Girls' Hockey All-Time Leading Scorer

Senior Captain Sets Mark With 193 Points (125 Goals, 68 Assists)

By TOM JOYCE

Cassandra Davis set the Quincy/North Quincy High girls' hockey team all-time scoring record last season – and spent this season demolishing it.

The Quincy High senior captain and four-year varsity forward was the go-to scorer for the girls' co-op once again this winter, topping all Patriot League players with 52 points scored (38 goals, 14 assists); she finished her varsity career with 193 points (125 goals, 68 assists) – the latter of which is by far the most points scored by a player in program history.

"It's a good feeling. I really enjoyed playing with Meghan, too," Davis said in reference to Meghan Greene, who excelled on defense as a four-year starter. "She really helped me get a lot of them. It's a great feeling to have this many points."

Over the course of her career with the co-op, Davis was a part of its two most successful teams in program history as a freshman and

sophomore. Her freshman year, the team won 13 games and made it to the playoffs; they also made it to the tournament her sophomore year.

"It's been fun all four years, but the first two were my favorite because we made the tournament," she said. "It was a good way to start high school off."

Davis, who said she may play club hockey in college, also offered advice to her teammates who will be returning next season.

"I would definitely tell them to work hard, try to get to 100 points and maybe even try to beat my record, but I like having the record," she said. "They should definitely work hard to try to make it to the tournament so they can experience that."

In her final game of her career on Feb. 20 against Weymouth, Davis had three points: two goals and one assist. Overall, it was a strong performance for QNQ, who overcame a two-goal deficit in the final five minutes of their game and skated to a 5-5 tie. QNQ finished the season at 3-15-2.

"I couldn't be happier or more proud of the girls," head coach Jeff Craig said. "At any point in the season, they could've bailed and stopped working. But with five minutes left in the season, we're down two goals short-handed, so to get two and have a few chances to rally, I'm just very proud. It's a good way to go into the offseason."

QNQ had no issue finding the back of the net to start the game. Just 17 seconds in, Davis put the team on the board on a goal assisted by Orla O'Driscoll and Aimee Cluett. Five minutes later, Weymouth tied it up and with 2:10 remaining in the first, Weymouth capitalized on a second chance scoring opportunity and took a 2-1 lead.

Weymouth extended their lead to 3-1 three minutes into the second period, but QNQ responded promptly. Immediately after Weymouth won the faceoff, O'Driscoll got a steal, fast break and buried a goal to make it a one goal game again. However, Weymouth

led 4-2 after two periods since they scored again with 30 seconds left in the second.

QNQ started the third period off strong; Maggie Dineen netted a goal 21 seconds into it, assisted by Davis and O'Driscoll.

Weymouth countered with 4:57 remaining, scoring off a rebound opportunity to go up 5-3. QNQ then got a penalty and was shorthanded, hurting their chances of making a comeback. Even so, this did not stop them.

With 3:40 left in the game, Davis got a rush and flipped a puck into Weymouth's net to make it a one-goal game. And about 70 seconds later, O'Driscoll buried a fast break goal shorthanded, tying the game at five apiece.

Ultimately, neither team put up a goal in the final two minutes, although QNQ did have a couple of shot opportunities.

The co-op showed how they grew during the season in the bout. The first time they played Weymouth on



QUINCY HIGH Senior Cassandra Davis finished her varsity career as the all-time leading scorer in girls' high school hockey in Quincy amassing 193 points: 125 goals, 68 assists.

Quincy Sun File Photo/Robert Bosworth

December 19, they lost 6-1.

"We didn't look good then," Craig said. "So it's always good to play a team again and have more success against them. I told the girls there's good ties and bad ties. We just got a good tie."

The game marked the final contest for QNQ's five

seniors: Davis, Greene, Megan Mulhern, Maggie Tierney and Maeve Walsh.

"They were everything to this program," Craig said. "I told them before the game, whatever happens tonight or this season, they were on the only two tournament teams in program history."

Cont'd On Page 19

Put on your green and join us for a

ST. PATRICK'S DAY LUNCHEON

Gerry Hanley

Proprietor - Paddy Barry's,

Community Activist,

Youth Sports Volunteer/Coach

will be honored as

Irishman of the Year

at this

23rd Annual St. Patrick's Day Luncheon

Friday, March 15, 2019

12:00 noon

Tickets \$50.00

For tickets email: stpattyslunch2019@gmail.com

The Tirrell Room

254 Quarry Street, Quincy, MA

Enjoy a traditional boiled dinner
with entertainment by **Comedian TONY V**

The Home of
Your Dreams
IS Attainable...
If You Have The
Right Tools!

MASS BAY CREDIT UNION FREE HOME BUYER WORKSHOP



Tuesday, March 19th at 5:30 pm

147 W. 4th Street - South Boston Branch

GET THE BUYER'S TOOLBOX:

- Learn the ENTIRE Process
- Hear Tips from Industry Insiders
- See How To Find The RIGHT Financing For YOU!

PLUS:

**\$500 off
closing costs***
for attendees

Reserve your spot today:

email: tftrattini@massbaycu.org
or call: 617-269-2700 ext 3308



**MASS BAY
CREDIT UNION**

massbaycu.org (617) 269-2700 1250 Hancock Street

Validated FREE Parking Presidents Place Garage



Federally insured
by NCUA



*\$500 off closing costs good on a Mass Bay mortgage loan closed within 1 year of the seminar date. NMLS ID 615913

Strong Season For Red Raiders Ends In Quarterfinals

Bow To Hopkinton 3-0 After Defeating Rockland In Opener; Finish Season With 17-6-0 Mark

By TOM JOYCE

Their growth was unprecedented and it has them elated for the future.

In previous seasons, the North Quincy High boys' hockey program was in a difficult spot. Participation numbers were low, threatening the future of the program as they underwent a rebuild. Last season, they won three games but with virtually the same squad this season, they bumped that figure up by 14.

The Red Raiders finished this season at 17-6-0 and made it to the MIAA Division 3 South sectional quarterfinal. After defeating Rockland in the first round last Friday night 8-2, the Red Raiders bowed in the quarterfinals against Hopkinton 3-0 on Sunday, but with two of Hopkinton's goals coming on empty net-

ers in the final 90 seconds of the game, it was competitive throughout and a representation of the strong play the Red Raiders gave all season.

"I couldn't be more proud of those four seniors in the room," Red Raiders head coach Matt Gibbons said. "I don't know how you do it. We added Cormac Flaherty, which is huge, a couple of freshmen helped out. But we didn't have one stud who turned us into a 15-plus win tournament team. Those seniors took it on their shoulders to make sure we had a good team. In my 10 years coaching, those kids have to be the closest set of kids as one through 22. They did everything together and it proved you have to be a team first and everything else will come."

Cont'd On Page 19



NORTH QUINCY came out strong against Rockland building a 3-0 lead after the first period and winning by a final score of 8-2. Senior forward John Early led all scorers with 4 goals and an assist for 5 points in the game. Here Early beats the outstretched Rockland goalie in the second period for one of his four goals. After advancing with a first-round win, the Red Raiders bowed to Hopkinton in the Div. 3 South Sectionals Sunday bowing 3-0.

Quincy Sun Photos/Larry Carchedi



SENIOR FORWARD Noah Wines moves the puck up ice in the first period against Rockland.



NORTH QUINCY HIGH boys hockey team celebrates after their 8-2 first-round win over Rockland last Friday night in the Div. 3 South Sectional-tournament. The Red Raiders' tournament road ended Sunday at Gallo Arena in Bourne as NQ bowed to Hopkinton, 3-0.



NORTH QUINCY sophomore goaltender Asher Wines makes one of his many saves in a first round 8-2 victory in the boys MIAA playoffs against Rockland High School Friday night in Canton.



NORTH QUINCY senior forward Kieran O'Driscoll moves the puck up ice in the third period last Friday night in the Red Raiders' 8-2 tournament win over Rockland. O'Driscoll scored one of North's eight goals in the victory.

M
A
R

7

2
0
1
9

Strong Season For Red Raiders Ends In Quarterfinals

Cont'd From Page 18

Gibbons spoke glowingly of his team's senior class, the impact they had on the program over the past few years and the legacy they leave for it moving forward.

"I don't know how to put it into words," he said. "John Early was unbelievable this year, and he's such a good kid. That's the thing. They're all just such good kids."

"It's amazing. Noah Wines went from single digit points last year to leading the team, and then Kieran O'Driscoll has been one of the most consistent kids from freshman year to now. He's a leader and embraced that role. And Andrew Airosus, for him to have the season he had after missing the first half of the year with an injury, it was incredible."

"The past two years, we hated playing the 20th game because we knew it was our last but now, you look forward to it because you have the do or die games after it in the tournament and that's where you want to be," he added. "These four guys, I don't know what happened, but they got us there. It's going to benefit this program for years to come. We're gonna keep doing what we're doing and it's going to be thanks to these guys."

This season marked the first since the 2015-2016 campaign where the Red Raiders made it to the post-season — when this year's senior class were freshmen. However, with the struggle

to put bodies out on the ice in the two seasons to follow, they did not make it. Now, with an abundance of young talent on their squad and the standard this year's senior class set, the Red Raiders are in a position where they not only have the potential to be tournament contenders for years to come.

"It puts a smile to my face," Gibbons said. "To go from where we were three years ago where we didn't know if it was going to be the last year of the program, the uncertainty of it all, to this and having a freshman team that was successful. As a coach, it's just a very proud moment for this program and I'm just happy to be a little piece of the whole thing. These kids do it. They make the train run and they're building an atmosphere kids want to play in."

This season, the Red Raiders showed up to the tournament ready to contend. It was evident in their opening round game against Rockland at The Ice House in Canton last Friday night. They poured in nonstop goals en route to an 8-2 win.

Against Rockland, John Early scored a team-high four goals for the Red Raiders. Sean Feeney, Kieran O'Driscoll, Ronan Kelly and Charlie Maher each chipped in one goal apiece as well. Asher Wines picked up the win in net, splitting time with Talha Qasim.

"With 12 days off, I was really nervous that we might come out flat, but we

didn't," Gibbons said of his team's win over Rockland. "They played really well in the beginning and pumped out three quick ones. The games you remember are those 1-0 wins or losses, but to put up eight goals on anybody in the tournament is impressive. The best part of that game was everyone got in and contributed, so they all got a taste of the tournament. Hopefully, they remember that feeling in the offseason."

Gibbons said he expects next season's team will also have strong leadership given their wide array of varsity contributors. He noted sophomore goaltender Asher Wines and junior defenseman Cormac Flaherty should be at the forefront of it, but that there will be a large number of leaders on the team.

The team will have an abundance of experience in its underclass as well. Gibbons said he was impressed by the performances forward John Lynch and James Hooley, both of whom are freshmen, gave the team in big games this season.

"It's amazing," he said of the team's performance this season. "I can't wait for these guys to come back next year and see what they're ready for."

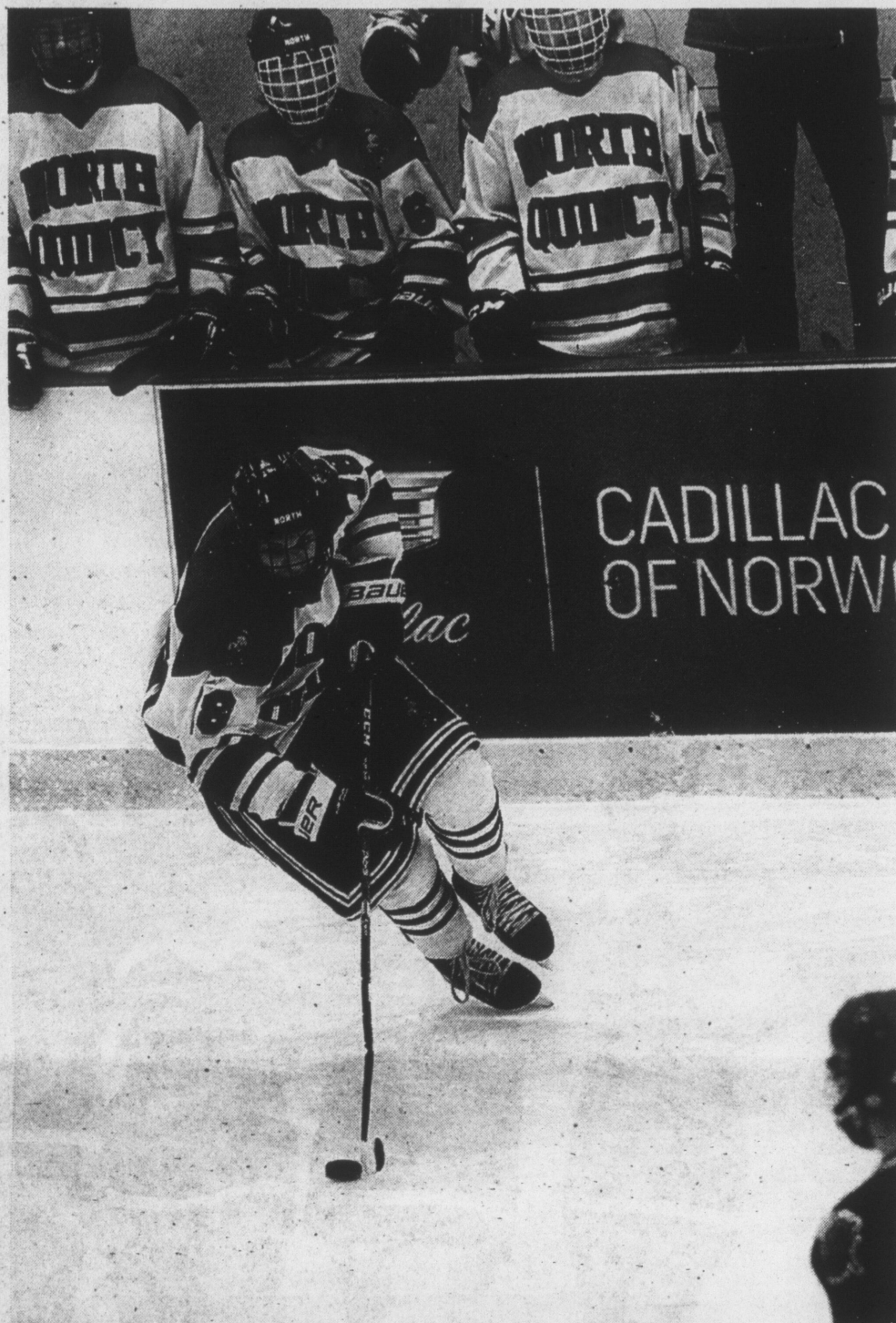
Gibbons also said his team's assistant coaches were a vital component of the team's success this season. He said first-year assistant coaches Tim Lewis and Jim Dunn were major

additions to the staff and did an excellent job, as did Dan Gibbons and Jamie Schatzl, who has been coaching with the program for nine seasons.

"We got something brewing over here," Gibbons

said. "The kids are spearheading it. They're having a lot of fun. That was our mantra this year. We never said the word state tournament or championship. We just said we wanted to get better every shift and ev-

ery game. They pulled off 17 wins. If I'm a middle school kids or a kid playing somewhere else, I'd just say, 'ask one of these kids how much fun they had playing this year.' I'll just leave it at that."



WITH HIS TEAMMATES looking on, junior defenseman Cormac Flaherty, with an assist in the game, brings the puck up ice in the first period against Rockland. North Quincy's defense shut down Rockland's offense holding them to a couple of goals in an 8-2 first-round win in the Div. 3 South Sectional tournament last Friday night at the Canton Ice House.

Quincy Sun Photo/Larry Carchedi

O'Donnell Reminds Homeowners Need To File Mortgage Discharge

Cont'd From Page 14

filed directly by banks or settlement closing attorneys with the Registry as part of a property sale or as a result of a refinancing transaction. In other instances, the mortgage discharge is sent to the property owner who then becomes responsible for making sure the document is recorded. Whether or not a discharge is recorded by the lending institution or the individual property owner, it is important that the property owner makes sure all necessary documents have been recorded at the Registry of Deeds.

"One way for a homeowner to check on their title," O'Donnell continued, "is by accessing the Registry's online records at www.norfolkdeeds.org and verifying if all mortgages associated with the property have been discharged. Please remember not having a mortgage discharged will result in a title issue and thereby impact the process

of selling one's home."

O'Donnell said there have been cases where no discharge has been recorded against a long paid off mortgage. "Unfortunately, some of the lending institutions that provided funds for these mortgages are no longer in existence. In other cases, financial entities have merged with another lending institution," he said.

If a property owner needs to retrieve an original discharge of a mortgage and is unclear which lending institution is now responsible for providing the document, an option is to contact the Massachusetts Division of Banks at 1-800-495-2265 x-61501. This government agency can assist the consumer in tracking down contact information for the lending institution that is responsible for the mortgage.

When recording a discharge, the original document is required. The Registry of Deeds does not accept photo copies or faxed copies of documents. The filing

fee, set by state statute, is \$76.

"After paying off all the mortgages on their property, homeowners want to know they have clear title to their property, especially if they are contemplating selling," O'Donnell said. "Being on top of what is required will go a long way in giving the homeowner assurances that they have clear title to their property. I strongly urge homeowners to make sure their mortgage discharge has been filed with the Registry of Deeds once their mortgage has been paid off."

The Norfolk County Registry of Deeds is staffed with a team of customer service representatives who can be reached Monday through Friday, 8:30 a.m. to 4:30 p.m. at 781-461-6101. Representatives have been trained in researching documents and are well versed on the subject of mortgage discharges and what, if necessary, needs to be done to clear title to a property.

Q-NQ Girls' Hockey Wraps Up Season, Davis Ends Career As Top Scorer

Cont'd From Page 17

Even last year was the third best year. They put the program on the map. A lot of boys and girls never get the chance to play in the tournament. Those girls played in two. That first year, they went from five wins the year before to 13 wins. We're really going to miss them."

A bright spot in the final game of the season was the performance from sophomore goaltender Emma Ford. It was her second career start for the team, and she kept them in the game. Like Tierney, who started all but the final two games of the season due to an injury, Ford had never played goaltender or organized hockey before this season.

"She was great out there," Craig said. "That gives her a lot of confidence headed into next year. For

those two girls to go from where they started the year to where they are now, it's unheard of. It just doesn't happen."

This offseason, she will be training and gaining more experience to be ready for the job as a junior.

"I don't have to worry about a goalie for the next two years, so I'm really happy," Craig said.

Speaking of the team's younger players, Craig said he was impressed with the high level play the team received from eighth grader Maggie Dineen, and freshmen Orla O'Driscoll and Maddie Bailey on the attack this season.

This season, QNQ had just 12 players on their roster. In order to bolster the team's numbers for next season, Craig said he QNQ hockey will be open to

eighth graders. When asked if the team would be open to players who previously attended private schools in the area and played hockey there, Craig said, "We'd love to have them. We'd love to have anybody. The more kids the better."

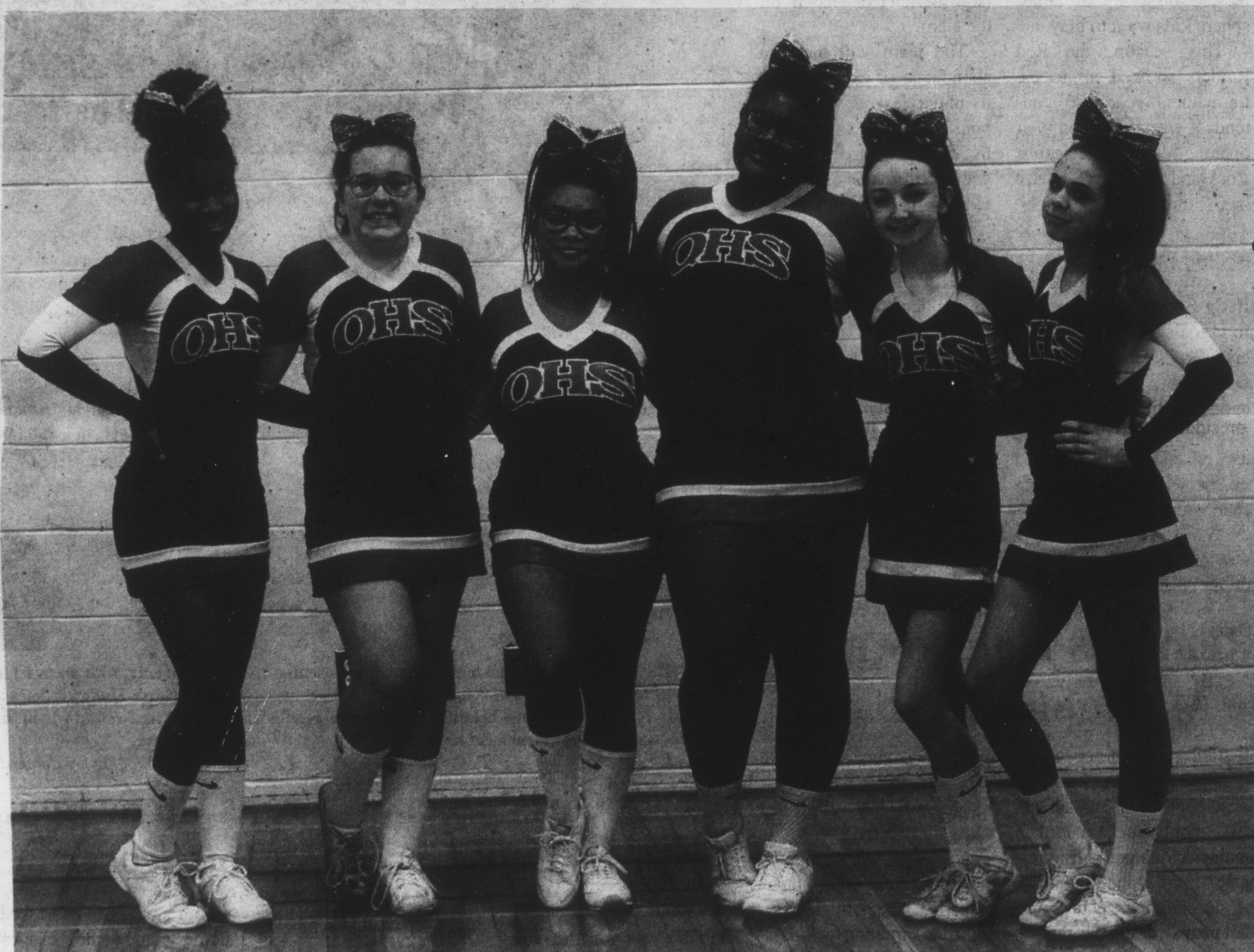
He added, "Even though this wasn't the most successful year, the girls had a ton of fun together, got along great and you could tell by the way they played today, they made a lot of good friends off the ice as teammates. Eighth graders or kids from wherever we can get them. We want to build the program."

Craig also said he was thankful for his two assistant coaches Peter Chrisom and Kyle Craig for the time and effort they put into the team this season.

NQHS Varsity Basketball Cheerleaders

NORTH QUINCY HIGH SCHOOL varsity basketball cheerleaders led the cheers for the Red Raiders this season. Front row from left to right: captains Courtney Ross, Denise O'Donovan and Shannon Boylan. Middle row from left to right: Heaven Thien, Megi Mustafaraj, Maeve Dugan, Kylee Rascoe, Vanessa Guan, Caitlin Fonseca, Jaclynn Nguyen, Kate Myers and Kaylee Sleiman. Back row: Kelli Dumont, Emily Hardiman, Kathryn Boylan, Kayla Lindsay, Jessica Aliosa, Danielle Parzych and Chloe Pierre-Paul. Missing from photo: Gracie Falletti.

Quincy Sun Photo/
Robert Bosworth



QHS Varsity Basketball Cheerleaders

QUINCY HIGH SCHOOL varsity basketball cheerleaders led the cheers for the Presidents this season. From left to right: Christina Lacroix, Sophia Barnes, Emma Brown, Sasha Rockhold, Captain Madison Kubera and Makayla Jaques. Missing from photo: Savannah Broderick.

Quincy Sun Photo/
Robert Bosworth

QHS College Planning Night Thursday

Quincy High School Guidance Department will host a College Planning Night for juniors and their families Thursday, March 7 from 6:30 to 8 p.m. in the QHS Lloyd Hill Auditorium.

The night is an opportunity for 11th grade students and their families to learn about the college application process. A panel of college admissions representatives will give their expert advice on tackling this process.

Sophomores and freshmen and their families are also welcome to attend.

Angelo's, Domino's Share First Place In Pizza-Palooza

Broad Meadows Middle School drama program recently held a Pizza-Palooza Fundraiser, with nine pizza restaurants participating.

Voting was close, with all participants separated by only one or two votes. Angelo's Coal Fired Pizza and Domino's tied for first

place, followed by Napoli's in second and Carmine's in third.

Turnout by students, families and staff was tremendous, requiring a rush order from all participating vendors, who were more than generous and kind in filling the orders quickly.

The merchants had all already donated five cheese pizzas to the event.

Broad Meadows Drama Program will use the funds raised, which totaled over \$1,500, to replace aging microphones and headsets.

Thanks and gratitude to

all those who donated and supported the event, including Angelo's Coal Fired Pizza, Dominos, Carmine's, Napoli's, Time Out, Nick's, Schoolhouse, Harry's, Romanza, Fratelli's, Ginger Betty's, Hough Many Scoops, Bill Dunn, Jr. Memorial Fund, Quincy Recreation, Principal Dan Gilbert and the drama students, staff and families.

The drama program will perform "High School Musical" on March 20th and 21st.

Free Estate Planning Lunch At Bank Of Canton March 13

The Bank of Canton will host a free estate planning lunchtime seminar Wednesday, March 13 from noon to 1 p.m. at the bank's branch located at 60 McGrath Highway, Quincy.

Learn how to preserve your independence and protect your assets from risk

and uncertainty, with an estate plan. Presenters will be Matthew J. Marcus, Esq., and Peter J. Fredericksen of B.O.C. Life Solutions, a licensed subsidiary of Bank of Canton.

The event is open to the public and lunch will be provided to those who RSVP. Call 781-830-6152

HN Garden Club Student Award Guidelines

The Houghs Neck Garden Club (HNGC) is granting awards to graduating high school seniors who have been residents of Quincy for the last two years and who have been accepted to a school of higher learning.

Additionally, applicants must plan to concentrate

in one of the following the fields: conservation, horticulture, botany, oceanography, forestry, city planning, landscape design, land management, environmental studies, or an allied field.

Applications are available from local high school counselors or by contacting

a member of the HNGC. Completed, signed applications must be delivered to Carol Johnston, 46 Bay View Ave., Quincy, MA, 02169. Deadline for submitting applications is April 15th.

Upon timely receipt of completed applications,

accompanied by a written statement of each student's educational goals (students should not write their names on the essay page), the HNGC Student Awards Committee will review and consider materials. Student(s) granted an award will be notified by phone or mail by April 28th.

M
A
R

7

2

0

1

9

Hearing April 1 On Long Island Burial Grounds

Cont'd From Page 1

liam Harris introduced a resolution calling for the hearing during Monday's City Council meeting. Harris and Councillor Anne Mahoney also introduced a resolution seeking an update from Mayor Thomas Koch's administration on Quincy's legal efforts to block Boston from building a bridge to Long Island.

Harris' resolution noted a number of Native American and Canadian First Nation governments came together in 1991 to publicly support the preservation of Native American burial grounds on Deer Island, Long Island and other islands in Bos-

ton Harbor. Those groups formed the Muhheconneuk Intertribal Committee on Deer Island (MICDI) to represent themselves on those matters.

The MICDI has publicly voiced concern about potential Native American burial grounds on Long Island since May 2018, Harris said, and has reached out to Boston and Quincy officials with those concerns.

"I was asked by the representative from the MICDI to help facilitate this public hearing before the City Council," Harris said. "Please pass this resolution so another voice can be heard that the city of

Boston is not doing what is right with the building of the Long Island Bridge and possible future development on Long Island."

Boston Mayor Marty Walsh announced plans to rebuild the Long Island Bridge and open a substance-abuse treatment facility on the island in January 2018. Boston had hoped to start construction on the bridge this year and complete it within three years at

a cost of \$92 million. The Long Island Bridge would connect Long Island to Moon Island. The latter is within Quincy's city limits and accessible only through Squantum.

Harris, Koch and other Quincy officials were quick to oppose the plan, citing concerns over traffic the bridge would bring to Squantum.

The City Council in October 2018 approved Koch's

request for a \$250,000 appropriation for legal fees related to Quincy's ongoing litigation related to the bridge. The city had spent about \$150,000 prior to that appropriation on legal and other fees, according to Chris Walker, Koch's chief of staff. Those funds came from different line items in the city budget, such as one for outside counsel within the city solicitor's budget.

Quincy has retained the services of engineering firm Tighe & Bond and law firm Mackie Shea as consultants in the dispute over the bridge.

The bridge project has already received approval from the Boston Conservation Commission, while the Quincy Conservation Commission rejected a permit for the new span. Both decisions are being appealed to the Massachusetts Depart-

ment of Environmental Protection.

Matthew Beaton, the state's secretary of energy and environmental affairs, in September 2018 determined the project does not require an environmental impact report pursuant to the Massachusetts Environmental Policy Act.

The project also requires a Chapter 91 license from MassDEP and a federal consistency review from the state Office of Coastal Zone Management. Harris said a hearing on the Chapter 91 license would be held on April 11.

The U.S. Coast Guard and Army Corps of Engineers also have a role in the permitting process. In addition, Boston must go before the Quincy Planning Board and obtain a building permit from the Inspectional Services Department.

OBITUARY

George W. Bowers

George W. Bowers, of Quincy formerly of Dorchester, died Feb. 27.

Beloved husband to Patricia (Morris) Bowers of Quincy. Son of the late George Bowers & Rena (Lane) Bowers. Brother to the late David & Thomas Bowers. Survived by 3 children Justin, Eric and Mi-

chelle Bowers and 3 granddaughters.

Brother to Donald Bowers, Beverly Martens, Rena Devine and Jackie Rivera.

George loved playing his guitar.

Private arrangements by Hamel Lydon Chapel and Cremation Service of Mass, HamelLydon.com.

More Obituaries Pages 24-25, Page 27

Harpoon Shamrock Splash Sunday

It's that time of year again - when hordes of "L Street Brownie Wannabees" descend on the BCYF Curley Community Center in South Boston for the annual "Shamrock Splash." The goal of the "Splash" is to raise funds for Save the Harbor/Save the Bay, and ultimately beach users from Nahant to Nantasket.

Save the Harbor / Save the Bay is a non-profit public interest harbor advocacy organization. It is made up of thousands of citizens, as well as scientists, and civic, corporate, cultural and community leaders. This year's Splash will take place on Sunday, March 10. Check-in at 11 a.m., splash at noon. The Friends of Wollaston Beach ("FWB") have fielded a team of two. Long-time splasher Bob Verney will be joined this year by Mike Mazrimas. If you want to enjoy an invigorating challenge, help support the Friends of Wollaston Beach by joining the team at <http://shamrocksplash.org> - click on the "Register" tab, click on "Join a Team" and add Friends of Wollaston Beach.

If you are not quite ready to literally "take the plunge," you can donate - and that donation will be directed to programs on Wollaston Beach. Go to <http://shamrocksplash.org> - click on Donate and search "Friends of Wollaston Beach."

Maureen Mazrimas, president of FWB, noted how important this splash is as a funding mechanism. "Save the Harbor/Save the Bay has donated tens of thousands of dollars to groups across Quincy. FWB is one such recipient. This is our chance to 'pay it forward.'"

"By splashing or donating, you are giving back to the community - and particularly, supporting programs that benefit Wollaston beach users." She added, "You don't have to be from Quincy to donate or participate. If you use Wollaston at all, this is your chance to help support all the family-friendly free programs on the beach, sponsored by FWB and other groups such as Discover Quincy."

In addition to the Splash, FWB would like you to Save the Date for the fol-

lowing events:

April 6 - 10 a.m. to noon - Kennedy Center, 440 East Squantum St., FWB's Annual Meeting. Join FWB in recognizing FWB's "Friend of the Year" and "Spirit" recipient, as well as local businesses and groups that have contributed to fulfilling the mission of FWB. Light refreshments will be served.

April 27 - Park Serve Day Cleanup of Wollaston Beach - time and location to be determined

May 4 - Cleaner/Greener Cleanup of Wollaston Beach - time and location to be determined

June 22 - Cleanup of Wollaston Beach in partnership with whales.org and 4ocean - time and location to be determined

Also on June 22 is the New England Whale Festival at Marina Bay at 11 a.m.

Bethany Congregational

Bethany Congregational Church, Quincy Center, will have a Communion Sunday Worship Service at 9:30 a.m. Rev. Patrick McCorkle will be preaching his sermon "Confessions from the Wilderness."

Fellowship with light refreshments will follow the worship service.

All are welcome to attend Bethany Church Worship Services and its numerous group activities. Bethany has an active Out-

reach Committee doing various charity works.

The church office is open from 8:30 a.m. to noon and 1:00 p.m. to 4:00 p.m. Visit www.bethanycongregationalchurch.org for updates and activities. Thanks to the Video Ministry, the Bethany Church Service is broadcast on QATV at 6 p.m. on Thursdays and 10:00 a.m. on Sundays on Channel 8.

The church is wheelchair accessible.

Early Voting In City Elections Proposed

By SCOTT JACKSON

Ward 4 Councillor Brian Palmucci on Monday introduced a home rule petition that would allow early voting ahead of municipal elections.

Palmucci's legislation would allow city councils or boards of selectmen statewide to allow voters to cast ballots in the run up to municipal elections. The matter was referred to the council's ordinance committee for review during a future meeting. As a home rule petition, it would require approval from the City Council, Mayor Thomas Koch, the state Legislature and Gov. Charlie Baker before it could be-

come law.

Massachusetts has allowed early voting during the last two statewide elections in 2016 and 2018. Communities were required to have at least one polling place open during the 10 day weekdays leading up the November election those years. There was no early voting in the primary elections.

In Quincy, residents had the chance to cast their ballots during those 10 weekdays and a Saturday in both 2016 and 2018. In 2018, 4,339 residents cast their ballots during the early voting period. In 2016, 8,535 residents did so.

While not sponsored by FWB, this event promises to be a wonderful experience for the entire family. The festival features exhibits promoting marine conservation and boater education, with onsite marine mammal scientists, kid's activities, free boat rides, and the debut of life-sized North Atlantic right whale. This free festival takes place rain or shine, is dog friendly, and fun for everyone.

Liana Cunningham MASCAC Basketball Rookie Of The Year

Framingham State University freshman basketball guard Liana Cunningham of Quincy has been selected the 2018-19 Massachusetts State Collegiate Athletic Conference (MASCAC) Women's Basketball Rookie of the Year in voting conducted by the league's coaches.

Cunningham was named MASCAC Rookie of the Year after being honored by the conference as Rookie of

the Week on four occasions this winter. Cunningham directed the Rams offense starting in all 26 games contributing 112 assists, good for third in the conference. Her assist to turnover ratio of 1.4 was ninth in the league while her 44 steals were good for eighth.

Cunningham had a career high 10 assists in a win over Regis and registered nine assists on three different occasions.

QHS Sports Show

This week's sports show for Quincy High features Athletic Director Kevin Mahoney and Quincy High's Griffin Lynch from the Presidents' varsity hockey team.

This episode of the sports show will be aired every night at 6 p.m. from Thurs-

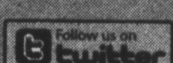
day, March 7th through March 15th on Quincy Access TV Channel 22.

The episode will also be available to watch on the Quincy High Film and Television Broadcasting YouTube channel.

Quincy Access Television
88 Washington Street
Quincy, MA 02169



www.qatv.org
617-376-1440
617-376-1441



Public Access Channel 8

Thursday, March 7
6:00pm: Bethany Congregational Church
8:00pm: QHS Girls Basketball

Friday, March 8
11:30am: LIVE: Currently in Quincy
2:00pm: Norfolk County Prevention Coalition

Saturday, March 9
12:00pm: ALL Friends Cabaret
2:30pm: At Your Library: March Happenings

Sunday, March 10
10:00am: Bethany Congregational Church
11:30am: Good News

Monday, March 11
11:30am: LIVE: Currently in Quincy
7:00pm: Eye on Quincy (replay)

Tuesday, March 12
6:00am: LIVE: AM Quincy with Joe Catalano
7:30pm: Quincy in Focus

Wednesday, March 13
6:00pm: Good News

Government Access Channel 9

Thursday, March 7
12:00pm: City Council/Ordinance 3/4
7:30pm: A Talk with ... John Keenan

Friday, March 8
6:30pm: FYI: QHD Gout
7:00pm: Norfolk County Prevention Coalition
7:30pm: State View: Senator John Keenan
9:00pm: At Your Library: March Happenings

Saturday/Sunday, March 9/10
9:30am: At Your Library: March Happenings
12:00pm: City Council/Ordinance 3/4
4:30pm: AM Quincy: Kennedy Center
7:00pm: City Council/Ordinance 3/4

Monday, March 11
6:00pm: Crime Watch: College Safety
7:00pm: Norfolk County Prevention Coalition

Tuesday, March 12
7:00pm: In the Spotlight: Discover Quincy
8:00pm: At the Library Concert: Cold Chocolate

Wednesday, March 13
6:00pm: In the Know: County Commissioner
7:00pm: A Talk with ... John Keenan

Programming is subject to change.

For a complete list of programs, please visit our website at qatv.org

On Saturday, Feb. 23, at approximately 1:10 p.m., Officer James Parisi was dispatched to the 7-Eleven store located at 495 Washington St. to take a report of a stolen car.

Sgt. Flaherty arrived first and interviewed the female victim who said that she left her car running to go inside the store. When she came out her car was gone. Sgt. Flaherty learned that the victim's car was equipped with "On Star" which makes the car traceable, so he called them and inquired as to the car's location. They told him the car was stationary in the area of 1073 Southern Artery, a large apartment complex.

Officer Parisi responded to the area and found the car in the lot of 1015 Southern Artery, which is part of the complex. The car was parked in a wooded area and unoccupied; however, it was still running. As the officer was investigating the car, he heard noise in the woods that sounded as if someone was crashing/running through them.

As plain clothes anti-crime officers arrived to watch the car in the event a suspect returned, Officer Parisi positioned himself on South Street where he believed someone moving through the woods was likely to come out. The officer spotted a male come out of the woods wearing a red zip up hooded sweatshirt, blue jeans, gray sneakers with a black stripe on the heel. He was walking casually but breathing heavily as if he had been exerting himself. There was fresh dirt on the shin area of his left pant leg.

Officer Parisi greeted the male, who was known to him and asked where he was coming from. The male said that he was coming from the Quincy Credit Union. When asked if he had conducted business there, the male said he didn't. The male's hands were shaking nervously.

Officer Parisi exited his cruiser and walked to the sidewalk where the male was standing. He could then see the clip of a knife in his pocket and fresh scratches/minor nicks on his neck face and hands. These appeared consistent with someone who had run through branches and low tree branches. When asked for his name, the male said, "Michael Downey." When asked about the fresh marks to his face, the male said he was in a fight with his girlfriend and was coming from her house. When reminded that he originally said he was coming from the Credit Union, the male said he wasn't - that he had a fight with his girlfriend.

Officer Parisi requested a second unit to assist and moments later Officers Dan Parisi, Sansevero, and Detective Eddy arrived on scene. Officer Dan Parisi conducted a pat down of the male for weapons and removed the visible knife from his front right pocket. From his back-right pocket, a four-inch spring loaded stiletto knife was removed. The male/suspect was handcuffed and read his Miranda rights, which he said he understood and was willing to talk.

A Job Well Done

By QUINCY POLICE LT. DAN MINTON

This conversation was full of more lies meant to derail officers from their current course of investigation. The male suspect consistently gave false biographical information. He gave the name of Michael Downey with a D.O.B. (date of birth) of 05-10-1996, Michael Downey D.O.B. 01-05-1990 and Shawn Downey 05-10-1996. When told the officers were investigating a recent theft of a motor vehicle, the male suspect denied anything to do with a car. He repeatedly told officers he was coming from an altercation with his girlfriend on Grossman Street.

Because of his claims of domestic violence, officers were sent to the Grossman Street address to investigate. It was determined he was involved in a domestic incident however it was several hours earlier and had nothing to do with his current activities. When asked why he was carrying two knives, the suspect said, "Because people are after me - I'm not well liked in Quincy."

While officers were questioning the suspect, Sgt. Buonaugurio interviewed the 7-Eleven store clerk, who showed him the video surveillance of the time when the car was stolen. Sgt. Buonaugurio updated units that the suspect was wearing a black winter coat with fur lining around the hood, a red hooded garment beneath that, long pants and sneakers with a distinctive black stripe on the back. The clerk said that she knows the suspect as "Shawn."

Officers Jackson and Dan Parisi conducted a canine search of the area from the stolen car to where the male was detained. During this track they recovered two pill prescription bottles with the victim's name on them and a jacket which matched the one in the store's video. Sgt. Flaherty brought the victim to her car where she took inventory of her belongings. She said that two bottles of Gabapentin pills were stolen and contained sixty pills. In addition, a vaping device and a silver Android phone were missing.

Once under arrest, the Vape and pills were found in the suspect's pockets. The phone was never found. A criminal and driving record revealed his driver's license is "suspended."

The suspect, a 24-year-old Quincy resident, was charged with operating a motor vehicle under suspension, violation



LT. DAN MINTON

probation warrant, two arrest warrants, two default warrants, larceny of a motor vehicle, larceny, possession Class C and E drugs, misleading a police officer and possession of a per se dangerous weapon. Nice Work!

THEFTS AT HEALTH CLUBS

Due to the recent increase in thefts and break-ins to lockers at health clubs, the Quincy Police Crime Prevention Unit strongly urges you to notify us if you have been a victim. It does not matter how insignificant the loss may be.

Many members report the incident solely to the health club or do nothing at all. By documenting the incidents to the Police Department, it helps us create a plan of action. It also helps us work with the health club to create a prevention plan.

Please contact the Quincy Police Department at 617-479-1212 if a past incident.

If the incident just occurred and a suspect is still on premises, call "911."

A NEW SCAM: The scammer pretends to be from the federal government and preys on international students. Foreign students, particularly from South Asian countries, are getting phone calls that look like they are from the government.

The caller typically knows about a student's immigration status and the program or school they're attending. The scammer will initiate conversation by stating that there is a problem with the student's immigration documents or visa renewal, followed by a demand for immediate payment, often thousands of dollars, for a penalty fee or bogus immigration bond.

The scammers will threaten with arrest or deportation if the students don't pay up. This is where this new scam ends because as in many scams, payment is demanded in gift cards (like Google Play or iTunes) or a crypto-currency (like Bitcoin). Keep in mind that the federal government does not make a phone call about such a matter; they don't make threats and wouldn't ask for gift card payments.

Scammers like gift cards and crypto-currency because they can get the money and disappear without a trace. If you get a call or email demanding payment, you should know that a letter precedes any telephone conversation and in that letter is a phone number for you to call the government agency. By talking to trusted people and/or your local Police, they will help you determine that this is a scam.

If you are concerned about your visa or immigration documentation, call USCIS's National Customer Service Center at 800-375-5283. As in any demand for payment, claiming to be from a utility, a state, local or federal government, if the scammer wants gift cards, it is clearly a scam - NO EXCEPTIONS!

QUINCY POLICE CRIME PREVENTION JOURNAL

Quincy Police Statistics

Feb 22 - Feb 28

Calls: 1023

Arrests: 18

Stolen Vehicles: 3

FRIDAY, FEB. 22

LARCENY, 12:19 p.m., Lind St. Caller states there are things that were stolen by person(s) hired to help move things to residence. Caller has suspect(s) names. Gold coins and other valuables stolen.

LARCENY, 12:59 p.m., 38 Broad St. Caller states a party known to him stole his meds yesterday.

SATURDAY, FEB. 23

MOTOR VEHICLE LARCENY, 1:09 p.m., 7-Eleven, 495 Washington St. Party went in to get drink. Car was running and did not see anyone who took it or which direction it fled. Dog tracking from the location of the recovered car to the location the suspect was detained. Officer stating his K-9 is locating evidence of property belonging to vehicle owner. During track, officer also discovered evidence to suggest suspect may have attempted a break in on South Street. Arrest made. Vehicle returned to owner.

SUNDAY, FEB. 24

ASSAULT AND BATTERY, 12:47 a.m., South Side Tavern, 73 Liberty St. Twenty people. Unknown weapons. Man is down. Brewster notified for man down. One to QMC. Report and complaints to be filed for A&B. Nurse at QMC reports the person brought to the hospital has a head bleed. Injury is significant. Patient transported to BMC.

VANDALISM/PROPERTY, 1:05 p.m., Coco Nails, 1361 Hancock St. Neighbor reports front door is smashed. Didn't hear anything. Just heard it now. Entry was not made.

MOTOR VEHICLE LARCENY, 5:48 p.m., 2 Hancock St. Caller doesn't know if his car was stolen or towed.

ARMED ROBBERY, 8:48 p.m., Dunkin' Donuts, 588 Washington St. A male party came in and pulled out a knife and told workers to give them the money. No money was exchanged. White male in his late 50s. 5'6". Kelly green cap pulled down, black jacket and black pants. Light brown

sweater. White sneakers. Nine-inch knife with wood handle in waist band.

MONDAY, FEB. 25

LARCENY, 10:52 a.m., Union St. Was on vacation and when he returned he found his wife's gold jewelry and his Rolex missing.

VANDALISM/PROPERTY, 12:44 p.m., Fenno St. Caller reports spilled coffee and blinds pulled down on porch; empty box taken.

LARCENY, 2:55 p.m., Crane Library, 40 Washington St. Female had her purse stolen. Incident closed. She found her purse.

BREAKING AND ENTERING, 3:48 p.m., Union St. Happened earlier in the week.

LARCENY, 6:11 p.m., Pine St. Packages.

BREAKING AND ENTERING, 7:28 p.m., 925 Hancock St. Third party caller states resident's door was locked, unknown came in and took pocketbook off table. Caller was translator for resident.

TUESDAY, FEB. 26

LARCENY, 9:07 a.m., Bennington St.

VANDALISM/PROPERTY, 9:08 a.m., Crosby St. Vehicle.

BREAKING AND ENTERING, 11:57 a.m., 128 E. Squantum St. Dwelling.

LARCENY, 3:27 p.m., Cleverly Ct. Uber driver had an LG tablet taken about two weeks ago.

BREAKING AND ENTERING, 4:16 p.m., Quincy Ave. Door kicked in.

LARCENY, 6:56 p.m., Presidential Dr. Jewelry.

WEDNESDAY, FEB. 27

VANDALISM/PROPERTY, 8:09 a.m., 1000 Southern Arty. Numerous cars.

LARCENY, 8:11 a.m., YMCA, 79 Coddington St. Toiletries taken yesterday.

THURSDAY, FEB. 28

MOTOR VEHICLE LARCENY, 10:31 p.m., Evolino's, 103 Franklin St. Fifteen minutes ago. White Escalade. Vehicle was running. Fob was with owner. Unknown direc-

tion of flight. Caller has GPS in vehicle; located near Eaton's Pond. MV does not appear damaged. Party will be filling out a stolen MV form and taking the vehicle.

If anyone has more information about any of the aforementioned incidents or would like more information, contact Crime Prevention Lieutenant Dan Minton at 617 745 5719

STOLEN MOTOR VEHICLES: 103 Franklin St., 495 Washington St., 2 Hancock St.

CAR BREAKS: Pontiac Road

BREAKS AND ATTEMPTED BREAKS: Quincy Avenue, East Squantum Street, 900 block of Hancock Street, Union Street

If you have information on the above crimes, drug activity or any crime, please call the Quincy Police Detective Bureau at 617-745-5764 or log onto the following website: <http://tinyurl.com/ytf6td>.

To report suspicious drug activity, call the Drug Hotline at 617-328-4527. You will not be required to identify yourself, but it could help. To make an appointment to view the Registered Sex Offenders book, call Detective James Dentrement at 617-745-5755.

To contact the Crime Prevention Officer for tips or comments, my direct line is 617-745-5719. My e-mail address is dminton@ci.quincy.ma.us - Lt. Dan Minton.

Entries in the Quincy Police Crime Prevention Journal are compiled and submitted by the Quincy Police Department.

They are published by The Quincy Sun as a public service to make local residents more aware of any crime activity in their neighborhood. Questions concerning the Quincy Police Crime Prevention Journal list should be directed to Crime Prevention Officer Lt. Dan Minton, 617-745-5719.

M
A
R

7

2

0

1

9

Purim Celebration March 20

Join Temple B'nai Shalom of Braintree for its Purim Celebration on Wednesday, March 20th at 6:30 p.m.

Wear a mask or costume and participate in the Purim Contest for prizes, bring

family and friends to join our celebration. Join us as we read the Megillah and boo the evil Haman, enjoy refreshments with us, taste delicious hamentaschen and other holiday foods.

First Baptist Church Of Wollaston

Sunday morning worship begins at 10:30 a.m. at the First Baptist Church of Wollaston, 81 Prospect Ave., Quincy. Everybody is welcome to the warm fellowship and coffee hour after the service.

Prior to the worship service is an English Bible Class in Chapel at 9:15 a.m.; a Vietnamese Bible Class at 9 a.m. Contact Pastor Ducducphamboston2015@gmail.com.

Serving the church will be greeter: Frank and Karen Corinha; reader: Nancy Roger

Pastor David Choi will preach his sermon, "Is My Salvation Real" (II Cor 13:5-6).

A contemporary worship service including a Bible

class is held Sunday from 12:30 to 2 p.m. Contact wolla.dave@gmail.com for directions.

Looking for in-depth Bible discussions? Come and join our Thursday Bible Class at 7 p.m. Have fun of learning the Bible.

The church office is open from 10:30 a.m. to 5 p.m. Tuesday, Thursday and Friday. For more information call 617-472-0824 or visit www.FirstBaptist-ChurchOfWollaston.org for updates and activities.

All areas of the church are handicap accessible.

Bible Trivia: What Gospel is written by a doctor (and the author of the book of Acts)?

Answer: Luke - in Colossians 4:14.

Quincy Point Congregational

Rev. Kimberly Murphy of Quincy Point Congregational Church will conduct a 10 a.m. Ash Wednesday Service at 1000 Southern Artery.

Another service of Ash Wednesday will take place in the Baharian Chapel at QPCC (enter via doors by Dunkin Donuts) at 6:30 p.m. Rev. Liz Williams of the Wollaston UCC Congregational Church and Rev. Kimberly Murphy of QPCC will co-lead this service of Holy Communion and the imposition of Ashes.

This Sunday after worship all are invited to see a QPCC Art Show in the Social Hall. There will be paintings, photos, home-made rugs, needlepoint, felt art, lampshades, Nantucket baskets and more.

Other Lenten activities will include a Lenten DVD Bible Study. The series runs March 5 through April 16 at the 10 a.m. Tuesday Bible Study in Room 1 at QPCC. The DVD is, The Way, Walking in the footsteps of Jesus, by Adam Hamilton. Newcomers to this group

are always welcome.

The Lenten Mission project is collecting toiletries for the children and teens that are helped via the McKinney Vento Project (Homeless Assistance Act) in the Quincy Public School System. We are collecting: deodorants for a male or female (any size), toothpaste (any size- no need for toothbrushes), dental floss, conditioner (no need for shampoo), small first aid kits, and small packs of tissues. You can drop these items off any Sunday. A collection bin will be located in the downstairs Social Hall or an usher can take them. If you would like to drop off any items during the week, the church office is open from 9 a.m. to 2:30 p.m. Ring the doorbell by Dunkin Donuts or the doorbell on Abbey Road by the elevator accessible entrance.

There is also a Lenten Bible Challenge. The church school is memorizing bible verses and they challenge the whole congregation to also. This week is: Luke 10:27.

RELIGION

Houghs Neck Congregational

The Sunday morning worship service starts after the bell is rung by Erica Brown and Walen Yardley.

Liturgist Cassie Gordon will welcome and call to worship. Pastor Steven Vandergrift will lead the service and preach his sermon.

Cindy Milford and Robert Rheault will serve for the Diaconate. Steve Reed, minister of music will direct the choir. A fellowship cof-

fee hour hosted by Nancy Jacobs follows the service. All are welcome.

Thursday at 7 p.m. and Saturday at 10 a.m. yoga is held in Fellowship Hall with Amy Ross. Bring a mat, water and \$5.

Tuesday at 7 p.m. Seaside Social Club meets with Gayle Mackay, president for Bunko Night. Learn to play and win prizes. Donation \$5.

Kirkin O' The Tartans April 6 At First Presbyterian Church

The Scots' Charitable Society invites the public to a Tartan Day Celebration with the Kirkin O' the Tartans Saturday, April 6 at 10 a.m. at First Presbyterian Church, 270 Franklin St., Quincy.

The event will feature the time-honored Scottish tradition of blessing the clans and tartans that make up this proud culture and heritage.

The Kirkin worship service will be followed by a buffet luncheon in the

church fellowship hall.

For more information, call Scots' Charitable Society President Alan McCall at 857-919-1583.

Founded in 1657, The Scots' Charitable Society is the oldest charitable organization still existing in the Western Hemisphere. The society awards undergraduate scholarships to persons of Scottish descent and provides relief to individuals and Scottish families in need.

Quincy Religion Directory			
SERVICES & ACTIVITIES			
Catholic St. Mary's Church 95 Crescent St., Quincy • 617-773-0120 <i>Masses</i> Saturday, 4pm, Sunday 8 & 10:30am Tuesday/Thursday 9am Handicapped Accessible <i>New Members Welcome!</i>	Catholic Sacred Heart Church <i>"A Roman Catholic Community walking together in Faith, Worship, Education and Service"</i> 386 Hancock St., North Quincy, MA 02171 (617) 328-8666 <i>Sunday Masses</i> 4 pm (Saturday) 7:30 & 10:00 am and 6:00 pm <i>Weekday Masses</i> Monday - Friday 7 am Monday & Saturday 9 am Handicapped Accessible <i>Confessions</i> Sat. 3-3:45pm in Saint Joseph Oratory	Congregational HOUGH'S NECK CONGREGATIONAL CHURCH 310 Manet Avenue 617-479-8778 www.hncong.org Sunday Worship Service at 10 a.m. Pastor Stephen Vandergrift will lead the service and preach his sermon <i>All are welcome to attend</i> FELLOWSHIP COFFEE HOUR FOLLOWING SERVICE	Congregational Wollaston Congregational Church United Church of Christ 48 Winthrop Avenue Quincy, Massachusetts Inclusive Family Worship at 10 a.m. Elizabeth J. Williams Pastor 617-773-7432 www.wollastonucc.org Unitarian Universalist United First Parish Church <i>A theologically liberal congregation, encouraging people to seek their own spiritual path. All are welcome.</i> Worship Service & Church School: Sundays at 10:30 AM Followed by Fellowship & Refreshments Rev. Rebecca Froom 1306 Hancock St., Quincy www.ufpc.org
ST. AGATHA CHURCH MILTON-QUINCY 432 Adams Street Milton, MA 02186 • 617-698-2439 <i>Schedule of Masses:</i> Saturday: 8:00AM and 4:30PM Sunday: 7:30AM, 9:00AM, 10:30AM 12NOON and 5:00PM Weekday Masses: 7:00 & 9:00AM Reconciliation 3:45PM-4:15pm on Saturdays, other times by appointment Handicapped Accessible, handicapped parking, elevator to Upper/Lower Churches ~ Air-Conditioned	St. Joseph's Church 550 Washington Street Quincy, MA 02169 • 617-472-6321 SUNDAY MASSES: 4 p.m. (On Saturday) 8:30 a.m. and 10:30 a.m. <i>Weekday Masses:</i> Mon., Tues., & Thurs. 9a.m. CONFESSIONS: Saturday, 2:30-3:30 pm Handicapped accessible & Handicapped parking, side entrance Air-conditioned	BETHANY CONGREGATIONAL CHURCH Spear & Coddington Streets Quincy Center, 617-479-7300 www.bethanycongregational.org Sunday Worship Service at 9:30AM Rev. Patrick McCorkle will be preaching his sermon 'Confessions From the Wilderness' <i>ALL ARE WELCOME!</i> Fellowship following the service Church is handicap accessible	Christian Science First Church of Christ, Scientist 1460 Hancock Street, Quincy 617-472-7099 Sunday Services and Sunday School 10:30 a.m. Wednesday Evening Meetings - where testimonies of healing are shared 7:30 p.m. ALL ARE WELCOME! Nazarene Wollaston Church of the Nazarene Come Join Us For Sunday Worship! 8:00 AM Worship Service (Holy Communion & Liturgy) 9:00 & 11:15 AM Weekly Small Groups 10:00 AM Worship Service Stephen "Stretch" Deap, Lead Pastor Andrea Sawtelle, Youth Pastor Bev Keuther, Children's Pastor Don Reed, Visitation Pastor 37 E. Elm Ave., Wollaston 617.472.5669 email: office@wconaz.org www.wollastonnazarene.org
St. John The Baptist ROMAN CATHOLIC CHURCH 44 School St., Quincy 617-773-1021 Weekend Mass Schedule Saturday, 4:00 PM Sunday, 8:30 AM & 11:00 AM Sunday night, 5:00 PM Weekday Masses Wed., Fri., and Sat. 8:00 AM Confessions Wed. 8:30 - 9:00 AM Sat. 2:30 - 3:30 PM Handicapped Accessible	Holy Trinity Parish <i>Come and Worship!</i> Most Blessed Sacrament Church 1031 Sea St. WEEKDAY MASSES 9:00AM Tuesday and Thursday WEEKEND MASSES 4:30 PM Saturday and 8:30 AM Sunday Our Lady of Good Counsel Church 237 Sea St. WEEKDAY MASSES 9:00AM Monday and Wednesday WEEKEND MASSES 6:00PM Saturday and 10:30 AM Sunday CONFESSIONS: 3-4pm Saturday Rev. Martin Dzengeleski- Pastor Phone: 617-479-9200 EMAIL: holytrinityquincyma@gmail.com VISIT: www.holytrinityquincy.com	Quincy Point Congregational Church United Church of Christ 444 Washington St. (617) 773-6424 www.quincypointcong.org Sunday Worship and Sunday School at 10 am Elevator Access via Abbey Rd Rev. Kimberly Murphy, Pastor Rachel Hallenbeck, Minister of Music Angelina DeCristofaro, Youth Dir.	Methodist QUINCY COMMUNITY UNITED METHODIST CHURCH 40 Beale St., Wollaston 617-773-3319 10:30 AM Sunday Worship Rev. Rebecca E. Baumann
Saint Ann's Church 757 Hancock St., Wollaston 617-479-5400 Mass Schedule: Sat. 4:00 PM / Sun. 9, 11 AM Daily Mass: Wednesday and Friday, 9 AM Confessions: Saturday 3-3:30PM Handicapped Accessible via Elevator	Salvationist THE SALVATION ARMY 6 Baxter St., Quincy • 617-472-2345 9:45AM CHRISTIAN EDUCATION 11AM WORSHIP SERVICE BRASS BAND MUSIC NOON THURS. WOMEN'S FELLOWSHIP 6:30PM WEDS. BIBLE STUDY	Church of Christ CHURCH OF CHRIST IN MILTON 330 Edge Hill Rd., Milton, MA 02186 • 617-274-2409 www.churchofchristinmilton.org Maurice Davis, Minister SUNDAY WORSHIP 8AM, 11AM and 6PM Sunday Bible Study 9:45AM Tuesday Bible Study 11:00AM Wednesday Bible Study 7:00PM 3rd Friday - Couples 7:30PM 4th Friday - Youth 7:30PM	Non-Denominational LIGHTHOUSE FELLOWSHIP 65 Newbury Ave., N. Quincy Worship & Children's Church 10AM Pastor Mike Fehan 617-847-4444 Mid-week studies & youth group mjfehan@gmail.com

To Advertise in this Directory, Call 617-471-3100

OBITUARIES

Eleanor A. McBride, 85

A funeral Mass for Eleanor A. (O'Brien) McBride, age 85, of Quincy was celebrated Monday in St. Joseph's Church, Quincy.

Mrs. McBride died peacefully Feb. 25 surrounded by her loving family in her home.

Her life revolved around her deep faith, sense of community, her family and many friends. A lifelong Quincy resident, Mrs. McBride attended St. John's Elementary School, graduating in 1947. She graduated from Cathedral High School, Boston in 1951 and it was there where she met her husband of 62 years, Bob McBride, formerly of Dorchester. Mrs. McBride was a member of the first graduating class of Catherine Labouré School of Nursing in 1954 and then worked at Carney Hospital in Dorchester as an RN.

A parishioner of St. Joseph's Church in Quincy for over 58 years where for many years she faithfully attended daily Mass, Mrs. McBride was a member of the St. Joseph's Ladies Sodality, serving as prefect from 1968-1970. A member of both the Catherine Labouré Alumni Association and the Cathedral High School Alumni Committee, Mrs. McBride enjoyed planning the annual Cathedral HS reunions.

Mrs. McBride was a faithful fan of all her children's activities and sporting events, ranging from Cub Scouts to Panther football, cheerleading, youth baseball, and dancing recitals to name a few. You could always spot Mrs. McBride in the crowd by her infamous cowbell at numerous sporting events at AWHs in Braintree. All her and Bob's six children attended AWHs where she was also an active member of the Bishops Guild Association.

When Mrs. McBride's family was younger, she



ELEANOR A. McBRIDE

enjoyed many summers at Hampton Beach with her family and friends. In their retirement, Mrs. and Mr. McBride loved making day trips to northern New England. But for over 30 years, Martha's Vineyard was their favorite vacation spot every final week in August.

The beloved wife of Robert E. McBride, Mrs. McBride was the loving mother of Michael T. McBride and his wife Marie of Abington, Thomas E. McBride and his wife Lynda of Shrewsbury, Maureen Mitropoulos and her husband Nicholas of No. Reading, Mary E. Joyce and her husband Dan of Scituate, Margaret McBride of Hingham and Marilyn McBride of Quincy. She was the devoted grandmother of Robert, Andrew, Jennifer, John, Alexander, Timothy, Shelagh, Brendan, Daniel and the late Christopher; dear sister of Marie Newton of Avon and the late Mary Ann D'Antonio; and is also survived by four dear sisters-in-law, a brother-in-law, and many nieces and nephews.

Interment at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to St. Joseph's Church in Quincy, 556 Washington St., Quincy, MA 02169 or Labouré College, 303 Adams St., Office of Institutional Advancement, Milton, MA 02186.

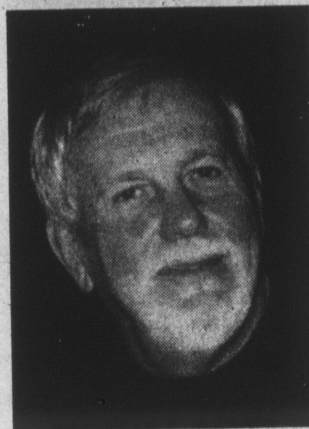
Thomas A. Banks Jr., 75

A Mass of Christian Burial for Thomas A. Banks Jr., age 75, was celebrated Monday in St. Thomas Aquinas Church, Bridgewater.

Mr. Banks died peacefully Feb. 27 after a short illness while surrounded by his family.

He grew up in Quincy and was a graduate of Quincy High School, Class of 1963. He served in the National Guard from 1965 to 1970. Mr. and Mrs. Banks were married in May 1966. They settled in Whitman before moving to Bridgewater 35 years ago.

Mr. Banks worked for many years as a manager for Johnson & Johnson, retiring at age 50. He and Liz loved traveling and being with their family. He had a great sense of humor and was always trying to put a smile on your face. He was an enthusiastic golfer who traveled to Myrtle Beach twice a year with his best friend Bob or being with his friends at the Polish or Vet's Club. Mr. Banks enjoyed cards, a cold beer, hunting, singing and dancing to James Brown songs. He was a longtime member of the Raynham Athletic Club and was proud of having the same workout instructor for 30 years.



THOMAS A. BANKS

Mr. Banks was the devoted and funny husband of Elizabeth (Sullivan) Banks of Bridgewater and was loving "Uncle Tom" of Jean M. Sullivan of Bridgewater, Monica A. Sullivan of Plymouth, Stephen R. Sullivan and his wife Joleen of MO, Daniel W. Sullivan Taunton, the late Timothy Sullivan and his wife Jane Mulvana of Quincy, Lee Ann Tata of East Bridgewater, and Lynn MacDonald of East Bridgewater. Also survived by many loving great nieces and nephews, cousins and many, many friends.

Interment at Mount Prospect Cemetery, Bridgewater.

Funeral arrangements were made by Prophet Chapman, Cole & Gleason Funeral Home, Bridgewater.

Memorial donations may be made to St. Jude Children's Hospital, 501 St. Jude Place, Memphis, TN 38105.

Renaldo W. Mauritsen, Jr., 88

Funeral services for Renaldo W. "Ren" Mauritsen, Jr., age 88, a lifelong Quincy resident, were conducted March 2 at the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mr. Mauritsen died peacefully Feb. 27 at home.

Renaldo was born in Quincy to the late Renaldo W. and Elizabeth (Rintela) Mauritsen.

He was employed as a sheet metal worker with Local 17 for over 50 years.

Ren proudly served in the Army National Guard of Massachusetts.

He was a longtime Freemason. A member and Past Master in 1967 of the Wessagusset Lodge in Weymouth and a Past Patron of the Order of the Eastern Star. He was also a member of the Grotto Scottish Rite and The Shriners.

Ren was a talented woodcarver and enjoyed making various items for family and friends.

Most of all, he was devoted to his family.

Beloved husband of the late Frances J. (Spell) Mauritsen.

Devoted father of Danny E. Mauritsen of Quincy and Donna J. O'Brien and her late husband Michael of Quincy and the late Renaldo W. Mauritsen III.

Loving grandfather of Tyler Mauritsen and the late Garrett Mauritsen.

Ren is also survived by his longtime best friend, Mary Smith of Weymouth.

Interment was at Blue Hill Cemetery, Braintree.

Memorial donations may be made to the Shiner's Hospital for Children - Boston, 51 Blossom St., Boston, MA 02114.

Frances A. Kabilian, 72

A funeral Mass for Frances A. "Toni" (Ruggiano) Kabilian, age 72, a lifelong Quincy resident, was celebrated Tuesday in St. John the Baptist Church, Quincy.

Mrs. Kabilian died peacefully Feb. 28 at South Shore Hospital, surrounded by her loving family.

She was born in Quincy to the late Andrew and Frances (Mignosa) Ruggiano. Raised in Quincy, she was a graduate of Quincy High School, Class of 1964. She loved spending time with her family at their summer home in Wareham for sixty years.

She had been employed for over twenty-five years with the Quincy Public Schools. She worked as an office assistant and had spent most of her career at the Reay E. Sterling Middle School. Mrs. Kabilian enjoyed bingo, playing cards and trips to the casinos with family and friends. She was a longtime member of Saint John the Baptist Parish in Quincy. She was dedicated to her family and especially to her cherished grandchildren, supporting all their many activities and accomplishments.

Kevin F. McDonough

A memorial service for Kevin F. McDonough of Whitman, formerly of Quincy, was held March 2 in the Leighton-MacKinnon Funeral Home, Hanson.

Mr. McDonough died Feb. 23 surrounded by his devoted family.

He was born on Feb. 14, 1947. He was the loving husband of Joan (Ronayne) McDonough. They were married in Milton 48 years ago.

Mr. McDonough is the beloved father of James F. McDonough II and his wife Tara (Dertzo) McDonough of Hanson, Matthew W. McDonough and his wife Rebecca (Osborne) McDonough of Hanover, and Sarah K. DeSantes and her husband Brian of Hanson. He left behind eight adoring grandchildren, Owen, Tyler, Luke, Drew, Benjamin, Ashton, Teddy and Devin.

He retired from Verizon as a manager, in building operations in 2002. He was known for his amazing mechanical ability as well as financial expertise and notorious for his sense of humor! He loved playing blackjack and simple card games like 13.

Mr. McDonough enjoyed fishing and boating on the Sarah Kate out of Taylor Marine, Marshfield and Squantum Yacht Club.

He persevered after losing his right eye at 18 in an accident. He developed uveitis in his left eye 14



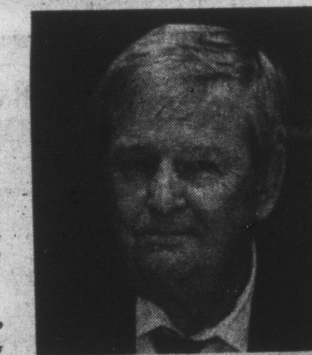
FRANCES A. KABILIAN

plishments.

Beloved wife for forty-nine years of Arthur J. Kabilian. Devoted mother of Arthur J. "AJ" Kabilian and his wife Julie, Toni M. Kabilian and David C. Kabilian all of Quincy. Loving "Grandma" of Brendan, Andrew and Lauren Kabilian. Dear sister of Andrew Ruggiano of Quincy and the late John Ruggiano. Much loved niece of Kay Staffieri of Rockland. Also survived by many special family members, cousins and friends.

Interment at Pine Hill Cemetery, Quincy.

Funeral arrangements were made by the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.



KEVIN F. McDONOUGH

years ago and his sight was saved by the amazing Dr. Stephen Foster of MERCI.

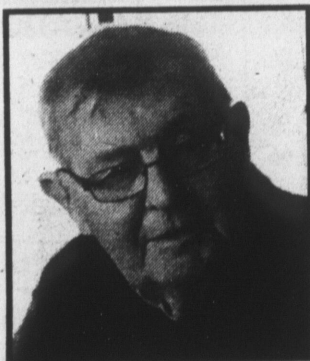
Mr. McDonough was predeceased by his parents James F. And Elizabeth (Smith) of Quincy. He was born in Boston.

Mr. McDonough is also survived by his brother Paul and his wife Christine (Chisholm) McDonough of Weymouth, his sister Nancy and her husband Greg of Franklin, his brother Brian of Quincy, and his brother James and his wife Yoshiko of Okinawa.

He also leaves behind his sister in law Barbara (Ronayne) Shea of Quincy and her husband Jimmy and his brother in law William F. Ronayne and wife Barbara (Grealish) of West Roxbury. Heloved his wonderful extended family and friends, especially Phil and Charlene Rollins of Whitman and their family.

Memorial donations may be made to MERSI, Massachusetts Eye Research and Surgery Institution, 1440 Main St., Suite 201, Waltham, MA 02451.

In Loving Memory
On Your 1st Anniversary
MALCOLM S. MACNEIL
4/26/44 — 3/9/2018



Not a Day goes by without thinking of You.

Love and Miss You Always,
Joanne, Laura, Brian & Kate, John & Patty,
Matt & Stacey
and all the grandchildren

Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884

M
A
R

7

2
0
1
9

Janet Cotè, 87

A Mass of Christian Burial for Janet (Filippis-Aiello) Cotè, age 87, of Quincy, formerly of Providence, was celebrated March 1 in St. Anthony Church, Cohasset.

Mrs. Cotè died peacefully Feb. 21 at South Shore Hospital after a brief illness.

Beloved mother of Suzanne M. Hickey and loving grandmother of Brian A. Hickey and Sean M. Hickey. She was the sister of the late Lewis Phillips and Emma A. Colantonio. Born in Providence, she was the daughter of the late Francesco and Francesca (Aiello) Filippis. She is also survived by seven nieces; Maria Phillips, Anne Phillips, Teresa Reynolds, Christine Drager, Joyce Colantonio, Angela Niles, Jerilyn Pirri and three nephews: Randy Bass, Stephen Cotè, and Joseph Colantonio along with many grandnieces and grandnephews.

Mrs. Cotè, a graduate of Johnson and Wales University, received her bachelor's degree in business administration while working full time to achieve the goal of being the first woman underwriter in Providence. She worked in the industry for over 30 years, earning her CPCU designation and reached the title of senior property/casualty underwriter.

After retiring from the field, she joined the New England Pension Assistance Project and together with five retired women voluntarily working raised \$9 million in eight years for their benefactors. She was also a member of the Insurance Women of Greater Providence, the MA Association of Older Americans, The

Judith M. Foley, 57

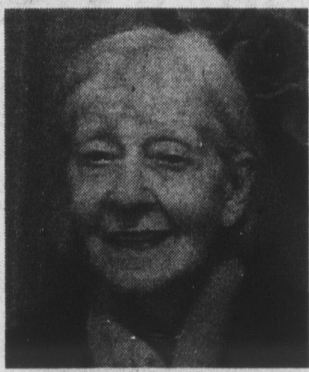
A funeral Mass for Judith Mary "Judy" (Albanese) Foley, 57, of Quincy, was celebrated Monday in Sacred Heart Church, Quincy.

Mrs. Foley died in Boston on Feb. 26.

Born the fourth of five siblings to Ruth (Cronin) Albanese and the late Anthony Albanese on Jan. 29, 1962, Mrs. Foley spent a vast majority of her life in the city that she would forever call home, Quincy. Mrs. Foley was an impassioned voice against hate and bigotry, and while she knew that love wouldn't be enough to solve all the world's problems, it never stopped her bold, beautiful, and bleeding heart from standing up for what she believed in.

Mrs. Foley loved rock 'n' roll, the New England Patriots, cryptogram puzzles, Pepsi, court TV, her pets, and above all else, her family.

She is survived by James Foley, her husband and best friend of more than thirty years; her son Michael Foley, who made her remarkably proud every day; her



JANET COTÈ

Friendship Works in Boston, the Osher Lifelong Learning Institute of Boston, volunteered for many a work party for the Evan Henry Foundation for Autism and was president of the Lions Club in 2007.

Mrs. Cotè dedicated her free time participating in healthy control studies to aid in research purposes for all women kind. Her final granted wish was to donate her brain to Mass General Hospital in Boston for diagnostic and research purposes in the interest of advancing science for all.

Mrs. Cotè was able to put her grandchildren through three of the four years of college single-handedly and has left an indelible mark of love and pride on all. She had an amazing sense of humbleness, kindness, and wit. She handled her recent illness with grace and dignity, never faulting for a moment. She was her family's role model, their fearless leader and loving matriarch. All who knew Mrs. Cotè were truly blessed.

Funeral arrangements were made by McNamara-Sparrell Funeral Home, Cohasset.

Memorial donations may be made to the Women's Lunch Place, 67 Newbury St., Boston, MA 02116.

daughter and closest confidante, Keryn Thomas; her son-in-law Jason Thomas, whom she loved as fiercely and wholly as she did her own children; her two grandchildren, Jameson and Delilah, who were her entire world, from the moment they were born, and who will sorely miss their Nonni for the rest of their lives; Margaret Tobin, her lifelong best friend and partner in crime; her beloved mother, Ruth Albanese; four siblings, and innumerable nieces, nephews, aunts, uncles, cousins, in-laws, and friends. She was preceded in death by her hero, her father, Anthony Albanese.

Interment at Blue Hill Cemetery, Braintree.

Funeral arrangements were made by Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to Brigham and Women's Hospital, Development Office, 116 Huntington Ave., 3rd Floor, Boston MA 02116, or by visiting giving.brighamand-womens.org.

Christine M. Canavan, 83

A funeral Mass for Christine M. "Tina" (Stuhl) Canavan, age 83, of Quincy was celebrated March 2 in St. John the Baptist Church, Quincy.

Mrs. Canavan died Feb. 25 surrounded by her loving family.

Originally from South Boston, she graduated from South Boston High and in 1962 moved with her husband to Quincy to raise their five children. Mrs. Canavan later worked as the executive hostess for the dining room at South Shore Bank in Quincy Center and enjoyed spending time with her dear friends.

The beloved wife of the late Joseph John Canavan, she was the loving mother of Joseph J. Canavan and his wife Susan of Quincy, Stephen Canavan and his wife Barbara of Weymouth, Thomas M. Canavan and his wife Christine of Braintree, Michael D. Canavan and his fiancée Caitlin Petrizzi of Wareham and Daniel Canavan and Malinda Braga of Hingham; dear and devoted grandmother of Jessica, Joey, Thomas, Christina, Emily, Ryan, James, Mary Katherine, Aidan, Liam,



CHRISTINE M. CANAVAN

James and Matthew; great grandmother of Isabelle Marie; beloved sister of Mary Klier of Cohasset, Jean Lewis of Braintree and the late Charles Stuhl; and is also survived by many nieces and nephews.

Interment at Mount Wollaston Cemetery, Quincy.

Funeral arrangements were made by the Dennis Sweeney Funeral Home, 74 Elm St., Quincy.

Memorial donations may be made to the McCourt Foundation, 100 Grandview Rd., Ste 212, Braintree, MA 02184, mccourtfoundation.org, or the American Cancer Society, 30 Speen St., Framingham, MA 01701, cancer.org

Janet F. Mullen, 79

A prayer service for Janet F. (Morrison) Mullen, age 79, of Quincy, formerly of Dorchester, was held Wednesday at 7 p.m. in the Sweeney Brothers Home for Funerals, 1 Independence Ave., Quincy.

Mrs. Mullen died peacefully Feb. 27 at Beth Israel Deaconess Medical Center, surrounded by her loving family.

She was born in Boston to the late Frederick R. and Edith M. (Whittaker) Morrison. She was raised in Dorchester and was a graduate of Boston Latin High School. Mrs. Mullen was also a graduate of the former Boston State Teacher's College and later earned her master's in education from Cambridge College. She had lived in Quincy for sixty years.

She was an elementary school teacher in Boston and had spent her thirty-three-year career at the Paul A. Dever School in Columbia Point. Mrs. Mullen enjoyed arts and crafts and was talented in making stained glass items, including lampshades and window pieces. She loved animals. Most of all, she was dedicated to her family and especially to her cherished grandchildren, supporting all their many activities and accomplishments.

Beloved wife of the late Joseph C. Mullen. Devoted mother of John R. Ingram of Quincy, Jennifer C. Bergonzi and her husband Paul

of Quincy. Loving grandmother of Luke Ingram of Dorchester, Hannah Ingram, Robert, Ashley, Jake, and Madeline Bergonzi, all of Quincy. Dear sister of Richard Morrison and his wife Carolyn of Gilbert, Arizona. Also survived by several nieces and nephews.

Visiting hours were 5 to 7 p.m. Wednesday in the funeral home.

Private interment.

Memorial donations may be made to the Quincy Animal Shelter, P.O. Box 690088, Quincy, MA 02269.

Joan M. Kenney, 88

A funeral Mass for Joan M. (Lennon) Kenney, 88, of Stoughton, formerly of Wollaston, was celebrated Tuesday in St. Ann's Church, Quincy.

Mrs. Kenney died peacefully surrounded by her loving family Feb. 27.

Born in Quincy, she was raised in North Quincy and was the daughter of the late Thomas and Gertrude (Martin) Lennon.

Joan was the beloved wife of the late James P. Kenney, who died in 2009. She was the devoted mother of James P. Kenney, Jr. and his wife Deborah of Stoughton, and JoAnn Kenney of Quincy. Joan was the loving grandmother of Adam Kenney of South Boston and the dear sister of the late Thom-



JOAN M. KENNEY

as Lennon. Joan is also survived by many loving cousins, nieces and nephews.

Interment was in Blue Hill Cemetery, Braintree.

Funeral arrangements were made by the Keohane Funeral Home, 785 Hancock St., Quincy.

Memorial donations may be made to a charity of choice.

John E. Francil, Sr., 71

A memorial funeral Mass for John E. Francil, Sr., age 71, of Quincy, was celebrated March 2 in St. John the Baptist Church, Quincy.

Mr. Francil died peacefully Feb. 24 at the Seasons Hospice Inpatient Center in Milton, in the comfort of his loving family.

He was born in Limon, Colorado. He was raised there and moved to Boston at the age of 9. Mr. Francil had lived in Quincy for the past 12 years, previously in Rockland for 10 years, and earlier in South Boston for 10 years. He was employed as a supervisor for the former Cole Hersee Company in South Boston for 20 years.

Most of all, Mr. Francil was dedicated to his family. He loved his grandchildren, who brought him much joy, and enjoyed supporting all of their many activities and accomplishments.

Beloved husband for 44 years of Pamela M. (Mount)

Francil. Devoted father of Pamela Francil Cannalonga and her husband Jae of Worcester, John E. Francil, Jr. and his wife Michelle Oleson of Quincy, and Daniel S. Francil, Sr. and his wife Beverly Oleson of Palmer. Loving grandfather of Hayli Melanson Francil of Worcester, Matthew Francil, Cody Francil, Mason Francil, all of Quincy, and Daniel S. Francil, Jr. of Palmer. Dear brother of James Francil and his wife Mary of Weymouth and predeceased by four siblings. He is also survived by many nieces and nephews.

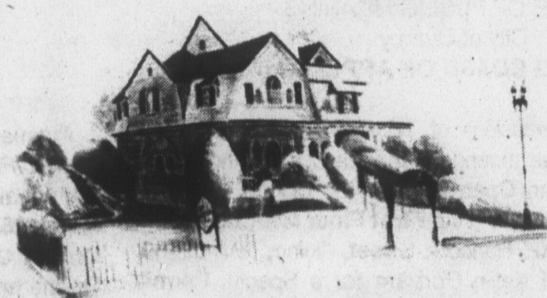
Private interment.

Memorial donations may be made to the Dana-Farber Cancer Institute, P.O. Box 849168, Boston, MA 02284-9168 or to benefit the Francil family, by visiting facebook.com/story.php?story_fbid=819052245110974&id=100010186170680&sfnsn=mo.

Professional Dignified Affordable

HAMEL-LYDON CHAPEL

Cremation Service of Massachusetts



Directors:

Christopher P. Goulet Sr.

Michelle A. Lydon

650 Hancock Street Quincy, MA 02170

(617)472-5888 • www.Hamellydon.com

LEGAL NOTICE

DIVORCE SUMMONS BY PUBLICATION AND MAILING

Docket No. NO18D0618DR

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Sherry O'Connor

vs.

James O'Connor
To the Defendant:

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for desertion.

The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411.

You are hereby summoned and required to serve upon:

Dennis M. Ryan, Esq.
Law Office of Dennis Michael Ryan
21 Franklin St., 3rd Floor
Quincy, MA 02169-4951

your answer, if any, on or before 04/11/2019. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: February 20, 2019
PATRICK W. McDERMOTT
Register of Probate

3/7/19

LEGAL NOTICE

DIVORCE SUMMONS BY PUBLICATION AND MAILING

Docket No. NO19D0024DR

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Tanisha M. Nkuusa

vs.

Raymond Dalton
S. Matovu

To the Defendant:

The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for irretrievable breakdown.

The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411.

You are hereby summoned and required to serve upon:

Pascalina W. Gathua, Esq.
ATTORNEY AT LAW
1201 Westford St.
Suite u2
Lowell, MA 01851

your answer, if any, on or before 04/11/2019. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: February 19, 2019
PATRICK W. McDERMOTT
Register of Probate

3/7/19

LEGAL NOTICE

CITATION ON PETITION FOR ORDER OF COMPLETE SETTLEMENT

Docket No. NO89P2814C1

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:

Robert Dalton Whitney
A Petition for Order of Complete Settlement has been filed by Robert Naser of North Easton, MA requesting that the court enter a formal Decree of Complete Settlement including the allowance of a final account, 29th & 30th Final and other such relief as may be requested in the Petition.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the court. You have the right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this court before: 10:00 a.m. on the return day of 03/20/2019. This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: February 13, 2019
PATRICK W. McDERMOTT
Register of Probate

3/7/19

QCAP Awarded \$25,000 Grant For Fuel, Financial Assistance

The National Grid Foundation has awarded United Way of Massachusetts Bay and Merrimack Valley a \$150,000 grant to provide emergency fuel-neutral financial assistance to local families in need this winter, the organizations announced today.

United Way will distribute the funds to six community-based organizations serving several cities, including Boston, Chelsea, Lawrence, Lowell, Lynn, Quincy, and Somerville.

In Quincy, \$25,000 was awarded to Quincy Community Action Programs.

The \$150,000 gift from National Grid is being distributed through United Way's Family Fund, which helps families across Eastern Massachusetts make ends meet by assisting with basic needs such as heating, food, and housing. A new report by Prosperity Now shows that only 56 percent of Massachusetts families report keeping emergency savings in the past year. That means almost half of Massachusetts households did not keep emergency savings, and 60% of households in America have experienced a financial shock in the past 12 months, according to new research.

"When an emergency or an unexpected financial crisis hits, families should not

be forced to choose between paying for food, fuel or their rent or mortgage payments," said Michael K. Durkin, United Way President and Chief Executive Officer. "But we know this need is there. Last year, United Way's Mass 2-1-1 helpline received over 9,400 requests for help with just these three basic needs. The funding from the National Grid Foundation is critical to our efforts to provide families in crisis with direct emergency

assistance."

"We are pleased to again be able to help our neighbors by supporting the United Way's Family Fund," said Ed White, Executive Director of the National Grid Foundation. "For the fourteenth year in a row, this partnership helps connect people with emergency assistance and basic needs when they need it most. We are thrilled to team up with United Way and be part of a program that helps so many."

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE

Docket No. NO19P0376EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:

Richard J. Babineau, Sr.
Date of Death:

January 2, 2019

To all persons interested in the above captioned estate, by Petition of:

Petitioner Michele M. Driscoll of Quincy, MA.

a Will has been admitted to informal probate.

Michele M. Driscoll of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

3/7/19

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE

Docket No. NO18P0349EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200
Estate of:

Beatrice Marie Arthur
Date of Death:

November 30, 2015

To all persons interested in the above captioned estate, by Petition of:

Petitioner Scott F. Arthur of Brockton, MA.

a Will has been admitted to informal probate.

Scott F. Arthur of Brockton, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

3/7/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z19-10

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, March 26, 2019 at 7:15 PM in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of John & Nicole Sacco for a Special Permit/Variance/Flood Plain to demolish the existing single family home and construct a two-family townhouse on the 9,000 square foot lot in violation of Title 17 as amended Chapter 3.1 (uses), Chapter 4.0 (dimensional requirements) and Chapter 8.1.9 (special permit flood plain) on the premises numbered 23 ESSEX STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z19-14

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, March 26, 2019 at 7:15 PM in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Kevin Gorham for a Special Permit/Finding/Variance to alter a nonconforming structure, permit mixed use of the structure and construction of a new garage in violation of Title 17 as amended Chapter 3.1 (principal uses), Chapter 3.2 (accessory uses), Chapter 4.1 (dimensional requirements), Chapter 5.1.4 (parking setbacks) and Chapter 9.4 (special permit) on the premises numbered 77 WILLARD STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z19-12

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, March 26, 2019 at 7:15 PM in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Shirley & George Bragel for a Variance/Finding to demolish the existing single family home and construct a two-family home in violation of Title 17 as amended Chapter 3.4.3 (non-conforming structures) and Chapter 4.1.1 (dimensional requirements) on the premises numbered 79 PALMER STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z19-13

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, March 26, 2019 at 7:15 PM in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Thomas Lacey for a Variance/Finding to convert the existing single family home to a 2-family home in violation of Title 17 as amended Chapter 4.0 (dimensional requirements), Chapter 3.4.3 (nonconforming structures) and Chapter 5.1.16 (paving) on the premises numbered 150 CENTRE STREET, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

NOTICE OF PUBLIC HEARING

NOTICE OF PUBLIC HEARING
City of Quincy

ZONING BOARD OF APPEALS

CASE NO. Z19-11

Pursuant to the provisions of TITLE 17 of the **QUINCY MUNICIPAL CODE** as amended, the Quincy Zoning Board of Appeals will hold an **Open Public Hearing on Tuesday, March 26, 2019 at 7:15 PM in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy, MA 02169.** On the application of Thomas Salzman for a Variance to rebuild existing barn/garage in violation of Title 17 as amended Chapter 3.4.3 (nonconforming structures) on the premises numbered 20 BAY VIEW AVENUE, QUINCY.

Plans and Specifications are on file at the Inspectional Service Department located at 55 Sea Street, Quincy, MA 02169 and may be reviewed during regular business hours.

Martin Aikens, Chairman

3/7/19, 3/14/19

M
A
R

7

2

0

1

9

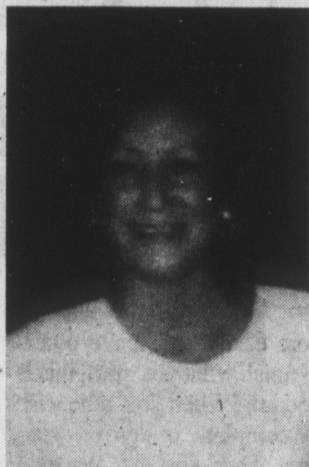
OBITUARIES

Barbara 'Barbie' Hickey, 64

A funeral service for Barbara "Barbie" Hickey, 64, of Quincy, will be held today (Thursday) at 10 a.m. in the Alfred D. Thomas Funeral Home, 326 Granite Ave., Milton.

Mrs. Hickey passed away in the company of her loving sisters, March 2nd.

Wife of the late James E. Hickey. Survived by her cherished son Jeffrey Peterson and his wife Melissa. Also survived by her step children, Debbie, John and



BARBARA HICKEY

Jimmy and many cherished

grandchildren. Dear sister of Alfred Peterson, Diane O'Donnell, Jan Peterson McGrath and Pamela Connor and the late Gary and Michael Peterson. Survived by Aunt Linda and many nieces, nephews and cousins.

Visiting hours were Wednesday from 4 to 8 p.m. at the Alfred D. Thomas Funeral Home, 326 Granite Ave., Milton.

Burial in MA National Cemetery Thursday, March 7th at 12:30 p.m.

Richard D. 'Ricky' Hall, 63

A prayer service for Richard D. "Ricky" Hall of Boston, formerly of Dorchester and Quincy, will be held today (Thursday) at 7:30 p.m. at the Keohane Funeral Home, 785 Hancock St., Quincy.

Mr. Hall died Feb. 28 at the Brigham and Women's Hospital in Boston following a lengthy illness. He was 63.

Born in Boston, he was a son of the late John W. Hall and Winifred L. (Regan).

Richard was a 1973

graduate of Boston Technical High School, and was a member of the 1967 Eastern Mass. Champion, Hyde Park Valiants Drum and Bugle Corps, and later was part of the road crew staff for the Boston Crusaders.

An accomplished drummer, music was very much a part of Ricky's life.

Richard is survived by his brother, John E. Hall and Ellie Johnson his partner of Weymouth; and was the brother of the late Maryellen Hall; uncle of Joanne Robertson and her husband

Thomas Robertson IV of Quincy, Meghan Mitchell of Quincy, and grand uncle of Keira Robertson and Thomas Robertson V.

Relatives and friends are respectfully invited to attend the visiting hours on Thursday from 5 to 8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy.

Burial will be private, at a later date.

Memorial donations may be made to the Boston Crusaders Drum & Bugle Corps, P.O. Box 51391, Boston, MA 02205.

MountainOne Bank Homebuyers' Assistance

MountainOne Bank, with branches across Berkshire County and the South Shore, has been selected to participate in the Federal Home Loan Bank of Boston's Equity Builder Program (EBP), which assists local homebuyers with down-payment and closing costs, as well as homebuyer counseling and rehabilitation assistance.

Through the Equity Builder Program, the FHL-Bank of Boston provides up to \$3.6 million in grants to participating financial institutions to assist homebuyers with the purchase of a primary residence. Income-eligible households can up to \$15,000 in grant assistance, which is forgivable after five years from the date of

loan closing. To be eligible, borrowers must be at or below 80 percent of the area median income based on the address of their new home, and must complete a homebuyer counseling program, and post-purchase counseling approved by MountainOne Bank. Grants may not be combined with any other type of down payment programs. Loans are subject to credit approval.

"Homeownership is not easily attainable for many households, so we are pleased to offer this assistance to help individuals and families purchase a home. Homeownership helps build wealth and create financial stability, and programs that assist homebuyers can be effective in adding to the

vibrancy of our communities," said Melissa Weber, MountainOne Bank Vice President.

MountainOne Bank is eligible to receive up to \$150,000 through the Equity Builder Program in 2019.

Since 2003, the Equity Builder Program has awarded more than \$38.8 million in EBP funds assisting 3,512 income-eligible households to purchase a home.

Those interested in learning more about how they may qualify for EBP funds can contact MountainOne Bank via the www.mountainone.com website or via phone at 855.444.6861. MountainOne Bank is Member FDIC. Member DIF. Equal Housing Lender.

LEGAL NOTICE

CITY OF QUINCY IN COUNCIL

ORDER NO. 2019-052

ORDERED:

March 04, 2019

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking
Section 10.20.040 Parking - Prohibited and Restricted where

Add the following:

Street	From	To	Type of Regulation
Hollis Avenue North Side	Hancock Street	Faxon Road	2 Hour Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

ORDER NO. 2019-051

ORDERED:

March 04, 2019

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking
Section 10.20.040 Parking - Prohibited and Restricted where

Add the following:

Street	From	To	Type of Regulation
Hollis Avenue South Side	Hancock Street	Faxon Road	2 Hour Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

LEGAL NOTICES

CITY OF QUINCY IN COUNCIL

ORDER NO. 2019-047

ORDERED:

March 04, 2019

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking
Section 10.20.040 Parking Restrictions-Prohibited - Handicapped Spaces - Curb Access
- Applicability - Penalties

Add the following:

Street	At	Type of Regulation
Taffrail Road	81	Handicap Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

3/7/19

CITY OF QUINCY IN COUNCIL

ORDER NO. 2019-048

ORDERED:

March 04, 2019

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking
Section 10.20.040 Parking Restrictions-Prohibited - Handicapped Spaces - Curb Access
- Applicability - Penalties

Add the following:

Street	At	Type of Regulation
Wren Terrace	92	Handicap Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

3/7/19

CITY OF QUINCY IN COUNCIL

ORDER NO. 2019-049

ORDERED:

March 04, 2019

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking
Section 10.20.040 Parking - Prohibited and Restricted where

Add the following:

Street	From	To	Type of Regulation
Spruce Street North Side	Hancock Street	Oak Avenue	2 Hour Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

3/7/19

CITY OF QUINCY IN COUNCIL

ORDER NO. 2019-050

ORDERED:

March 04, 2019

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking
Section 10.20.040 Parking - Prohibited and Restricted where

Add the following:

Street	From	To	Type of Regulation
Birch Street West Side	Hollis Avenue	Glover Avenue	2 Hour Parking

A TRUE COPY

ATTEST: Nicole L. Crispo
Clerk of Council

3/7/19

CITY OF QUINCY IN COUNCIL

ORDER NO. 2019-051

ORDERED:

March 04, 2019

Be it ordained by the City Council, that the Quincy Municipal Code is hereby amended as follows:

In Title 10. Vehicles and Traffic. Chapter 10.20 Stopping Standing and Parking
Section 10.20.040 Parking - Prohibited and Restricted where

Add the following:

Street	From	To	Type of Regulation
Hollis Avenue South Side	Hancock Street	Faxon Road	2 Hour Parking

A TRUE COPY

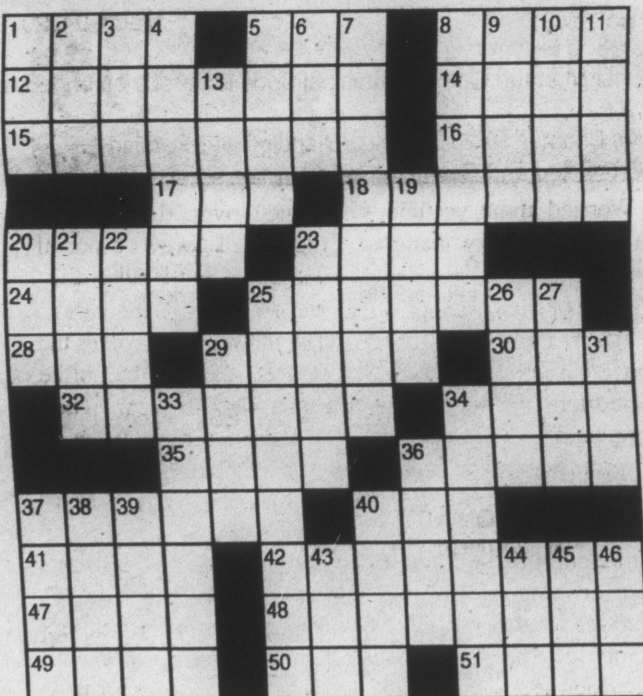
ATTEST: Nicole L. Crispo
Clerk of Council

3/7/19

SUN FUN PAGE

King Crossword

- ACROSS**
- 1 Final bio
5 Enervate
8 Venomous
12 Hawaii's capital
14 Onetime head of Iran
15 "What Not to Wear" specialty
16 Greek vowel
17 "— the season to be jolly"
18 Improvised musically
20 Pacific or Atlantic
23 Presidential "no"
24 Drink all at once
25 Time between connecting flights
28 Pitch
29 Lively dance
30 Spot on a domino
32 Hollow pastry
34 Grown-up nits
- 35 Rewrite, maybe
36 Luxury boat
37 Forcible restraint
40 A billion years
41 Acknowledge
42 Morning-after ailment
47 Viral video, e.g.
48 Imagine in detail
49 Scruff
50 24 hours
51 Grandson of Eve
- DOWN**
- 1 Resistance unit
2 Squeazy snake
3 Pen pal?
4 ID on "CSI," maybe
5 Yukon and Tahoe, for ex.
6 Beer cousin
7 Seller of food, often
8 "I, Robot" author
9 Buy stuff
10 — de foie gras
- 11 Roe provider
13 Pork cut
19 On
20 Tenth mo.
21 Fellow
22 Franc replacement
23 Man's man
25 Bestowed profusely
26 Grand tale
27 Opulent
29 Pantheon group
31 Favorite
33 Paul Reubens' character
34 Woolly
36 Boo-Boo's buddy
37 Rhett's shocking word
38 Eye layer
39 Cavort
40 A deadly sin
43 Literary collection
44 Moving truck
45 Id counterpart
46 Notes between dos and mis



© 2019 King Features Synd., Inc.

WORDS WITH MAGIC MAZE ● STRAIGHT LINES ONLY

I X V S Q N K I F D E A X V T
T Q O M J H E F C L N A Y N W
U R P N T N E M A L I F E L J
H F D B I L Z T X T T M V T E
R Q O W I M N H A K N I H L F
D B T H Z E Y N T I E A K W T
V T W E M R I Q A L L N L O N
N L K E I M H T F D A I C T I
A Y L L A I T I N I V E F Z A
X E W L MAXIMIZE H F F
V U S R Q O N M K J E V I L A

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

AFFILIATE ATTAINMENT HEALTH VALENTINE
ALIVE ELEMENTAL INITIALLY WHEEL
ANIMAL FAINT MAXIMIZE WHILE
ATLANTA FILAMENT TWINE

©2019 King Features Syndicate, Inc. All rights reserved.

HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Visitor's shoes are different. 2. Sheet on piano is blank. 3. Mom's hair is longer. 4. Picture on piano is visible. 5. Window is lower. 6. Visitor's right hand is not visible.

Trivia test

by Fifi Rodriguez

1. GEOGRAPHY: What is the capital city of the Yukon territory in Canada?
2. LANGUAGE: What is the ending to the proverb that begins, "All roads lead ...?"
3. GENERAL KNOWLEDGE: Which country's flag is a red circle on a white background?
4. SCIENCE: What gas with a distinctive odor is created by a lightning strike?
5. GEOMETRY: How many sides does a decagon have?
6. COMICS: What is the full name of Batman's butler?
7. MOVIES: What was the name of Johnny Depp's character in the "Pirates of the Caribbean" movie?
8. BIBLE: On what mountain did Moses receive the Ten Commandments?
9. U.S. STATES: Which state's nickname is "The North Star State"?
10. HISTORY: Who was the first spouse of a former U.S. president to be elected to public office?

Answers

1. Whitehorse
2. "... to Rome."
3. Japan
4. Ozone
5. 10
6. Alfred Pennyworth
7. Capt. Jack Sparrow
8. Mount Sinai
9. Minnesota
10. Hillary Clinton

(c) 2019 King Features Synd., Inc.

Wishing Well®

5 7 6 3 7 5 6 2 4 5 2 8 2
T S L E U E I A L N K Y I
4 8 6 4 3 6 2 8 2 3 7 5 7
O O F V X E N U D P D S D
6 4 3 8 7 6 8 2 3 8 2 5 4
I E E A E M R L C E Y I O
5 6 2 7 4 7 6 4 5 7 3 6 5
O P G N F L R H N O T O R
2 4 5 6 2 8 7 4 5 8 4 3 2
E O E V S S V M D E E C T
7 2 6 5 3 5 3 8 3 7 3 7 8
E U E U H C A C N A G F U
3 6 5 8 2 7 5 3 2 7 8 7 7
E S E R R F D S E A E I R

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

©2019 King Features Syndicate, Inc.

Salome's Stars

ARIES (March 21 to April 19) Although you tend to bore easily and leave others to finish what you start, this is one time when you'd be wise to complete things on your own. Then you can move on to something new.

TAURUS (April 20 to May 20) Your indecision about a personal situation might come out of those mixed signals you're getting. Best not to make any commitments until you have a better sense of how things are going.

GEMINI (May 21 to June 20) A dispute appears to be getting out of hand. But you should be able to step in and bring it all under control soon. Be patient. News about a potential career move might be delayed.

CANCER (June 21 to July 22) Career obligations could interfere with important personal plans. But using a combination of common sense and compromise helps resolve the dilemma to everyone's satisfaction.

LEO (July 23 to August 22) A stressful situation drains some of your energy reserves. But you soon bounce back in time to finish your tasks and enjoy a well-deserved weekend getaway.

VIRGO (August 23 to September 22) This is a good time to throw a party for friends and colleagues, and surprise them with your dazzling domestic skills. You also might want to reconsider that career move you put on hold.

LIBRA (September 23 to October 22) A sudden change of mind by someone you relied on could cause a delay in moving ahead with your plans. But those whom you've helped out before are prepared to return the favor.

SCORPIO (October 23 to November 21) You start the week feeling too shy to speak up in front of others. However, your self-assurance soon takes over, giving you the confidence you need to make yourself heard.

SAGITTARIUS (November 22 to December 21) One way to deal with a pesky personal dilemma this week is to meet it head-on. Insist on an explanation of why the situation reached this point and what can be done to change it.

CAPRICORN (December 22 to January 19) The creative Capricorn finds several outlets for her or his talents this week. Also note that while a romantic connection looks promising, remember to allow it to develop on its own.

AQUARIUS (January 20 to February 18) You stand out this week as the best friend a friend can have. But be careful that you don't take too many bows, or you might see gratitude replaced with resentment.

PISCES (February 19 to March 20) What seems to be an ideal investment should be checked out thoroughly before you snap at the offer and find yourself hooked by an expensive scam.

BORN THIS WEEK: Your wisdom is matched by your generosity. You are a person who people know they can rely on.

(c) 2019 King Features Synd., Inc.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: J equals O

DLWVSA BJ CAOQCA NRWBJ
CJ NQBR BRA BTAA BTDLF RA
RWC ZDPB MTJOAPPAC, BRA
SDEVATZWOF NWP PBDEMAC.

©2019 King Features Synd., Inc.

King Crossword

Answers

Solution time: 21 mins.

Magic Maze

ANSWERS:

CryptoQuip

Unable to decide what to do with the tree trunk he had just processed, the lumberjack was stumped.

M
A
R

7

2
0
1
9

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD -- Amazon Prime is going the jugular vein of Netflix, which has wooed viewers from the major networks and had a field day cornering the film and TV markets unchallenged. But here comes Amazon Prime with a one-two punch, first by wooing Al Pacino to top-line the 10-part series "The Hunt" and also recruiting three-time Oscar-nominee (for "Get-Out") Jordan Peele (who produced, directed and wrote the 2017 horror film and won for his original screenplay) to direct. The series also stars Logan Lerman, "Grey's Anatomy's" Jerrika Hinton, Lena Olin, Carol Kane and Saul Rubinek. It follows a diverse band of Nazi hunters as they attempt to bring high-ranking Nazi officials, living amongst us, to justice (no release date yet). The second punch comes from "Good Omens," featuring the voices of Benedict Cumberbatch as Satan and "Three Billboards" Oscar-winner Frances McDormand as God. The series has a six-episode green light and stars live actors Michael Sheen, former "Doctor Who" David Tennant, former "Mad Men" Jon Hamm and Nick Offerman. It's about an angel who is trying to prevent the coming of the Antichrist and is opposed by a demon as they engage in the final battle between heaven and hell. It'll be available for download May 31.

Move over Superman, Batman and all the other superheroes, because here comes Billy Batson, a 14-year-old foster kid who boarded a subway car and was transported to a different realm. Once there, an ancient wizard gave him the power to

become an adult superhero (played by Zachary Levi) by simply saying "Shazam!" (due April 5).

When Dan Stevens decided not to re-sign with "Downton Abbey" (2010-2012), everyone thought he was crazy, but 19 films later, including the title role of the beast in "Beauty and the Beast" (2016), he proved them sooo wrong. Now he's co-starring with Harrison Ford in "Call of the Wild," based on the classic Jack London novel about the St. Bernard/Scottish Collie stolen from his family and sold as a sled dog in the Yukon. Stevens continues with his TV series "Legion," and his next film will be "Lucy in the Sky," with Oscar-winner Natalie Portman and Ellen Burstyn, plus Jon Hamm. Harrison Ford begins shooting "Indiana Jones 5" in April for a July 2021 release.

Oscar-winner Anne Hathaway (for "Les Misérables") teams with Rebel Wilson in "The Hustle," due in theaters May 10. It's the female remake of "Dirty Rotten Scoundrels," which starred Michael Caine and Steve Martin. Hathaway also will star in another adaptation of Roald Dahl's "The Witches," in the same Grand Witch role played by Anjelica Huston in the classic 1990 film. The remake will also star Oscar-winner Olivia Spencer. Oscar-winner Robert Zemeckis (for "Forest Gump") will direct. The original grossed only \$15 million. From a scoundrel to a witch ... is that an upgrade?

(c) 2019 King Features Synd., Inc.

GO FIGURE!

by Linda Thistle

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

	-		x			14
x		x			÷	
	-		x			21
		+		+		
	x		-			15
20		11		10		

1 3 4 5 6 7 7 8 9

©2019 King Features Syndicate, Inc.

DIFFICULTY: **
* Moderate ** Difficult
*** GO FIGURE!

KOVELS' Antiques & Collecting

By Terry and Kim Kovel

Supremist Tea Set --- Once in a while, an unfamiliar design shows up in an auction. The Auction Gallery of the Palm Beaches listed a tea set, two cups and a teapot with an Art Deco look and unfamiliar marks. The set was white with black and red blocks of color. The teapot had a vertical spout and rectangular handles creating a new geometric shape. The mark solved the mystery once it was translated. Written on the bottom of each piece in the Russian (Cyrillic) alphabet was the word that translated to "Supremist." Next to it was the familiar hammer-and-sickle logo. Some quick research told the story: It was an example of Supremist Art popular in Russia from 1913 to the late 1920s. (The teapot was dated 1923.) The Russian who created the style claimed it to be superior to all art of the past. It was totally abstract, based on the circle, square and cross and the colors red, white and black. Yet something -- the extreme look of the set, the high estimate of \$7,000 to \$9,000, the lack of demand for a teapot with cups instead of a set with teapot, creamer and sugar, or perhaps the Russian origin -- kept bidders away. The group did not sell. At any auction, there can be valuable items that are passed over because the day's crowd is looking for something else. Timing and location do have an effect on prices.

Q: How much is an old World War I helmet worth?
A: Steel helmets, sometimes called trench helmets, were developed in France in 1915 to provide protection to troops fighting in

the trenches during World War I. Most soldiers wore leather or cloth hats before that. The British and Germans developed their own version of the steel helmet. When the American Expeditionary Forces entered the war in 1917, they only had wool hats. Helmets were bought from Britain to outfit troops until the U.S. began making a version known as the M-1917 later that year. The helmets were coated with sawdust while the paint was still wet, making a harder, non-reflective surface. There are collectors who want anything from World War I, and re-enactors who want authentic equipment. Complete World War I steel helmets in good condition sell for over \$100.

RECENT PRICES
Celery dish, RS Prussia, pink roses, green leaves, light green ground, white handles, 13 1/2 x 7 inches, \$30.
Bottle, soda, Catawba Club beverages, 8 1/2 inches, \$120.
Mardi Gras, parade bulletin, Krewe of Proteus, Zoroaster, Walle & Co., 1912, 28 x 42 inches, \$340.
Comic book, detective comics No. 27, 1st Batman appearance, DC golden age, 10 cents, May 1939, 8 inches, \$660.

TIP: Mix three parts water and one part vinegar and use the mixture to sponge off the white salt stains that form on leather shoes or boots.

For more collecting news, tips and resources, visit www.Kovels.com

(c) 2019 King Features Synd., Inc.

Strange BUT TRUE

* It is still not known who made the following sage observation: "The difference between 'involve-ment' and 'commitment' is like an eggs-and-ham breakfast: The chicken was 'involved'; the pig was 'committed.'"

* Those who study such things say that if you were (for reasons unspecified) to eat the liver of a polar bear, you'd die. The amount of vitamin A stored in that organ constitutes a fatal dose for humans.

* You might be surprised to learn that high-quality opals can be more valuable than diamonds.

* John Tyler, born March 29, 1790, was the 10th president of the United States. He was married twice and had a total of 15 children. These children, collectively, were witness to a surprisingly large swath of American history. The oldest, Mary Tyler Jones, was born in 1815, the year that saw the end of the War of 1812; the youngest, Pearl Tyler Ellis, survived until 1947,

two years after the end of World War II.

* The next time you're planning a trip to Indiana, keep in mind that in that state it is illegal to talk behind a person's back or engage in "spiteful gossiping."

* In 1915, the average annual income for a family in the United States was \$687, the equivalent of \$17,088 today.

* In 1889, a magazine called The Literary Digest made the following prediction: "The ordinary 'horseless carriage' is at present a luxury for the wealthy, and although its price will probably fall in the future, it will never, of course, come into as common use as the bicycle."

* Squirrels are wonderful foresters. Every year, thousands of trees grow from caches of nuts and acorns that squirrels forgot about.

Thought for the Day: "An inconvenience is only an adventure wrongly considered; an adventure is an inconvenience rightly considered." -- Gilbert Keith Chesterton

(c) 2019 King Features Synd., Inc.

Now here's a tip!

by Jo Ann Derson

* Worried about pesticides in your diet? Try mangos, one of the fruits least likely to have pesticide residues.

* It can be a snap to remove burned-on food from the bottom of a pot or a frying pan. All you have to do is sprinkle in some baking soda and add hot water. Let the mixture sit overnight. In the morning, add a dash more baking soda and scrub the residue away.

* Got dirty floors? Make sure you aren't throwing good effort into a dirty mop. You need a second bucket filled with rinse water, then follow this pattern: Clean mop in water with cleaner, mop a section of floor, rinse mop in plain water, go back over that section, rinse mop again. Repeat.

* "I like strong tea with no milk. My husband drinks black coffee. The coffee-maker and our mugs get

stained over time. About monthly, I 'brew' a pot of hot water, but I put a dishwasher 'pac' in the carafe. The hot water dissolves the cleaner, making the coffee carafe easy to clean. Then I use the detergent water to clean all the mugs. It works like magic." -- T.L. in Missouri

* In time for tax season: Don't overlook the value of opening and contributing to an individual retirement account to reduce your tax bill. Contributions need not always be made by Dec. 31 to count; it's possible to open an account as late as tax-filing day on April 15, and it can still count against your 2018 taxes.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

(c) 2019 King Features Synd., Inc.

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.

DIFFICULTY THIS WEEK: ♦ ♦ ♦ ♦ ♦
♦ Easy ♦ ♦ Medium ♦ ♦ ♦ Difficult

© 2019 King Features Synd., Inc.

STICKELERS

by Terry Stickels

One of the following words is misspelled. Which one?

- 1) repertoire
- 2) cemetery
- 3) sergeant
- 4) perserverance
- 5) harass

Stickelers Answer
"perserverance."
4) The word should be spelled

©2019 King Features Syndicate

SNOWFLAKES

solution

Go Figure!
answers

10	11	20
6	9	4
15	-	-
+	+	-
21	7	8
÷	x	x
7	1	3

Stickelers Answer
"perserverance."
4) The word should be spelled

CLASSIFIEDS

ANIMAL SHELTER

ANIMAL SHELTER

VENDORS WANTED

SERVICES

SERVICES

SERVICES

QUINCY ANIMAL SHELTER

56 Broad Street, Quincy • 617-376-1349
quincyanimalshelter.org

IN-SHELTER ADOPTION HOURS

TUESDAYS & THURSDAYS

6:00 to 8:00 pm

SATURDAYS

10 am - 4 pm

Adoption fees include initial vaccinations and Spay/Neuter as needed.

New volunteers always welcomed.

FOR LOST or FOUND ANIMALS call
ANIMAL CONTROL at 617-376-1364

AVAILABLE CATS

Cosmo: male, adult, black & white

Pauly: female, 2, black & white

Picasso: female, 1, gray & white

BETHANY CONG. CHURCH

is Seeking Crafters and Vendors
for Annual Yard and Craft Fair
Saturday, May 4th 9am - 3pm
Table Rental \$30
Call 617-479-7300 or
617-698-1646 for more info

FUNDRAISER

Central Middle School Fundraiser
Friday, March 15th - 7pm
Sons of Italy, Quincy
80's Music, Bingo,
Costumes Encouraged
Contact: central.ms.pto@gmail.com

WANTED

ROOMMATE WANTED

1 Bedroom can be furnished
or empty. North Quincy
7 minutes to train station.
\$200/week (everything)
617-770-3554

PERSONAL

THANK YOU
ST. JUDE, BLESSED
MOTHER, ST. ANTHONY,
ST. JOSEPH,
ST. PEREGRINE

CHRISTMAS CONTEST POSTERS

If your child had one on display
in the window of the Quincy Sun,
you can pick it up Monday thru
Friday 9am - 5pm

Happy Birthday Wishes
to our "Big Brother"
Jack Menz - March 9, 2019
Best Wishes!
George, Doug
Cheryl & Carol

MISCELLANEOUS

FOR SALE

Privacy Hedges - SPRING
BLOWOUT SALE 6ft Ar-
borvitae Reg \$179 Now \$75
Beautiful, Nursery Grown.
FREE Installation/FREE de-
livery.
Limited Supply! ORDER
NOW: 518-536-1367 www.
lowcosttreefarm.com

HELP WANTED (SALES)

EARN \$500 A DAY (SALES)
Final Expense Insurance
• Exclusive Leads • Local •
Training/Support • Everyday
is Payday Agent Health/
Dental Benefits
• Incentive Trips CALL 860-
357-6904 www.fhgin-
surance.com

WANTED TO BUY OR TRADE

FREON R12 WANTED:
CERTIFIED BUYER will
PAY CASH for R12 cylinders
or cases of cans. (312) 291-
9169; www.refrigerantfind-
ers.com

TRAVEL SERVICES

CANADIAN RIVER CRUIS-
ING. Experience the beauty
and history of Canada's
River's for 4-7 nights on
a replica steamboat. Call
1-800-267-7868 for your
complimentary brochure.
StLawrenceCruiseLines.
com

Housecleaning - Windows

& Other Jobs Too!
20+ Years Experience
References, Free Est. or Hourly
Joe Keenan 617-773-1084

John J Pasciucco Jr., DDS

1261 Furnace Brook Pkwy Suite 28
Quincy, MA 02169
General, Family &
Cosmetic Dentistry
617-471-8355

MEDITATION

Learn to Meditate & Relieve Stress
March 11th - April 29th 7:15pm - 8:45pm
605 Hancock St., Quincy
8 Weeks - \$150
For more information:
617-842-3337
ellenjshaw@mac.com

HALLS FOR RENT

MORRISETTE
LEGION POST
81-83 Liberty St., Quincy
Function Hall Available
Call for Details 617-770-4876
Internet Capable • Weddings •
Showers • Christenings • Meetings
After Funeral Gatherings

WANTED

OLD HAND TOOLS

& ANTIQUES WANTED
Planes, chisels, spokeshaves,
hammers, machinist, mechanic,
blacksmith, Stanley, Starrett,
Bailey, Victor, calipers, clamps
anvils, vises, etc.

USEFUL TOOLS, ALL TRADES
pottery, lanterns, postcards, toys,
ESTATE LOTS & COLLECTIONS
LIBERTY TOOL CO.
888-405-2007
www.jonesport-wood.com
www.davistownmuseum.org

KERRY CONSTRUCTION INC.

CARPENTRY, GUTTERS, DECKS
REPLACEMENT WINDOWS & DOORS
SHINGLE & RUBBER ROOFS
FULLY INSURED & LICENSED
JIM AT 617-825-0592

J.F. ROOFING

Co.
QUINCY, MA
• Shingles
• Rubber
• Slate
• Copper
• Vinyl Replacement
Windows
(617)471-8216

DERRICKS PAINTING

When quality counts
Interior/Exterior
Gutter Cleaning & Repair
Deck Restoration
Professional Window Cleaning
617-851-1688

NORTHEAST PAINTING

AND RESTORATION, LLC

Powerwashing
Roofing
Hardwood Flooring
Tiling
Commercial and Residential Painting
Kitchen and Bath Remodeling
Sheetrock and Plastering
Carpentry
- Fully Insured and Licensed -
Ron Lamoreaux - Owner
(857)-248-3681
info@northeastpaintingandrestoration.com

HTA

Hancock
T.V. & Appliance
Sales, Service,
Parts & Installation
Since 1945
(617) 472-1710
115 Franklin Street,
Quincy, MA
hancocktvanappliance.com

THOMAS C. SWEENEY

Smaller Jobs a Specialty
54 Years Experience
Carpentry, Siding,
Painting, Porches
Vinyl/Windows, Doors
Roofing, Decking, Steps
License #1373 Free Estimates
Reliable
617-825-1210
References

CLEANING SERVICE

HOUSES AND APARTMENTS
10 YEARS EXPERIENCE
REFERENCES AVAILABLE
CALL VIVIAN
781-901-4244

TAX RETURNS

Reasonable Rates
Richard C. McDonough, EA
Enrolled to Practice Before the IRS
15 YEARS EXPERIENCE
HOUSE CALLS AVAILABLE
617-472-2694

Want to pick up a copy of The Quincy Sun?

Here are stores in Quincy that sell it on their newsstands:

QUINCY MARKET Corner of Temple & Washington St.	ARTERY GROCERY 1000 Southern Artery	7-11 721 Hancock St.
GOODIE'S STORE 1250 Hancock St., Presidents Place	7-11 495 Washington St.	BEALE ST. NEWS AND TOBACCO 17 Beale St.
NEW STORE ON THE BLOCK 1183 Hancock St., Quincy Ctr. T Station	DAIRY FARM 330 Washington St.	CVS 42 Beale St.
HANCOCK MARKET 5 Cottage Ave.	7-11 230 Washington St.	COFFEE BREAK CAFE 12 Old Colony Ave.
MIGNOSA'S FRUIT BASKET 138 Granite St.	CVS Southern Artery	SUPREME LIQUORS 615 Hancock St.
RITE-AID 132 Granite St.	TEDESCHI'S 650 Adams St.	BIG Y 475 Hancock St.
COFFEE BREAK CAFE 77 Parkway	7-11 678 Adams St.	MULLANEY'S VARIETY 205 W. Squantum St.
HANCOCK PARK LOBBY SHOP 164 Parkway	VILLAGE COMM. MARKET 100 Willard St.	STOP & SHOP 65 Newport Ave.
FRANKLIN ST. BP 60 Franklin St.	COPELAND LIQUORS 273 Copeland St.	7-11 363 Hancock St.
7-11 78 Franklin St.	GRANITE MART 308 Willard St.	WALGREENS 324 Hancock St.
SHOP N SAVE LIQUORS 20 Independence Ave.	7-11 Copeland St.	RED APPLE FOOD SHOP 48 Billings Rd.
DONUT + DONUTS 33 Scammell St.	JOE'S PLACE 260 Centre St.	SAM'S VARIETY 125 Billings Rd.
PRESIDENTIAL LIQUORS 25 Scammell St.	CORNER FOOD MARKET 1060 Hancock St.	LUCKY'S WINE & LIQUOR 66 Newbury Ave.
ADAMS VARIETY 22 Independence Ave.	200 FOOD MART 200 Sea St.	ATLANTIC MARKET & LIQUORS 247 Atlantic Ave.
DAILY MART 291 Quincy Ave.	ADAMS SHORE SUPERMARKET 494 Sea St.	CVS 321 Quincy Shore Dr.
ROCHE BROTHERS The Falls	PALMER STREET MARKET 231 Palmer St.	CARMINE'S CAFE 69 Huckins Ave.
WALGREENS 418 Quincy Ave.	BERNIE'S GENERAL STORE 1147 Sea St.	TEDESCHI'S 751 E. Squantum St.
CORNER FOOD SHOP 171 West St.	WEST ELM VARIETY 139 W. Elm Ave.	LUCKY SHAMROCK 265 Beale St.
	WALGREENS 550 Adams St.	ANDRE'S STORE 20 Brook St.
		EVEREST MARKET 121 Standish Ave.

The Quincy Sun CLASSIFIED AD FORM

MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET,
QUINCY, MA 02169

PAYABLE IN ADVANCE. Payment must accompany order.

RATES

1 WEEK

☐ \$9.00 for one insertion, up to 20 words, 10¢ for each additional word.

2-4 WEEKS

☐ \$8.00 per insertion up to 20 words for 2-4 insertions of the same ad, 10¢ each additional word.

5-10 WEEKS

☐ \$7.50 per insertion, up to 20 words, for 5-10 insertions of the same ad 10¢ for each additional word.

11 WEEKS

OR MORE

☐ \$7.00 per insertion, up to 20 words, for 11 or more insertions of the same ad 10¢ for each additional word.

☐ Enclosed is \$_____ for the following ad to run _____ weeks in
The Quincy Sun.

COPY: _____

NO REFUND WILL BE MADE AT
THIS CONTRACT RATE IN THE
EVENT OF CANCELLATION.
DEADLINE: FRIDAY
AT 4PM. PLEASE
INCLUDE YOUR
PHONE NUMBER IN AD.

M
A
R

7

2
0
1
9



PHOTO AT LEFT: Fr. Eric Hillegas leads his final service at the Parish of St. Chrysostom Feb. 24. Fr. Eric has moved to York, Pennsylvania and the Parish of St. John the Baptist. The popular Quincy priest had served the Wollaston parish for nine years. PHOTO TOP: Mayor Thomas Koch with Fr. Eric Hillegas at his farewell service Feb. 24. Koch proclaimed the day "Reverend Eric Hillegas Day" in the City of Quincy: "We are thankful for your service to so many," Koch said. "We will miss you!"
Photos Courtesy Sean Carpenter

St. Chrysostom Celebrates Fr. Hillegas In Farewell Eucharist

Mayor Proclaims Feb. 24 In Popular Priest's Honor

The Parish of St. Chrysostom celebrated its normal Sunday Eucharist Feb. 24 with Fr. Eric Hillegas leading the congregation in prayer. However, this was to be the last Sunday with the popular priest at the pulpit.

Many community members and groups from around Quincy joined the congregation in wishing Fr. Eric a farewell as he makes a move to York, Pennsylvania and the Parish of St. John the Baptist.

Eric Hillegas has been serving the Wollaston parish since 2010. His work has included building the parish life through children's programming, community outreach with the Inter-church Council, serving as the chairman of the Mayor's Prayer Breakfast, and countless hours working with the Phoenix House, Gavin Foundation and the 9 12-step groups that grace the church on a weekly basis.

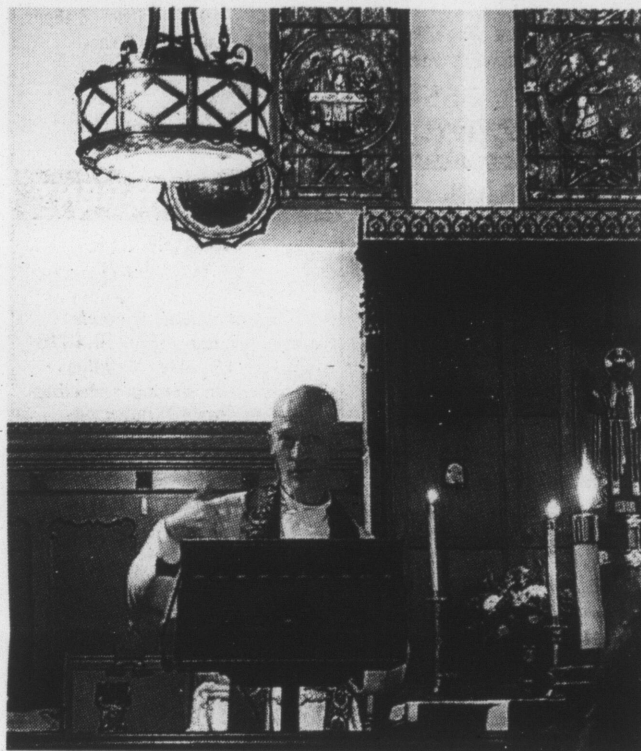
The final service concluded with a luncheon with proclamations from state Sen. John Keenan, state Rep. Bruce Ayers, and a citation from Mayor Thomas Koch declaring Feb. 24 as "Reverend Eric Hillegas

Day" in the City of Quincy.

"We are thankful for your service to so many," Koch said. "We will miss you!"

Many parishioners also offered well wishes to Fr. Hillegas with parting gifts including Red Sox, and Patriots paraphernalia. His new ministry begins on Ash Wednesday in York.

The Episcopal parish St. Chrysostom is a center of worship and service that has a history in Wollaston for over 120 years. Fr. Eric Litman will serve as a bridge priest during the transition period. Fr. Litman has been serving St. Chrysostom for the better part of five years.



AFTER NINE YEARS at the Parish of St. Chrysostom, the Rev. Eric Hillegas has relocated to York, PA and the Parish of St. John the Baptist.



REV. ERIC HILLEGAS (right) with Rev. Cliff Brown of Christ Church Episcopal-Quincy. Rev. Brown was among the well-wishers at Fr. Eric's final service Feb. 24 at the Parish of St. Chrysostom.

Concert Sunday At Library

Every Sunday in March at 3 p.m. the Thomas Crane Public Library is hosting its annual free Winter Concert Series.

On Sunday, March 10 classical guitarist Jerome Mouffe will return with an exploration of the musical links between the Old World and the New World in a program he has titled *Ida y Vuelta*.

Learn about all the winter concerts @the Crane here: <http://thomascranepubliclibrary.org/concerts>



Downtown Construction Activities

Proposed work activities for the week of March 3rd, 2019



- Reconfiguration of the Ross parking lot in the area of Parkway and Cliveden Place will be taking place at night starting this week to make way for the construction of a new bridge and roadway from Burgin Parkway. Once the reconfiguration is completed, MassDOT will come in and start to work on the bridge. This work is being done to facilitate a new medical office building which will be developed by Fox Rock Properties. South Shore Health System is the operator of South Shore Hospital and Brigham and Women's is affiliated with Partners Health Care.
- The parking area between the Quincy MBTA station and the Munroe building is scheduled to be brought back by the end of April beginning of May.
- Starting Monday, March 4th, D.F. Pray will have their contractor out at the corner of Cottage Avenue and Hancock Street closing the corner off to pedestrian foot traffic to work on the new underground utilities for the new City atrium and Nove Suites. Follow the pedestrian detour signs in this area. This work is expected to take approximately 3 to 4 weeks.
- Precast sections are scheduled to start coming into the site in March for the above grade portion of the garage.

(The photo above gives you a view from the below grade parking area of the new garage in the old Hancock Lot. The Four's Restaurant is up to your left and the yellow formed wall in the middle of the picture is where the above grade portion of the garage will begin. The surface area between the Four's and the garage will be a civic space with benches and landscaping for everyone to enjoy.)

To receive project updates, sign up for MyQ at <https://www.quincyma.gov/myq/> or follow @CityofQuincy on Twitter.

Contact Tom Russo for construction questions at 617-910-7847 or email at trusso@quincyma.gov



APPLY NOW!

Call 1-855-JOB-2020

or visit

2020census.gov/jobs

2020 Census jobs provide:

- ✓ Great pay
- ✓ Flexible hours
- ✓ Weekly pay
- ✓ Paid training

Thousands of jobs are available nationwide, and many are near you. Help support your community by being a Census Taker.

The U.S. Census Bureau is an Equal Opportunity Employer.

Council Honors Barry Welch

By SCOTT JACKSON

City councillors recently honored Barry Welch, the city's longtime recreation director who retired earlier this year after a career with the department that spanned more than 50 years.

Welch had worked for the Recreation Department since 1964, when he took a summer job as a part-time recreation leader. He became the department's assistant director in 1975 and then director in 1982.



PHOTOGRAPHER LAUREL BLANCHARD recently spotted this American Bittern feeding around the edge of the marsh near the Kennedy Center on East Squantum Street. They can be difficult to spot because of their intense camouflage of browns, grey, and white but their greenish-yellow legs are easily recognizable. Blanchard took several photos including this one before the bittern disappeared into the marsh.

Photo Courtesy Laurel Blanchard



BARRY WELCH, the city's longtime recreation director, was recently honored by the City Council following his February retirement. Welch began working for the Recreation Department in 1964 as a part-time recreation leader, became assistant director in 1975 and the leader of the department in 1982. Front row (from left): Sen. John Keenan; Rep. Bruce Ayers; Councillors Anne Mahoney, Brad Croall and Noel DiBona; Welch's wife, Marilyn; Welch; Councillors Kirsten Hughes and Nina Liang. Second row: Councillors William Harris, Brian Palmucci, David McCarthy and Ian Cain.

Quincy Sun Photo/Scott Jackson

Councillor Noel DiBona, who presented the commendation Feb. 25, said Welch's commitment to the city is unmatched.

"Your dedication and leadership in the Recreation Department has impacted generations of Quincy residents," he said. "The programs you have created and fostered, including the Senior Olympics, Lincoln-Hancock pool swimming lessons and tennis tournament highlight what a great

city we have. This commitment to your community is unparalleled and will truly be missed."

Welch thanked a number of people, including the nine mayors he served under and numerous city councillors for their support of the department and its programs over the years.

"We run free programs in every neighborhood of our city and many, many special events. I can't recall getting a no," Welch said. "We

had a few tough budgets, but I know the decisions you folks had to make - it's police, fire, schools, water, sewer, streets, traffic and then you look at rec., and we always got a fair share. Not a lot of communities have that and can say that. All the programs in some of the communities surrounding us are fee-based."

He also thanked the city's residents.

"I would like to thank the residents of Quincy

who supported our activities through these years by attending these programs. I've said so often on many occasions to these parents 'thanks for loaning me your children,'" Welch said.

"It's given me a great honor and it's been a privilege to be the recreation director for the city of Quincy. I can't thank the council enough for this wonderful honor. I'm delighted to be here."

M
A
R

1
4

2
0
1
9

NEW CLASSES ADDED

QUINCY COLLEGE
ONLINE FLEX

NEW 7-WEEKS LONG ONLINE COURSES

CRIMINAL JUSTICE	ENGLISH	GOVERNMENT
MATH	PSYCHOLOGY	SOCIOLOGY

COLLEGE ON YOUR TERMS. FLEXIBILITY YOU CAN AFFORD.

MARCH 31ST - MAY 12TH REGISTER NOW QUINCYCOLLEGE.EDU/ONLINE